BEAMAN PARK NATURE CENTER



Summer 2024 Program Schedule

Beaman Park Nature Center 5911 Old Hickory Boulevard Ashland City, Tennessee 37015 (615)862-8580 Beaman Park is open dawn until dusk, 7 days a week.

Maps are available at each of the 3 Beaman Park Trailheads, at the Nature Center as well as at the QR code below.







Summertime, and the Livin' is Easy

Whether your summer is filled with music of Gershwin, Fitzgerald or the Fresh Prince, Beaman Park provides the perfect background of bubbling creeks and shady ridges. Time to sit back and unwind on the Nature Center back deck or chill out in Henry Creek.

Join one of our free programs this summer, especially the "Be a Creek Scientist" offered by Naturalist Zach and the Seasonal Naturalists on Saturdays. Roast a marshmallow and view the Moon through a telescope at our Summer Solstice Campfire on June 21.

The tradition of the **Barn Party** continues during the August full moon on Monday the 19th. Drop in anytime between 6-9 p.m. for this free program raising money for Friends of Beaman Park.

Park and program updates can be found on our Instagram and Facebook pages and our website.

However you enjoy summer, be safe. Water and popsicles are sold at the Nature Center, and you can find shade on our porches.

We look forward to seeing you this summer!

Recurring Programs		
Roving Naturalist	All summer long	Encounter our roving naturalist on the trail! They will have maps, cookies for dogs, and impromptu programming to enrich your Beaman experience.
Be a Creek Scientist	Saturdays in June/July from 10-11:30 a.m. Age level: All Ages	Meet the Naturalist at Creekside Trailhead to investigate Henry Creek. Bring water shoes. Leaders: Nature Center Staff
Hydration at the Trailhead	Saturdays throughout the summer 9-10 a.m.	Grab a free cup of lemonade before your hike at our FOBP table to learn more about Friends of Beaman Park and how you can get involved. We will be set up at the Highland Trailhead. Leader: Friends of Beaman Park
Yoga on the Deck		Friends of Beaman Park invites you to enjoy yoga outside

Chosen Saturdays this Summer: 6/1 & 6/22, 7/6 & 27, 8/10 & 8/24 9:30-10:45 a.m. Age level: Adult, 13+ \$12 donation to participate



in the beautiful serenity of Beaman Park with yoga instructor Robin Haynes. Rain or shine, you'll enjoy your workout on our lovely, covered deck. Please bring your own yoga mat to enjoy gentle yoga that is appropriate for all experience levels.

Instructor: Robin Haynes

June



Breeding Birds of Beaman Park

Saturday, June 1

9 a.m.

Age level: Adult, 13+

Beaman Park is a great place to glimpse Louisiana Waterthrushes and other tanagers and warblers nesting along Henry Creek. Meet at Creekside Trailhead.

Blackburnian Warbler courtesy Graham Gerdeman

Leader: Barbara Harris, Tennessee Ornithological Society

Be a Creek Scientist	Saturday, June 8	Meet the Naturalist at Creekside Trailhead to investigate
		Leaders: Heather Gallagher and Zach Knight
		your curiosity and keen eye for nature's beauty.
	Age level: Adults, 13+	journey through Beaman's hollows and ridges. Bring
Laurel Woods Trail	9 a.m1 p.m.	mile hike, an adventure that promises an unforgettable
Explore the 7.5-mile	wednesday, June 5	Explore the front half of the Laurel Woods Trail on a 7.5-

10-11:30 a.m. Henry Creek. Bring water shoes.

Age level: All Ages Leaders: Zach Knight and Nature Center Staff

The Nature Center is closed in honor of Juneteenth, Wednesday, June 19, 2024. Beaman Park is open daily dawn until dusk.

Campfire Under the Friday, June 21 Meet at the Nature Center to roast s'mores and watch 7:30-9:30 p.m. Strawberry Moon the Strawberry Full Moon rise! Astronomers will be on-

Age level: All ages

hand with telescopes to enjoy this event. welcome

Leaders: Nature Center Staff and Friends of Beaman Park

Volunteers

Be a Creek Scientist

Saturday, June 22 10-11:30 a.m.

