



Madison Regional Community Center Spring 2024 (Starts Jan.25)

550 N.Dupont Ave. Madison, TN 37115

	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-4:00pm
Facility Coordinator Anita Gregory-Smith Program Coordinator Felissa Reese Recreation Leaders Chris Fisher Aaron Donaldson-Stevens Demetria Harris Dominique Hyde Kameron Donaldson The Mission of Metro Board of Parks and Recreation To provide every citizen of Nashville and Davidson County with and equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources. Metro Parks does not discriminate on basis of age, race, color, national origin, religion or disability in admission to, access to or operations of its programs, services or activities.  When school is not in session the hours will be 9:00am-4:00pm for elementary and middle school. High School hours will be from 4:00pm-6:00pm. The gymnasium and game room will be closed to adults during these times.	Indoor Track & Fitness Center 6:00am-8:15pm Adult Open Gym (Ages 19+) 6:00am-12:00pm Senior Body Pump 9:00am-10:00am w/Felissa disABILITIES Program 8:30am-3:00pm After School Program 3:00PM-6:00pm GYM CLOSED 2:00pm-6:00pm Teen open gym 2:00pm-3:00pm Praise Dance Team Practice 4:15pm-5:15pm Ages 7-14 Comic Book Club w/Mr.Dom 5:00pm-6:00pm Adult Open Gym (Ages 19+) 6:00pm-8:00pm Dance it Out w/D 7:00pm-8:00pm Adults	Indoor Track & Fitness Center 6:00am-8:15pm Adult Open Gym (Ages 19+) 6:00am-12:00pm Badminton 7:00am-10:00am Pickleball 10:00am-12:30pm After School Program 3:00PM-6:00pm GYM CLOSED 2:00pm-6:00pm Teen Open Gym 2:00pm-3:00pm Step Team Practice 4:30pm-6:30pm Ages 9-16 Mr.Dom's Arts & Craft 5:00pm-6:00pm Line Dancing (Ages 18+) 6:00pm-7:00pm w/Felissa Vollyball Teens/Adults Gym 6:00pm-8:00pm	Indoor Track & Fitness Center 6:00am-8:15pm Adult Open Gym (Ages 19+) 6:00am-12:00pm Tot Time 10:00am-11:00am Ages 5 & Under w/parent disABILITIES Program 8:30am-3:00pm After School Program 3:00PM-6:00pm GYM CLOSED 2:00pm-6:00pm Praise Dance Team Practice 4:15pm-5:15pm Ages 7-14 Track Practice 4:00pm-5:45pm Girl Scouts 5:00pm-6:00pm Jr. Titians Flag Football Practice 6:00pm-7:00pm Adult Open Gym (Ages 19+) 6:00pm-8:00pm Instagram: @madison_community_center www.nashville.gov FB: Madison Regional Center 	Indoor Track & Fitness Center 6:00am-8:15pm Adult Open Gym (Ages 19+) 6:00am-12:00pm After School Program 3:00pm-6:00pm Gym closed 2:00-6:00pm Teen Open Gym 2:00pm-3:00pm Step Team Practice 4:30pm-6:30pm Ages 9-16 Cub Scouts 5:00pm-6:30pm 1 st of the moth Science Club w/Mr.Kam 5:00pm-6:00pm Pickleball 6:00pm-8:00pm ½ Gym Line Dancing (Ages 18+) 6:00pm-7:00pm w/Felissa Boot Camp 6:00pm-7:00pm w/D \$4 ½ Gym	Indoor Track & Fitness Center 6:00am-7:15pm Adult Open Gym (Ages 19+) 6:00am-12pm Badminton 6:30am-10:00am Senior Body Pump 9:00am-10:00am w/Felissa After School Program 3:00PM-6:00pm GYM CLOSED 2:00-5:30pm Track Practice 4:00pm-5:45pm Praise Dance Team Practice 4:15pm-5:15pm Ages 7-14 Jr. Titians Flag Football Practice 6:00pm-7:00pm Family Open Gym (Families w/Children ages 14 & under) 6:00pm-7:15pm	Indoor Track & Fitness Center 8:00am-3:45pm Family Open Gym 8:00am-12:00am Pickleball 12:30pm-3:30pm Table Games Movie Matinee 12:30-3:30pm Every 4 th Saturday Zumba w/Janet 8:15am-9:15am (\$4) Membership Fees: Daily Pass Adult \$3.00 Discounted Rate \$1.50 10 Visit Gym Pass Adult \$20.00 Discounted Rate \$10.00 (fitness classes NOT included) Monthly Pass Adult \$30.00 Discounted Rate \$20.00 (fitness classes NOT included) Fitness Class \$4.00 10 Pass Class Card \$40.00 Discount Applies to: Teens 13-17, Seniors 62+, Metro Employees, Military Personnel, Disabled, and College Students *Must Present Valid I.D.

We are available for parties, meetings, dinners, reunions, and more. For information on reserving space, stop by or contact us at (615) 862-8459.