

Fall 2015

nashville community education

PROVIDING PERSONAL AND PROFESSIONAL ENRICHMENT TO THE NASHVILLE COMMUNITY



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Fall 2015

Greetings, Nashville Community Education!



I couldn't have picked a better time to join the NCE team. The Fall 2015 Semester lineup looks amazing with a wide variety of topics to meet every interest and need. I am eager to continue developing the program and working side-by-side with all of you to guarantee its future growth and success.

Our first chance to get to know each other will be at our Annual Fall Open House at the Cohn School, 4805 Park Ave., on Saturday, August 15. The Open House will take place from 9:00am – noon and will feature free food, music, and activities for all ages! Our Open House is a great time to meet instructors, ask questions about classes, and register to make sure you get a seat in your favorite class.

I'm equally excited and grateful for the opportunity to provide you with the chance to learn new skills and develop long lasting connections through our classes. Come Connect + Impact + Explore with Nashville Community Education!

Mary Beth Harding
Executive Director



nashville community education

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See additional location/contact information on page 22.

All photos by Kia Jarmon or NCE Staff



SAVE THE DATE!

Fall Open House

Join us on Saturday, August 15!

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FALL FEATURE:

Successful Employment

{ A Six-Part Seminar }

September 9 — October 21

If you are looking for a new career or want to strengthen your skills this seminar series will give you the tools you need to be a successful employee. Each weekly seminar will cover a different topic from interviewing, resume writing, career branding, career evaluation, and negotiating salaries. The final workshop to help you manifest the career of your dreams.

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career



Empowerment Seminar \$35

This empowerment seminar is designed to enhance leadership skills and improve personal character development. Individuals are able to learn strategies on how to be an effective leader, identify personal areas of strengths/weaknesses and develop a plan of action to enrich both areas. Strategies and goal setting techniques will be provided to develop a plan of action for personal accountability. A follow up course will be made available to review how plan of action has been implemented.

1256-CF15A Oct 1 Thu 6:00pm – 7:00pm
1 session Cohn 112 McCord

NEW! Exercising Your Brain \$80

Do you want to sharpen your mental skills and memory? Calm yourself and avoid mistakes? Slow down and plan better? Recent cognitive research shows that the brain can adapt, no matter your age! This eight week course uses Feuerstein Instrumental Enrichment, a hands-on systematic program. Each week you will complete innovative, non-computer based exercises that will allow you to examine your own thought processes and to improve them. This course is designed for those who have suffered or are concerned about mild cognitive loss, parents and educators pursuing additional practices to help learners of any age, and anyone else who wants to strengthen their mental ability.

1909-CF15A Sep 9 – Nov 4 Wed 7:30pm – 8:30pm
8 sessions Cohn 112 Thomas-Trudo

Intro to Screenwriting \$40

The purpose of this course is to deconstruct some of the most popular, current movies, to bring the student to a heightened awareness of the process by which movies are constructed and the way in which they disseminate their moral thesis. Such instruction will prove valuable especially to the aspiring writer.

Note: Students are required to purchase "Save the Cat! The Last Book on Screenwriting You'll Ever Need" By Blake Snyder. Available on Amazon for \$12.25.

1395-WF15A Sep 8 – Oct 20 Tue 6:30pm – 7:30pm
6 sessions Wright Reading Room Menchise

NEW! Coaching for Coaches \$70

Are you a life coach, career coach, or consultant? Are you interested in learning more about coaching? If so, this class is for you. You already have the talent and skills, but maybe your need to refresh your techniques. This class will help you connect with other coaches in the industry and exchange questions, techniques, as well as, find different ways of working with new and existing clients. It will also help you think about ways of developing your current services, re-branding your business, and attracting new clients.

