



## Bells Bend Outdoor Center

4187 Old Hickory Blvd.

Nashville, TN 37218

(615) 862-4187

[bellsbend@nashville.gov](mailto:bellsbend@nashville.gov)

Tuesday-Friday: 12-4pm

Saturday: 9am-4pm

and by appointment

Please join us on Facebook

Bells Bend Park is open 7 days a week from dawn until dusk



## November & December 2016 Programs

### Bells Bend Night Hike



Friday, November 4

6-7:30pm

Age level: All ages

Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.

Leader: Chris Guerin

### Mountain Biking Around the County



Saturday, November 12

8am-4:30pm

Age level: All ages

Call to register

Let's ride the newest Metro Parks' Mountain Bike Trails! To register: call Neel Deshpande, 615-429-3549 or Chris Guerin, 615-862-4187.

- 8-10:30am Bells Bend Park (beginner)

- 12:00-3:30am Cane Ridge Park (beginner/intermediate)

### Bells Bend Night Hike



Friday, November 18

6-7:30pm

Age level: All ages

Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.

Leader: Chris Guerin

### Family Camp Night



Friday, November 18

Arrive at 4pm

Break camp at 11am on

Saturday, 19

Age level: All ages

Call to register

Bring your family and enjoy camping at Bells Bend Park. Spend the night at our campground for the unique experience of Bells Bend after dark.

Bring your own equipment.

Leader: Chris Guerin

### Intro to Kayaking



Date: TBA

4-6pm

Location: TBA

Age level: 9+

Call to register

Learn basic kayak safety, boat types and features, and basic paddling strokes. Practice these skills in the safety of a pool. Class size is limited to 10.

To register: call Neel Deshpande, 615-429-3549



For assistance or accommodation, please contact the Bells Bend Outdoor Center, 615-862-4187.

**Please call to register, 615-862-4187.**

# November & December 2016 Programs

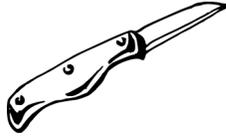
## Bells Bend Night Hike



Friday, December 9  
5-6:30pm  
Age level: All ages  
Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.  
Leader: Chris Guerin

## Whittling for Kids



Saturday, December 10  
10-11am  
Age level: 8-12 years  
Call to register

Bring your kids to the park to learn the lost art of whittling. This is a fun activity for passing time on the porch. We will be carving soap and getting creative. All supplies will be provided.  
Leader: Chris Guerin

## Geocaching 101



Saturday, December 10  
12:30-2pm  
Age level: All ages  
Call to register

Geocaching is a treasure hunting game where you use GPS coordinates to find hidden caches in the park. After this class you will be able to program your GPS unit and enjoy the fun game of geocaching.  
Leader: Chris Guerin



## NTOS Christmas Bird Count

Saturday, December 17  
8am  
Age level: Adults, 13+  
Call to register

Join the Nashville Chapter of the TN Ornithological Society for the annual counting of winter birds.  
Leaders: NTOS & LinnAnn Welch

## Intro to Kayaking



Date: TBA  
4-6pm  
Location: TBA  
Age level: 9+  
Call to register

Learn basic kayak safety, boat types and features, and basic paddling strokes. Practice these skills in the safety of a pool. Class size is limited to 10. To register: call Neel Deshpande, 615-429-3549

## *Camp Bells Bend & Beaman*

An outdoor adventure day camp is coming to Bells Bend Outdoor Center and Beaman Park Nature Center in 2017! Campers ages 6-12 can enjoy hiking, nature education, crafts, games and outdoor fun while making friends at camp. Sessions will run Monday-Friday 9am-4pm with before and after care and busing options available.

*For more information, visit: [www.campbellsbendbeaman.com](http://www.campbellsbendbeaman.com)*

**Please call to register: 615-862-4187**

Check out programs at other Metro Parks Nature Centers, too.

**For Safety and Security Needs Contact:**

Park Police Office: 615-880-3429

Non life-threatening emergencies: 615-862-8600 Life-threatening Emergencies: 911

