

Water Safety Instructor (WSI)

The American Red Cross WSI course is taught in 36-40 hours. You must be 16 years old and pass a pre-requisite skills test and written test. **Pre-requisite skills test:** You must be: proficient in six basic strokes (breaststroke, sidestroke, elementary backstroke, front crawl, backstroke, and butterfly); able to perform a long shallow dive into a minimum of 9 feet of water, perform a surface dive retrieve a 10-pound brick in 6 to 9 feet of water, and bring it to the surface; able to perform a wading assist with equipment and bring the victim safely to the side of the pool; able to enter shallow water and approach a face-down victim with a suspected spinal injury using the head splint to establish the airway and maintain in-line stabilization; able to perform a reaching and throwing assist from land bringing the victim back to land. **Pre-requisite written test:** You must possess knowledge of information contained in ARC Community Water Safety text. The **prerequisite course for Water Safety Instructor** is Fundamentals of Instructor Training (F.I.T.). Call the American Red Cross [(615) 250-4300] to enroll. You must obtain F.I.T. Certificate before you start W.S.I.

To register for Water Safety Instructor

- You may register in person at the Centennial Sportsplex or call (615) 862-8480
- Payment will be required at the time of registration.
- Class fee: \$177.00 - Davidson Co. resident / \$192.00 - non-Davidson Co. resident
- Class materials (Instructor Manual, Swimming and Diving Handbook) can be purchased or downloaded for free at www.redcross.org

In order to be eligible for a resident fee, the user must **reside** in Davidson County. Anyone found giving false information about residency to purchase a membership or class would be barred from purchasing the same in the future. Refunds will not be available to anyone giving false residential information.

Date _____
Name _____ Age _____
List other American Red Cross certifications _____
Address _____
City _____ State _____ Zip Code _____
Phones: _____ (day) _____ (night)
Name of Class _____ Session Dates _____ Time _____
County of residence _____
E-mail address _____

Refund Policy: Refund request must be done 10 days prior to the start of the class that the participant is registered for. No refunds will be given for those who do not show up for the start of the class. Refunds can be given to those who do not complete the pre-requisite portion only and to those who request 10 days prior to the start of the class. Those who pay cash or check refund will take up to 6 weeks to process. Those who pay with credit cards can be refunded in 24 hours.