1265-CF15A Oct 19 – Oct 26 Mon 6:00pm – 8:00pm
2 sessions Cohn 110 Jones

NEW! Culture Shock: Cross-cultural Awareness \$40

This class is designed for people who find themselves entering a diverse work environment, moving to/from another city, and/or those moving to the United States from another country. In this class you will learn how to adjust when faced with cultural challenges, how to communicate cross cultures, and techniques for overcoming culture shock.

1263-CF15A Sep 14 Mon 5:30pm – 7:30pm
1 session Cohn 110 Jones

NEW! Perfect Your Story: The Elevator Pitch \$50

We all have a story to tell, how do we do it? It's been said that people don't buy products or services, they buy into the people representing the product or service. Stories draw people in. They capture and hold the attention of the listeners; take them on a journey that changes how they think, feel or act. This interactive class covers storytelling to help you promote yourself, your ideas, or a business. What makes an effective story? How can you use stories to brand yourself or your business? Telling a story to move people to take action. We will explore why storytelling is at the heart of everything we do and how it can be used to transform culture. By the end of the class you will have created your own person or business elevator pitch and understand how to use storytelling to build relationship and expand your personal or professional brand.

Note: Students are required to bring pencil and paper

1255-CF15A Sep 15 – Sep 29 Tue 6:00pm – 7:30pm
3 sessions Cohn 112 Jones



career

College Essay Preparation

\$20

Sit down with an experienced editor and college English teacher and learn how to write an essay that exhibits personality and best writing practices. These two class sessions will cover persuasive essay writing, grammar review, and how to select and develop a topic for an essay.

1340-CF15A Sep 10 – Sep 17 Thu 6:00pm – 7:30pm
2 sessions Cohn 205 Harris

Basic Math Review

\$30

Whether you need a refresher math class to take your GRE, improve your work skills, or get your GED, this basic math class will provide you with the knowledge and practice for basic math computation. This class will cover basic algebra, geometry, probability and more.

1360-CF15A Sep 14 – Dec 14 Mon 10:00am – 11:00am
12 sessions Cohn 112 King

NEW!

Successful Employment Seminar

This six-part series seminar will focus on giving you the tools you need to improve your chances of landing that job you have always wanted. Each weekly seminar will cover a different topic from interviewing, resume writing, career branding, career evaluation, negotiating salaries, and a final workshop to help you manifest the career of your dreams.

Six-Part Seminar: \$99

1270-CF15A Sep 9 – Oct 21
6 sessions Wed 6:00pm – 8:00pm
Cohn 119 Holdsclaw

Register for the complete six-class seminar and save \$50!

Interview Like a BOSS

\$25

In Part 1 of our Successful Employment Seminar students will learn the simple steps to interviewing fearlessly.

1271-CF15A Sep 9 Wed 6:00pm – 7:30pm
1 session Cohn 119 Holdsclaw

Career Branding

\$25

Part 2 of our Successful Employment Seminar will help you identify and establish your career brand. You are YOUR brand so it is important that you are sending a clear professional message in all mediums and in person. What is your message?

1272-CF15A Sep 16 Wed 6:00pm – 7:00pm
1 session Cohn 119 Holdsclaw

Resume Writing 101

\$25

Part 3 of our Successful Employment Seminar will instruct you on how to structure your resume to take it to the top of the candidate stack increasing your resume match ratings in employer applicant tracking systems.

1273-CF15A Sep 23 Wed 6:00pm – 7:00pm
1 session Cohn 119 Holdsclaw

Career Evaluation

\$25

In Part 4 of our Successful Employment Seminar learn the simple steps to take your career to the next level. Learn how to get unstuck and move forward in your career.

1274-CF15A Sep 30 Wed 6:00pm – 7:00pm
1 session Cohn 119 Holdsclaw

Salary Negotiations

\$25

Part 5 of our Successful Employment Seminar will help you overcome your fear of negotiating and get paid what you're worth. Learn how to research your industry and understand your value as an employee.

