



Metro Nashville Planning Digest

A weekly selection of issues and activities relevant to local planning in Nashville and Davidson County, Tennessee



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Hang up and walk

Portland, Oregon is working on new measures [to reduce “distracted walking.”](#)

You wouldn't expect to find one there

But New Orleans does indeed have food deserts, places where fresh food is hard to find and circumstances encourage unhealthy eating. [Several local initiatives aim to turn that around.](#)

More than a way to get around the city

A University of Minnesota study suggests that [living near good transit may make you happier.](#)

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