

## COMMUNITY RESOURCES AND SERVICES

### EDUCATIONAL ORGANIZATIONS

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**A Better Nashville**                      343-0000  
Vanderbilt Medical Center  
T-0118 Medical Center North  
[www.goughsoft.com/bnashville/](http://www.goughsoft.com/bnashville/)  
Provides educational opportunities, role models, and health education to students ages 14-18.

**Genesis Academy**                      832-4222  
430 Allied Drive  
[www.genesislearn.org](http://www.genesislearn.org)  
Educational organization for children with emotional and learning disabilities.

**Homework Hotline**                      298-6636  
A staff of mostly current and retired teachers works from 4-8 p.m. Monday through Thursday throughout the school year to assist students of all grade levels and their parents with homework questions. Help is available in English, Spanish, Kurdish, Arabic, Somalian and Turk Mani.

Complete school supply kits are also available for disadvantaged families through the Homework Hotline. The parent or child needs to have their school supply list.

**Martha O'Bryan Center**                      254-1791  
711 South 7<sup>th</sup> Street  
[www.marthaobryan.org](http://www.marthaobryan.org)  
Organization whose mission is to help disadvantaged East Nashville families become self-sufficient through programs for youth development, family education, family services, community services, reading achievement, and an early learning center.

**Nashville Adult Literacy Council**                      298-8060  
4805 Park Avenue, room 211  
[www.nashvilleliteracy.org](http://www.nashvilleliteracy.org)  
A nonprofit group that provides tutoring for adults who read below a sixth-grade level.

### FOOD AND SHELTER

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**Meals On Wheels**                      743-3400  
Knowles Senior Citizen's Center  
174 Rains Avenue  
Delivers meals to homebound senior citizens.

**Nashville Safe Haven Family Shelter**                      256-8195  
1234 3<sup>rd</sup> Ave. South  
[www.safehaven.org](http://www.safehaven.org)  
Empowers homeless families with children to live independently through financial, social, and faith-based guidance.

**Room At The Inn**                      251-7019  
532 8<sup>th</sup> Avenue South  
Provides winter shelter for the homeless from November 1<sup>st</sup> to March 31<sup>st</sup> at church congregations through Nashville.

**Salvation Army**                      242-0411  
631 North 1<sup>st</sup> Street  
[www.salarmy-nashville.org](http://www.salarmy-nashville.org)  
Includes transitional housing, childcare for homeless infants, overnight accommodations for homeless men, and emergency assistance with food, furniture, and clothing.

**Second Harvest Food Bank Of Nashville** 329-3491  
331 Great Circle Road  
[www.secondharvestnashville.org](http://www.secondharvestnashville.org)  
Gathers and distributes food to the hungry in Middle Tennessee.

**Travelers Aid** 780-9471  
639 Lafayette St.  
[www.travelersaid.org/tawwwdir.html](http://www.travelersaid.org/tawwwdir.html)  
Provides aid involved with transportation including gasoline and bus tickets.

## GENERAL ASSISTANCE

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**American Red Cross** 250-4277  
2201 Charlotte Avenue  
[www.nashvilleredcross.org](http://www.nashvilleredcross.org)  
Provides programs and services to help people prevent, prepare for and avoid disasters, disease and societal changes.

**Catholic Charities of Tennessee**  
30 White Bridge Road 352-3087  
10 South 6th Street 259-3567  
[www.cctenn.org](http://www.cctenn.org)  
Services include adult and child daycare, counseling, and programs for refugees.

**Crisis Center** 244-7444  
P.O. Box 40752  
[www.crisiscntr.org](http://www.crisiscntr.org)  
Offers a crisis and suicide intervention line, telephone counseling, and referral services. Offers support groups for survivors affected by suicides or sudden deaths.

**District Attorney's Office Victim Witnesses Services** 862-5500  
Provides services including court advocacy and support, crisis intervention, specialized services for children and the elderly, and information about victim's compensation.

**Equal Employment Opportunity Commission** 736-5820  
[www.eeoc.gov/nashville/](http://www.eeoc.gov/nashville/)  
Enforces laws forbidding employment discrimination based on color, religion, sex, national origin, age (40) or older, and/or disability.

**Family & Children Services** 244-7444  
201 23rd Avenue North 320-0591  
4732 West Longdale Drive 832-9220  
[www.fcsnashville.org/](http://www.fcsnashville.org/)  
A private agency that runs an adoption program in collaboration with the state Department of Children's Services.