1275-CF15A Oct 14 Wed 6:00pm – 7:00pm
1 session Cohn 119 Holdsclaw

Career Vision Workshop

\$25

Part 6 of our Successful Employment Seminar will focus on a career visualization experience where vision meets career. Developing a clear vision helps you execute on your goals for career enhancement, elevation, and success!

1276-CF15A Oct 21 Wed 6:00pm – 8:00pm
1 session Cohn 119 Holdsclaw

career



NEW! **Digital Entrepreneur:
Get Untethered & Paid**

\$45

Are you looking for ways to travel and get paid while living the life of your dreams? Digital Entrepreneurs work anywhere in the world, working for corporations, themselves, or as a freelancer. Discover how you can make a living and unplug from tradition while living the life that you have been dreaming about. You will learn what it takes to become a digital entrepreneur, how to get started, skills and tools needed, job opportunities, and how to develop a plan of action.

1264-CF15A Oct 14 Wed 6:00pm – 8:00pm
1 session Cohn 205 Jones

Social Media as a Business Tool

\$25

Facebook isn't just for pictures of kids and Instagram is for more than selfies. Social media is a powerful tool for business development as well as for customer feedback. This class will go past 101 and dig into using specific platforms to build your business and your brand.

1250-CF15A Oct 20 Tue 6:00pm – 7:30pm
1 session Cohn 111 Rogers

Network Your Nashville

\$25

Come learn some of the best ways to network in and around Nashville. We will show you not only how to increase your comfort level when at networking events but also how to set clear goal driven strategies to increase your personal success. Learn tips about event selection, preparation and follow up. This class will provide hands on interaction, critiques, and additional resources in a fun environment.

1253-CF15A Nov 5 – Nov 12 Thu 6:00pm – 8:00pm
2 sessions Cohn 112 Powell

NEW!

Writing Conference

\$40

The Carnegie Writers, Inc. is hosting its first annual writing conference. The purpose of this conference is to provide aspiring and published writers resources for sustaining, enhancing, and evaluating their writing skills. The conference themes are genre-based writing, creativity in writing, mechanics of writing, academic writing, and writing as a business. When writers understand their writing, they are better equipped to overcome the challenges they face in writing.

Conference Objectives:

- Enable writers to learn a from other writers for the development of networking relationships and professional development.
- Assist writers with techniques for sustaining their writing talents in their chosen genres.
- Provide resources related to non-traditional and traditional publishing.
- Enhance writers understanding for marketing strategies in the 21st century.

Keynote Speaker: Mary M. Buckner

M. M. Buckner is the award-winning author of five novels, one YA project, and two memoirs. Her work has been published in five languages and well received on three continents. Buckner holds a Master's in Creative Writing from Boston University. She is co-founder and senior editor of TurnStyle Writers, where she teaches, coaches and edits new writers. Additional publishing credits include creative nonfiction, magazine features, blogs and content for many websites. Her advertising copy has earned two Diamond Addies, three NAMA awards, including Best of Show, numerous Golden Quills and other professional awards.

1399-CF15A Nov 14 Sat 9:00am – 5:30pm
1 session Cohn Media Center Elufiede



create

Basketry & Tapestry \$45

Combine traditional basket weaving and tapestry with modern materials to create your very own art. Learn the ancient technique of twining with traditional stitching for your very own twist on a unique basket. Students must bring a dishpan and an old towel.

Note: Students are required to pay a \$10 supply fee to the instructor

1112-CF15A Sep 14 – Sep 21 Mon 6:00pm – 8:30pm
2 sessions Cohn 119 Van Dyke

Basketry for the Birds \$79

Learn traditional basket weaving skills while making a roosting pouch for small birds and a birdhouse for larger birds. Students will construct a large free-form birdhouse using techniques that include twining, plaiting, knotting, and random weave. Students should bring a plastic tub, an old towel, and an old t-shirt.

