



Nashville HEALS Healthy Eating Active Living Summit

Priority Recommendations

Healthy Eating

- 🍏 Ensure access to healthy and affordable foods through various settings for entire city.
- 🍏 Create a culture of well-being in Metro Nashville Public Schools to educate and encourage healthy eating.
 - Implement a Farm to School Initiative

Active Living

- 🚶 Adopt Complete Streets Policy.
- 🚶 Create information and educate regarding safety for active living communities.
- 🚶 Create a culture/ecosystem of active living for kids before, during, and after school.

Making the Business Case for Wellness

- 🍷 Attain a centralized, integrated health data system to guide data-driven decisions and planning and to promote community networking.
- 🍷 Develop employer engagement around healthy living priorities.
 - Develop and support healthy worksite policy efforts