**General Sessions Court Pre-Trial Program** 862-8520  
Non-financial release from jail is accomplished by assessing nonviolent adult defendants most likely to appear in court and supervising them through the court process.

**Habitat For Humanity** 254-4663  
1006 8th Ave. S.  
[www.habitatnashville.org](http://www.habitatnashville.org)  
A nonprofit organization that builds homes for low-income families.

**Jewish Family Service Of Nashville** 356-7170  
Jewish Community Center  
801 Percy Warner Blvd.  
[www.nashvillejcc.org](http://www.nashvillejcc.org)  
A nonprofit organization that provides recreational, educational, social and cultural programs and services for both Jewish and non-Jewish families.

**Legal Aid Society of Middle Tennessee, Inc.**                    **244-6610**  
300 Deaderick St.  
[www.las.org](http://www.las.org)  
Provides legal advocacy and education to obtain necessities such as healthcare, housing, income, family safety, child support, and access to basic goods and services.

**Legal Hotline**                                    **242-9272**  
The Nashville Bar Association offers this free service 6-8 p.m. the first Tuesday of each month.

**Martha O'Bryan Center**                    **254-1791**  
711 South 7<sup>th</sup> Street  
[www.marthaobryan.org/](http://www.marthaobryan.org/)  
Helps families in need living in East Nashville. Services include GED classes, a job club, mentoring and tutoring services.

**Metropolitan Action Commission**                                    **862-8860**  
[www.nashville.gov/mac/](http://www.nashville.gov/mac/)  
Offers assistance with heating/cooling, rent/mortgage, water, prescriptions, delinquent taxes, job training/placement, and transportation vouchers for GED students and job-training students.

**Metropolitan Police Department Victim Intervention Program**                                    **862-7545**  
Provides crisis intervention, posttraumatic stress debriefing, and/or follow-up care for victims of crime, their family members, witnesses and/or individuals or specific groups who are affected by criminal violence.

**Metropolitan Social Services** **862-6400**  
523A Mainstream Dr.  
[www.nashville.gov/sservices](http://www.nashville.gov/sservices)  
Responds to persons in need of assistance, opportunities and information when challenged by economic, social, or behavioral problems.

**Mid-Cumberland Community Action Agency**                                    **742-1113**  
233 Legend Dr., Suite 103  
[www.mid-cumberlandcaa.com](http://www.mid-cumberlandcaa.com)  
Offers programs to help with utility bills, minor home repairs, and weatherization programs.

**Neighborhood Resource Center**                                    **782-8212**  
14 Academy Place  
[www.tnrc.net](http://www.tnrc.net)  
Provides technical and organizations assistance and leadership training to neighbors seeking to improve the quality of life.

**YMCA Of Middle Tennessee**                                    **259-9622**  
900 Church Street  
[www.ymcamidtn.org](http://www.ymcamidtn.org)  
Offers health and fitness programs, community outreach, youth programs, and childcare.

## HEALTH SERVICES

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**Alive Hospice** 327-1085  
1718 Patterson Street  
[www.alivehospice.org](http://www.alivehospice.org)  
Provides respite, physical, emotional, social, and spiritual support to terminally ill patients and their families regardless of their ability to pay.

**American Cancer Society** 327-0991  
2000 Charlotte Avenue  
[www.cancer.org](http://www.cancer.org)  
Dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer.

**American Lung Association of Middle Tennessee** 329-1151  
1 Vantage Way, Suite B-130  
[www.alatn.org](http://www.alatn.org)  
Works to prevent breathing-related diseases through education and research.

**Bridges Program** 650-2548  
610 Gallatin Ave.  
Provides geriatric psychological services to the elderly as well as their families.

**Interfaith Dental Clinic** 329-4790  
1721 Patterson Street  
[www.interfaithdentalclinic.com](http://www.interfaithdentalclinic.com)  
Comprehensive dental clinic for low-income residents for Davidson County who are working, yet have no insurance.

**Luton Mental Health Services** 279-6700  
1921 Ransom Place  
Offers a comprehensive spectrum of outpatient's mental health counseling services with 24-hour emergency services.

**Nashville Cares** 259-4866  
501 Brick Church Park Drive  
[www.nashvillecares.org](http://www.nashvillecares.org)  
A nonprofit organization that works with AIDS patients and their families.