Note: Students are required to pay a \$25 supply fee to the instructor

1111-CF15A Oct 19 – Nov 9 Mon 6:00pm – 8:30pm
4 sessions Cohn 119 Van Dyke

Ceramics \$20

An introduction to working with clay. Learn hand-building techniques and to pour, prep, decorate, and glaze a choice of hundreds of ceramic molds. Students will decorate their own ceramic designs, then fire them to use as beautiful everyday objects around the house or office.

Note: Students are required to pay a \$25 supply fee to the instructor.

2104-CF15A Sep 9 – Nov 18 Wed 9:00am – 11:00am
10 sessions Cohn Pottery Lusty

Crimp Necklaces and Bracelets \$39

Crimping is one of the fastest and easiest ways to string beads to make bracelets and necklaces. However, for a professional look you new to learn a few jewelry design secrets! Including, how to secure the clasp, how to arrange the beads for a draping and necklace movement, and how to professionally finish the ends. In this class, learn to string beads on flexible cable wire, learn the four-steps to the crimping process, and learn how to use horseshoe wire protectors and crimp covers for that finished look.

Note: Registration fee includes supplies.

1132-WF15A Sep 15 Tue 6:00pm – 8:00pm
1 session Wright Library Feld

Curvy Right Angle Weave Bracelet \$44

In bead weaving, we use needle and thread to construct bracelets and necklaces. The Right Angle Weave stitch is one of the most popular stitches. In our “Curvy” bracelet, we learn the basic stitch. We construct a single row of right angle weave units to the bracelet length we want. Then we embellish the edges to give the bracelet its “Curvy” action. Last, we learn how to attach a button clasp and bead-weave a clasp loop.

Note: Registration fee includes supplies.

1133-WF15A Sep 22 Tue 6:00pm – 8:30pm
1 session Wright Library Feld

NEW! Let’s Make Christmas Tree and Angel Earrings \$49

Learn to make three simple pairs of Christmas themed dangle earrings to dazzle your friends. Two versions of a Christmas Tree and one version of an angel.

Note: Registration fee includes supplies.

1136-WF15A Oct 27 Tue 6:00pm – 7:30pm
1 session Wright Library Feld

Let’s Make Earrings \$34

Earrings are fun to make, whether to match an outfit, or give as a gift, or sell for profit! In this class, we learn two basic earring making techniques which are simple to do. In the first technique, you will learn to create a dangle on a head pin, then make a loop on the end of the head pin, when then is attached to a French earring wire. In the second technique, you will learn to make a dangle off a piece of chain, and then attach to a French earring wire.

Note: Registration fee includes supplies.

1131-WF15A Sep 8 Tue 6:00pm – 7:30pm
1 session Wright Library Feld

Handmade Books \$60

Learn the history of making books as an art and the types of handmade books that are popular today. Learn the different types of bindings and stitching. Create your own handmade books that can be used for gifts or just for yourself.

Note: Students are required to purchase their own materials.

1103-CF15A Sep 14 – Nov 9 Mon 6:30pm – 8:30pm
7 sessions Cohn 102 Kornman

create

NEW! Handmade Paper

\$45

Learn to make paper pulp and then produce sheets of paper that can be used for notecards, journals, jewelry, paintings, mixed media and more. Cotton pulp and recycled pulp will be used. Wet, messy, and creative fun!

Note: Student are required to pay \$5 supply fee to the instructor.

1134-CF15A Nov 16 – Nov 23 Mon 6:00pm – 8:30pm
2 sessions Cohn 119 Van Dyke

Sewing: Beginning

\$40

Enroll in this class to learn the basics of machine sewing. Learn how to use a sewing machine, choose and use fabric, lay out and cut fabric, and the tools need to sew. By the end of this class students will have completed a reversible tote bag and a simple pillowcase. Machines are provided. Students are required to purchase their own fabric for projects.

