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It's been done

The practice of growing plants in the same water tanks you raise fish in has now been named "[aqua-ponics](#)" - in other words, "the farming technique that could revolutionize the way we eat" - but it goes back at least to the Mayans.

Aging "greenfully"

A Massachusetts couple is taking a [greener, more energy-efficient approach](#) to aging in place.

Just being somewhere

A Welsh builder's [approach to low-impact housing](#).

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The Metro Nashville-Davidson County Planning Department publishes this weekly digest to inform members of the Planning Commission, Metro Council, Board of Zoning Appeals, and other interested parties about planning and growth issues, local and in other communities, which could apply to our city and region, with particular emphasis on appropriate development, smart growth, multimodal transportation, and other information which will help us build a sustainable future and a more livable city.