**National Health Care For the Homeless Council** 226-2292  
1716 Greenwood Ave.  
[www.nhchc.org](http://www.nhchc.org)  
Is composed of agencies and individual clinicians providing health services to homeless people.

**National Kidney Foundation Of Middle Tennessee** 383-3887  
2120 Crestmoor Road  
[www.nkfmdtn.org](http://www.nkfmdtn.org)  
Provides educational material and programs to persons with diseases for the kidney and urinary tract, direct financial assistance to patients with kidney failure, funds research, and community services.

**Mental Health Cooperative** 726-0125  
275 Cumberland Bend  
Offers a system of care to adults in Davidson County with serious mental illness. This is accomplished through assessment, day-to-day case management services, and response to crisis situations.

**National Alliance on Mental Illness** 259-7591  
1101 6<sup>th</sup> Avenue North  
[www.nami-nashville.org](http://www.nami-nashville.org)  
Dedicated to the eradication of mental illnesses and to the improvement of the quality of life of all whose lives are affected by these diseases.

**Outlook Nashville** 834-7570  
3004 Tuggle Avenue  
[www.outlooknashville.org](http://www.outlooknashville.org)  
Serves mentally and physically disabled children and adults.

**Planned Parenthood of Middle Tennessee** 345-0952  
50 Vantage Way, Suite 102  
[www.plannedparenthood.org/mid-east-tennessee/](http://www.plannedparenthood.org/mid-east-tennessee/)  
Offers a full range of women's health services, physicals for high school students, and general health services (cold and flu care)

**Tennessee AIDS Hotline** 800-525-2437  
Offers free and confidential counseling and connections to the Tennessee Department of Health, which offers free, confidential HIV testing at local health departments.

## PUBLIC HEALTH CLINICS

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**Downtown Clinic for the Homeless** 862-7900  
526 8th Avenue South

**East Public Health Center** 862-7916  
1015 East Trinity Lane

**Lentz Public Health Center** 340-5658  
311 23rd Avenue North  
<http://healthweb.nashville.gov/>

**Woodbine Public Health Center** 862-7940  
224 Oriel Avenue

## PUBLIC HOSPITALS

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**Metro General Hospital** 341-4000  
1818 Albion Street  
[www.nashville.gov/general\\_hospital/](http://www.nashville.gov/general_hospital/)

**Metro Bordeaux Hospital** 862-7000  
1414 County Hospital Road  
[www.nashville.gov/bordeaux/](http://www.nashville.gov/bordeaux/)  
Focuses on quality, long-term care.

## SENIOR SERVICES

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**Council On Aging** 353-4235  
95 White Bridge Rd., Suite 114  
[www.councilonaging-midtn.org](http://www.councilonaging-midtn.org)  
Identifies problems related with aging, and develops and facilitates cooperative solutions to these problems. Publishes a directory of services for seniors available at libraries and senior centers.

**Senior Citizens Inc.** 743-3400  
174 Rains Ave.  
[www.scitn.org](http://www.scitn.org)  
Helps adults 55 and older maintain their independence and active involvement in the community through comprehensive services, advocacy and community education.

## SERVICES FOR WOMEN

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**Hope Clinic for Women**      321-0005

1810 Hayes Street

[www.hopeclinicforwomen.org](http://www.hopeclinicforwomen.org)

A resource for pregnant women and mothers providing education, counsel, and medical care.

**Domestic Violence Hotline & Parent Helpline**      356-6767

[www.pcat.org](http://www.pcat.org)

Offers parenting and domestic violence help.

**Dress for Success Nashville**      298-4544

4004 Hillsboro Pike, Suite B-237

[www.dressforsuccess.org/affiliate.aspx?sisid=46&pageid=1](http://www.dressforsuccess.org/affiliate.aspx?sisid=46&pageid=1)

Distributes interview-appropriate suits to women seeking employment as well as providing career guidance, technology skills, and support in job searches.

**Mercy Ministries of America**      831-6987

15328 Old Hickory Blvd.

[www.mercyministries.org](http://www.mercyministries.org)

Nondenominational, nonprofit residential space for young women ages 13-28. Help is offered to women dealing with unplanned pregnancies, suicidal tendencies, and depression. Offers basic life skill education, as well as high school and GED courses and preparation and assistance for college.