Age level: All Ages

Meet the Naturalist at Creekside Trailhead to investigate

Henry Creek. Bring water shoes.

Leaders: Zach Knight and Nature Center Staff

July

The Nature Center is closed to celebrate Independence Day on Thursday, July 4, 2024.

Beaman Park is open daily dawn until dusk.



Be a Creek Scientist

Saturday, July 6 10-11:30 a.m. Age level: All ages

Join us at Henry Creek to learn about life in the creek. Bring water shoes

and get ready to investigate. Meet at Creekside Trailhead.

Leaders: Nature Center Staff

Learn Your Trees

Thursday, July 11 10 a.m.-noon Age level: 8+ Hike the Laurel Woods trail while learning easy identification of Beaman trees of the North Fork.

Leader: Heather Gallagher

Summer Old-Time Jam

Saturday, July 13 1-3:30 p.m. Age level: All ages

Registration not required

Join us inside the cool of the Nature Center to listen to some live Old-Time String Band tunes. This toe-tapping music is the ancestor of bluegrass and country. We will have a fire in the fireplace and light refreshments available.

Leaders: Nature Center Staff, Friends of Beaman Park, and

Nashville Old-Time String Band Association



Be a Creek Scientist

Saturday, July 20 10-11:30 a.m.

Age level: All ages

Meet the Naturalist at Creekside Trailhead to investigate Henry Creek. Bring water shoes.

Leaders: Zach Knight and Nature Center Staff

Moth Watch! at Beaman Park Saturday, July 20 8-10 p.m.

Age level: All ages



In appreciation of National Moth Week, we are collaborating with Bells Bend Outdoor Center to identify and compare moth species in both parks. we will be using lighting to attract and identify moth and insect species during this "totally lit" evening program! Attend the July 27 presentation and survey at Bells Bend as well. Leaders: Nature Center Staff and Krista Allen, Naturalist at Bells Bend Outdoor Center

Butterflies and Wildflowers at the Proctor Barn

Saturday, July 27 10-11:30 a.m. Age level: All ages welcome Joe Pye weed, Goldenrod and Ironweed should be in full bloom during this summer walk! Let's search for pollinating butterflies and moths on our favorite wildflowers.

Location: 5625 Old Hickory Blvd. Nashville, TN 37218

Leader: Jessa Tremblay

August

Summer Wildflower Hike

Saturday, August 17 10 a.m.-noon Age level: All ages

Let's take a 2-mile hike and look for some of our favorite summer wildflowers. Meet at the Creekside Trailhead.

Turtlehead pictured.





Bluegrass at the Barn

Monday, August 19 Drop by anytime between 6-9 p.m. Age level: All ages

This event only happens once in a blue moon! Bring a

blanket or camp chair, a picnic, or an instrument. Enjoy music, lawn games, a bonfire, and lantern-led barn tours. Location: 5625 Old Hickory Blvd. Nashville, TN 37218

Hummingbird Watch

Friday, August 23 Drop by between 6:30-7:30 p.m. Age level: All ages It's Hummingbird Happy Hour! Observe ruby-throats flying 60 miles per hour from feeder to flower as they fuel up for their long journey South. Play hummingbird bingo, try on a hummingbird costume and more during this prime migration hummingbird hour.

Leader: Heather Gallagher

Almost Autumn Hike

Thursday, August 31 9:30-11:30 a.m. Age level: All ages Summer is nearing its end, and signs of fall are already here. Leaves are starting to change, new flowers are blooming, and birds are starting to migrate. Let's hike with a naturalist to explore the Park.

Leader: Park Staff

Beaman Park Nature Center is located at 5911 Old Hickory Boulevard Ashland City, Tennessee 37015

We are open Tuesday through Friday from noon-4 and Saturday from 9-4.

Contact us by phone at 615-862-8580 or email at beamanpark@nashville.gov.

Check us out on Facebook, Instagram and watch our website for updates!