1305-CF15A Sep 22 – Oct 20 Tue 6:00pm – 8:30pm
4 sessions Cohn 121 Simpson-Kirsch

1305-CF15B Oct 27 – Nov 17 Tue 6:00pm – 8:30pm
4 sessions Cohn 121 Simpson-Kirsch

Picture Framing

\$20

In this class students will learn how to create their own custom frames. Never pay for this customized piece of art again. Learn materials selection, mat cutting, and framing methods for decor and gifts.

Note: Students are required to pay additional supply fee to the instructor.

2102-CF15A Sep 14 – Dec 14 Mon 9:00am – 11:00am
12 sessions Cohn 102 Nidiffer

2102-CF15B Sep 14 – Dec 14 Mon 12:00pm – 2:00pm
12 sessions Cohn 102 Nidiffer

2102-CF15C Sep 15 – Dec 8 Tue 6:00pm – 8:00pm
12 sessions Cohn 102 Nidiffer

NEW!

Building Creativity Into YOUR Life

\$50

Have you ever told someone, “I’m just not the creative type”? If so, guess what? EVERYONE is creative; it’s just a matter of tapping into that creativity. Being creative has so many benefits, including sharpening the mind, boosting self-confidence and relieving stress. So let us help you build creativity into your life. We’ll do that by giving you time in class (and ideas for opportunities outside of class) to dip your toe in the pool of writing, photography, visual arts, dancing, playing DJ, and much more. Best of all, NO EXPERIENCE NECESSARY!

1910-CF15A Sep 9 – Oct 14 Wed 7:00pm – 8:30pm
5 sessions Cohn 110 McLeod

Oil Painting

\$20

Are you new to painting? Do you want to develop new techniques to bring to your canvas? In this class, each week will explore and experiment with new oils for landscapes, still life, and much more.

Note: Students are required to purchase their own materials

2101-CF15A Sep 14 – Dec 14 Mon 9:00am – 11:00am
12 sessions Cohn 102 Nidiffer

2101-CF15B Sep 14 – Dec 14 Mon 12:00pm – 2:00pm
12 sessions Cohn 102 Nidiffer

2101-CF15C Sep 15 – Dec 8 Tue 6:00pm – 8:00pm
12 sessions Cohn 102 Nidiffer

Pottery by Hand and Wheel

\$89

Have you ever wanted to master the art of pottery? In this class you will use your hands to mold and manipulate wet clay. This session will teach sculpting, technique, and a variety of shapes and tools. You will walk away with a bowl, cup, or other small vessel that you can be proud of.

Note: Students are required to pay \$25 supply fee to instructor.

1106-CF15A Sep 9 – Nov 18 Wed 5:45pm – 8:45pm
10 sessions Cohn Pottery Lusty

Quilting: Beginners

\$20

Learn basics steps involved to create a simple quilt. The class will cover fabric choices, rotary cutting, piecing and quilting for beginning quilters. You do not have to have sewing experience. Each person will work at their own pace. Students will be provided a list of supplies needed to bring to the class. A limited number of sewing machines are available for use but students are encouraged to bring their own machine if possible.

2109-CF15A Sep 11 – Dec 4 Fri 10:00am – 12:00pm
12 sessions Cohn 112 Moore



arts

Rug Braiding

\$60

Learn the basics of traditional rug braiding in this new class. Learn step by step with teaching samples how to braid, join braids, and lace the braids together to create a small braided oval mat or center sections of 2 X3 rug. Learn how to deconstruct wool and wool blend garments of flannel weight wool to be repurposed into an heirloom rug. Students will have access to wool collections, new wools, or a kit to create their project.

Note: Students are required to pay \$10 supply fee to the instructor

1126-CF15A Sep 15 – Nov 3 Tue 3:00pm – 5:00pm
6 sessions Cohn 119 Robertson-Smith

1126-CF15B Sep 15 – Nov 3 Tue 6:00pm – 8:00pm
6 sessions Cohn 119 Robertson-Smith

NEW!