**Survivors Against Violent Environments (S.A.V.E.)**      202-5252

[www.save.faithsite.com](http://www.save.faithsite.com)

An organization of Christian women that provides a safe, confidential place of support for female victims of domestic violence.

**Tennessee Coalition Against Domestic & Sexual Violence**      800-356-6767

[www.tcadsv.org](http://www.tcadsv.org)

Offers a statewide network of shelters, and programs working to end domestic and sexual violence.

**YWCA of Nashville & Middle Tennessee**      269-9922

Domestic Violence Crisis Line:      242-1199

1608 Woodmont Blvd.

[www.theyw.com](http://www.theyw.com)

Offers safe and confidential support groups for victims of domestic violence. Free childcare is available.

## SPECIAL NEEDS

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**Center for Independent Living**                      292-5803

480 Craighead Street, Suite 200  
[www.cil-tn.org](http://www.cil-tn.org)

Provides persons with disabilities opportunities to be self advocates and make their own decisions regarding living arrangements, means of transportation, employment, as well as other aspects of everyday life.

**Gate Communications**                      435-8929

330 Mallory Station Rd., Suite 10  
Franklin, TN 37067  
[www.gatecommunications.org](http://www.gatecommunications.org)

A national nonprofit organization offering services for the hard of hearing. Service includes sign-language classes.

**League For The Deaf & Hard of Hearing**                      248-8828

415 4th Avenue South  
[www.leagueforthe deaf.com](http://www.leagueforthe deaf.com)

Provides interpreter referrals and programs in education, employment, and public education/awareness, and a "home away from home" for the deaf and hard of hearing.

**Tennessee Disability Pathfinder Service**                      322-8529  
1-800-640-4636

<http://kc.vanderbilt.edu/tnpathfinder/mh.html>

Statewide bilingual disability information and referral service, covering all disabilities and all ages.

## SUBSTANCE-ABUSE RECOVERY

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**Alcohol and Drug Council of Middle Tennessee**                      269-0029

2612 Westwood Drive  
[www.adcmt.org](http://www.adcmt.org)

Provides counseling, referral services, family and student assistance, homeless services, and prevention education to those affected by alcohol and drug addictions.

**Al-Anon**    333-6066

176 Thompson Lane  
[www.middletnalanon.org](http://www.middletnalanon.org)

Offers support for families and friends of alcoholics.

**Alcoholics Anonymous**                      831-1050

176 Thompson Lane  
[www.aanashville.org](http://www.aanashville.org)

Offers help to those recovering from alcoholism.

**Cumberland Heights**                      352-1257

P.O. Box 90727  
[www.cumberlandheights.org](http://www.cumberlandheights.org)

Provides care for people, and their families, who are at risk for, or who are suffering from, the disease of chemical dependency.

**Narcotics Anonymous**                      888-476-2482

[www.nanashville.org](http://www.nanashville.org)

Offers help to those recovering from drug addiction.

## YOUTH SERVICES

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**24-Hour Child Abuse Hotline**      877-237-0004

**Charles Davis Foundation**      254-0396  
615 Main St.

[www.charlesdavisfoundation.org](http://www.charlesdavisfoundation.org)

Offers inner city youth positive role models, programs, activities, resources and opportunities that build character and self esteem.

**Mid-Cumberland Community Services Agency**      333-5400

531 Metroplex Dr., Suite A-200

[www.mccsa.com](http://www.mccsa.com)

State foster care agency.

**Nashville Child Advocacy Center**      327-9958

1266 Foster Ave.

[www.tncac.org](http://www.tncac.org)

Works with the Department of Children's Services, the police department, and the District Attorney's Office. The center offers therapy and support services for sexually abused children and their families.

**Parents Reaching Out**      646-1796

[www.vuneo.org/PROhp.htm](http://www.vuneo.org/PROhp.htm)

A support organization for parents who are experiencing difficult pregnancies, or whose babies are in neonatal intensive care units.

**Prevent Child Abuse Tennessee**      383-0994

1120 Glendale Ln.

[www.pcat.org](http://www.pcat.org)

Provides free services to families including parent support groups, parenting classes, and the Parent Helpline.

**Tennessee Voices for Children**      269-7751

701 Bradford Ave.

[www.tnvoices.org](http://www.tnvoices.org)

A statewide non-profit organization committed to improving the well being of children and youth with serious emotional and behavioral disorders and their families.