

**Sportsplex fitness, pools and exercise classes**

**\*CLOSED\***

**MONDAY ON PRESIDENTS DAY FEB 15TH 2010**

**DUE TO WEEKEND SWIM MEETS, SPORTSPLEX EXERCISE CLASSES  
ARE TO BE RE-LOCATED TO THE HADLEY CENTER OR CANCELED  
FEB- MARCH 2010**

<b>Day</b>	<b>Time</b>	<b>Class</b>	<b>Instructor</b>	<b>Class Location</b>
<b>Wednesdays</b>				
	6:10a	Marathon Training	Ken	Hadley Park Center
FEBRUARY 17TH	11:10a	Yoga	Robin	Hadley Park Center
	12:10p	Step	Ken	Hadley Park Center
	5:00p	Boot camp	James	Hadley Park Center
	5:00p	Marathon Training	Ken (weather permitting)	Hadley Park Center (outside)
	6:00p	Basic Zumba	Hadley Staff	Hadley Park Center
<b>Thursdays</b>				
FEBRUARY	11:10p	Yoga	Susan	Hadley Park Center
18th - 25th	12:00p	TBA	?Zumba?	Hadley Park Center
AND	6:00p	CLASS W/JODILYN	<b>CANCELED</b>	<b>LOCATION UNAVAILABLE</b>
MARCH 4th	7:10	West African Dance	Hadley Staff	Hadley Park Center
<b>Fridays</b>				
FEBRUARY	6:00a	Marathon Training	Ken	Hadley Park Center
12th - 19th - 26th	12:10a	Boot camp	Allen	Hadley Park Center
AND	4:30p	Step Class	Ken	Hadley Park Center
MARCH 5th	6:00p	Belly Dance	Hadley Staff	Hadley Park Center
<b>Saturdays</b>				
February				
13th - 20th - 27th	9:10a	Boot camp	Charturah	SPORTSPLEX (outside)
AND				
March 6th	10:30a	CLASS W/SUSAN	<b>CANCELED</b>	<b>LOCATION UNAVAILABLE</b>

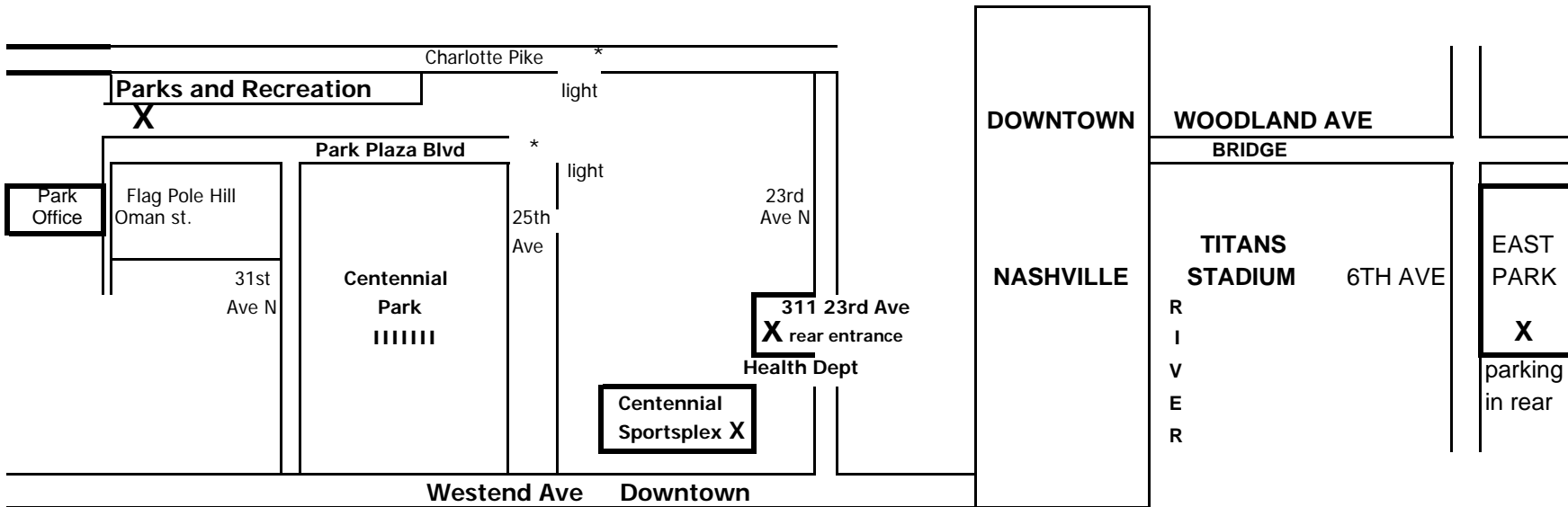
**Classes are subject to change or cancel due to  
instructor availability**

**Contact Denise Carr for more information 862-8480**

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# Parks and Rec / East Park Community Center



## Sportsplex Exercise Class Relocation Map

**When.... Friday January 30th 2009**

**Where**

<b>What.....</b>	6:00AM	Marathon Training	Sportsplex
	12:10PM	Cardio Strength 101	East Park Community Center
	4:30PM	Step	East Park Community Center