




# Hadley Park Regional Community Center

1037 28<sup>th</sup> Avenue N. Nashville, TN 37208 (615)862-8451

	Monday 6:00am - 8:30pm	Tuesday 6:00am - 8:30pm	Wednesday 6:00am - 8:30pm	Thursday 6:00am - 8:30pm	Friday 6:00am - 7:30pm	Saturday 8:00am - 12:00pm
<p><b>Fall &amp; Winter 2023 Program Schedule</b></p> <p><b>Sunday Closed</b></p> <p><b>Facility Coordinator</b> Channoty Robinson</p> <p><b>Program Coordinator</b> Jermell McIntosh</p> <p><b>Aquatic Coordinator</b> *Sabrina Williams</p> <p><b>Senior Recreation Leader</b> Leslie Patterson</p> <p><b>Recreation Leaders</b> Ajee Brown Jaleana New Jackie McKie  Tameka Harris Myron Goggins Maurice Goodner Veronica Summers</p> <p><b>*Lifeguards</b> Alexis Southall</p>	<p><u>6:00am - 8:15pm</u> Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>12:30pm - 2:30pm</u> Open Gym</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>6:00pm - 7:00pm</u> Line Dancing</p>	<p><u>6:00am - 8:15pm</u> Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>10:00am-11:00am</u> Senior Line Dancing</p> <p><u>12:30pm - 2:30pm</u> Beginners Pickleball</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>6:00pm - 8:00pm</u> Junior NBA Practice</p>	<p><u>6:00am - 8:15pm</u> Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>12:30pm - 2:30pm</u> Open Gym</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>6:00pm - 7:00pm</u> Line Dancing</p>	<p><u>6:00am - 8:15pm</u> Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>10:00am-11:00am</u> Senior Line Dancing</p> <p><u>12:30pm - 2:30pm</u> Intermediate Pickleball</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>6:00pm - 8:00pm</u> Adult Open Gym</p>	<p><u>6:00am - 7:15pm</u> Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>10:00am - 11:00am</u> Tot Time (Starting in October)</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>6:00pm-7:00pm</u> Spades Night</p> <p> "like" us on facebook @ Hadley Park Community Center</p> <p> @ Hadley Park Regional Center</p>	<p><b>Membership Fees:</b></p> <p>Adult <b>Daily Pass</b> \$3.00 Teens/Senior/Military \$1.50</p> <p><b>10 Visit Pass</b> Adult \$20.00 Teens/Senior/Military \$10.00</p> <p><b>Monthly Pass</b> Adult \$30.00 Teens/Senior/Military \$20.00</p> <p><b>Yearly Pass</b> Adult \$250.00 Teens/Senior/Military \$150</p> <p><b>Fitness Class Fee</b> \$4.00</p> <p><b>10 Pass Fit Card</b> \$40.00</p> <p><b>Seniors age 62</b></p> <p> ESTABLISHED 1904</p>



Fall 2023 Program Schedule

AQUATICS (Schedule Subject to Change)

Sunday Closed

Facility Coordinator Channoty Robinson

Program Coordinator Jermell McIntosh

Aquatic Coordinator \*Sabrina Williams

\*Lifeguards \*APPLY NOW Email Resumes To Sabrina.williams@nashville.gov



@Hadley Park Community Center

7:00am – 7:45am Senior 62 and Older (\$) Learn to Swim

8:00am – 9:00am Lap Swim (3 lap lanes)

9:00am –10:00am Aqua Cardio Splash

10:00am – 11:00am Water Walking

12:00pm – 2:30pm Open Swim

Pool Closed for midday cleaning

3:30pm – 5:00pm Metro Parks After School Swim Time

5:15pm – 6:00pm (\$) Learn to Swim

6:00pm – 7:00pm (\$) Aqua Tone

6:30am - 7:30am Lap Swim (3 lap lanes)

8:00am – 10:00am Water Walking

9:30am – 10:30am Aqua Line Dance (2nd & 4th Tuesday)

10:30am -11:00am (\$) Aqua Babies Adult Required (Starting 9/05/23)

11:00am -12:00pm (\$) Power Waves (Free Demo Nov & Dec)

12:30pm – 3:00pm Open Swim

Pool Closed for midday cleaning.

4:45pm – 5:45pm FREE Lifeguard Academy Training

6:00pm – 6:45pm (\$) Learn to Swim

7:00am – 7:45am Water Walking

8:00am – 9:00am Lap Swim (3 lap lanes)

9:00am – 10:00am Aqua Cardio Splash

10:00am – 11:00am Water Walking

12:00pm – 2:30pm Open Swim

Pool Closed for midday cleaning

5:15pm – 6:00pm (\$) Learn to Swim

6:00pm – 7:00pm (\$) Aqua Tone

6:30am - 7:30am Lap Swim (3 lap lanes)

8:00am – 10:00am Water Walking

11:00am -12:00pm (\$) Aqua Spin Aerobics (Free Demo Nov & Dec)

12:30pm – 3:00pm Open Swim

3:00pm – 5:00pm FREE Lifeguard Academy Training

7:00am – 7:45am Senior 62 and Older (\$) Learn to Swim

8:00am – 10:00am Lap Swim (1 lap lane) Water Walking

10:30am - 12:30pm Open Swim

5:15pm – 6:00pm (\$) Learn to Swim

Pool Length: 20 yards Depth: Zero Entry – 3ft; 4ft Lanes: 3

Pool Temp: 86°

(\$) Daily Fitness Class \$4

10 Day Pass Fit Card \$40



8:00am – 8:45am (\$) Learn to Swim

9:00am – 9:45am Open Swim

9:00am – 9:45am Group Swim (3rd Saturday)

10:15 -11:45am Family Swim



Learn to Swim Group Class Fees:

Senior 62 & older: \$40 for 8 Lessons 61 and Under: \$60 for 8 Lessons

See Swim Leeson flyer! For more updated information

Revised 10/27/23

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We are available for Birthday Parties, Family Dinners, Reunions, Community Meeting and more.  
For information on reserving space contact a staff member at the listed number or just drop in.