Rug Braiding for the Holidays

\$30

Take your knowledge gained beginning Rug Braiding and use it to create wonderful holiday gifts for your friends and family. Students must have taken Rug Braiding.

Note: Students are required to pay a \$20 supply fee to the instructor

1135-CF15A Dec 1 – Dec 15 Tue 3:00pm – 5:00pm
3 sessions Cohn 119 Robertson-Smith

1135-CF15B Dec 1 – Dec 15 Tue 6:00pm – 8:00pm
3 sessions Cohn 119 Robertson-Smith

Recycled Book Art

\$50

Learn the technique of altering books to turn them into a work of art. The finished product is truly a piece of mixed media art. We will use acrylic paints of all kinds...metallic, glitter and shiny. Save your favorite magazine pictures, post cards, or special papers and bring to class along with any trinkets you have put away for embellishments. The theme of your altered book can be anything you wish: from holidays such as Halloween, Thanksgiving, or Christmas to themes about love, courage or gardens. You choose your area of interest. You can find free books in the outside bins at McKays just waiting to be turned into works of art.

Note: Contact instructor for a list of supplies before the first class.

1120-CF15A Nov 16 – Dec 7 Mon 6:00pm – 8:30pm
4 sessions Cohn 102 Kornman

Guitar: Beginning

\$89

In this class students will learn the basics of playing guitar chords and reading notes in a variety of musical styles in a group environment. Learn how to care for the guitar and tune the instrument properly. Students will learn some basic music theory, with discussion of intervals, chord structure, and scales.

Note: Students are required to provide their own guitar, 3-ring binder, and pencil

1701-CF15A Sep 14 – Nov 30 Mon 6:00pm – 7:00pm
10 sessions Cohn 112 Moore

Guitar: Intermediate

\$89

Do you already know your basic chords? In this class students of all ages continue developing on their prior knowledge of guitar by playing more challenging musical selections in a group environment. Learn the basics of finger-style posture, playing in harmonics, and using a capo. Analyze vocal and piano music to determine chords to be played.

Note: Students are required to provide their own guitar, 3-ring binder, and pencil

1702-CF15A Sep 14 – Nov 30 Mon 7:00pm – 8:00pm
10 sessions Cohn 112 Moore

Vocal Coaching for the Beginning Singer

\$30

You have always wanted to sing in a choir, small group or duet but didn't know how? Maybe you just always wanted to sing and felt like you couldn't? In Choir coaching you will get the basic techniques and have fun listening, learning and singing music from various genres! Students are required to purchase their own music

Note: Students are required to purchase their own music

1723-CF15A Oct 19 – Dec 7 Mon 6:00pm – 7:00pm
8 sessions Cohn 205 Nettles

Creative Writing

\$40

Discover your imaginative writing abilities through creative and innovative activities including icebreakers, team building, power writing, progressive stories, writing prompts, peer review sessions, read aloud, and group discussion. The class will end with a collaborative publication, with a contribution from each student.

1361-CF15A Sep 8 – Nov 10 Tue 6:00pm – 7:30pm
9 sessions Cohn 110 Elufiede

finance



Buyer's Path to Purchasing a Home

\$10

With the real estate market changing so much over the past 5 years, this course will help you learn an updated step by step procedure for purchasing a home. Learn everything you need to know to buy a home from time of contract to the day you close and move in. Learn why you need a realtor and the advantages to buying a home instead of renting. Take this class to learn everything you need to know before purchasing a home.

1303-CF15A 1 session	Sep 14 Cohn 205	Mon 6:00pm – 7:30pm DeMartino
1303-WF15A 1 session	Oct 20 Wright Computer Lab	Tue 6:00pm – 7:30pm DeMartino
1303-CF15B 1 session	Nov 9 Cohn 110	Mon 10:00am – 11:30am DeMartino

Financial Success

\$15

Are you wondering where your money goes every month? Are you interested in investing, but don't understand all the options available? If so register for this three-part series which offers a practical financial framework for budgeting, investing, insurance, credit, and more. By the end of the class, you will have notebook filled with valuable information and a step-by-step plan for your financial security.

