



## **RESOURCES – WHERE TO FIND HELP**

### **Metro Public Health Department of Nashville/Davidson County Resources**

#### **Community Overdose Response Team**

For those seeking treatment for drug addiction, the Community Overdose Response Team (CORT) can help. CORT is a free and confidential resource to help find drug and alcohol treatment for individuals who are at risk of an overdose. The service is offered free of charge regardless of health insurance status. The team works with an individual to determine the appropriate level of care (e.g., detox, residential, or outpatient treatment, etc.). To make a referral or learn more about this resource for our community, call CORT at 615-687-1701. Phone: 615-687-1701

#### **Assessments and Referrals for Substance Use/Abuse and Brief Mental Health Screenings**

Assessments and brief Mental Health Screenings are conducted at the Lentz Building, MPHD in suite 110-B, by appointment only Monday thru Friday. There is no fee for the assessment service. Call 615-340-2172 for more information and to make an appointment. Walk-ins will be seen as time permits and given an appointment. Community Agency Representatives may call during business hours (Monday thru Friday, 8:00 a.m. - 4:30 p.m.) to schedule an appointment for their potential client to be screened in the office. **\*Please note** that attorney referrals, or child custody case referrals are not accepted for assessments and brief screenings. Phone: 615-340-2172

#### **Resources:**

- Overdose Response Program – Drug Overdose Information: <https://www.nashville.gov/departments/health/drug-overdose-information>
- Behavioral Health and Wellness Services Resource List: <https://www.nashville.gov/departments/health/clinical-health-services/behavioral-health-services>

Various resources in English, Spanish, and Arabic:



#### **Tennessee REDLINE**

The Tennessee REDLINE provides accurate, up-to-date alcohol, drug, problem gambling, and other addiction information and referrals to all citizens of Tennessee at their request.

Phone: 1.800.889.9789 (toll free 24 hours/7 days)

Website: <https://www.taadas.org/our-programs-and-services/redline>

**TN Recovery Navigators**

Per the Tennessee Department of Mental Health and Substance Abuse: Recovery navigators are persons in long-term recovery who meet patients in the Emergency Department who recently have overdoses and connect them with the substance abuse treatment and recovery services they need.

[Tennessee Recovery Navigators \(tn.gov\)](https://www.tn.gov/health/mental-health/substance-abuse-recovery/navigators)

**SAMHSA FIND TREATMENT**

Find Treatment: [SAMHSA](https://www.samhsa.gov/find-treatment)