1808-CF15A 2 sessions	Sep 9 – Sep 16 Cohn 205	Wed 6:00pm – 8:00pm Stone
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Senior Insurance Solutions

Free

Retirement should be exciting. However, many find that this new season is complicated and confusing. In this class, we will listen to your concerns, answer your questions, and review all insurance policies that you currently have to ensure that you have not been sold policies that do not match your current needs. Seniors, Children of Seniors, Mature Adults in planning are all welcome. Snacks and water provided.

1823-CF15A 1 session	Sep 21 Cohn 121	Mon 10:00am – 11:00am Mosley
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SmartU-The Educated Insured

Free

Am I properly prepared for life's little surprises? Why do I need insurance? Do I have enough or too much insurance? In this class, we will answer all questions, review current policies, and listen to all concerns. Snacks and water provided.

1822-CF15A 1 session	Sep 28 Cohn 205	Mon 6:00pm – 8:00pm Mosley
1822-WF15A 1 session	Sep 29 Wright Main Library	Tue 6:00pm – 8:00pm Mosley

Teach with Nashville Community Education

Do you have a skill or passion to share with others? Nashville Community Education is a great place to become a class leader and IMPACT the community by teaching. We are always looking for people who would love to share their passion, skills, talents, or hobbies with the greater community through teaching a class with us.

Visit our website to learn more about teaching opportunities. nashville.gov/ce



Badminton

\$40

Learn the coordination, timing, flexibility, agility, and balance required to play the game of badminton. Learn badminton techniques and strategies to build skills, and meet regularly with a group of players.

2401-CF15A Sep 14 – Dec 14 Mon 9:30am – 11:30am
12 sessions Cohn Alternate Gym Freeman

2401-CF15B Sep 15 – Dec 15 Tue 6:00pm – 8:00pm
12 sessions Cohn Alternate Gym Freeman

Belly Dancing

\$50

This class is an introduction to the fundamental techniques of belly dance that are used in all styles. Technique and stylizations of belly dance will be studied through layering, combinations, choreography, and improvisation. Various classical and folkloric stylizations such as Egyptian and Iraqi will be covered. In addition to enjoying a fun, ancient art, this class offers a wonderful opportunity for exercise and self expression.

1710-CF15A Sep 9 – Oct 21 Wed 7:00pm – 8:00pm
6 sessions Cohn Auditorium Feuerbacher

Country Line Dancing for Fitness

\$40

Learn the popular line dances that can be seen in Music City's most popular dance establishments while also getting in shape. Come ready to sweat and have fun at the same time!

1708-CF15A Sep 9 – Nov 18 Wed 6:30pm – 7:30pm
10 sessions Cohn Gym Atrium St. Germain

Country Partner Dancing

\$40

Swing your partner and do-si-do. Learn popular dances such as the two step, blue rose, and silver wings. Have fun and get fit at the same time.

1713-CF15A Sep 9 – Oct 21 Wed 7:30pm – 8:30pm
6 sessions Cohn Gym Atrium St. Germain

Don't Be a Victim

\$40

This class will walk you through a six week program on using self defense techniques taken from Krav Maga (an Israeli practice of self defense), boxing, and jujitsu to help you to take an active role in your own self-defense and psychological well being. This program is designed for anyone looking for the basics of self-defense from college students to business professionals. The last two weeks will be an introduction to defense from common weapons.

1308-CF15A Sep 9 – Oct 21 Wed 6:00pm – 7:30pm
6 sessions Cohn Alt. Gym Luntz

Fencing: Advanced

\$40

This course teaches advanced technique and preparation for tournament competition for students who have completed Skill Building.

Note: Students are required to provide their own equipment.

1405-CF15A Sep 9 – Dec 16 Wed 5:30pm – 6:30pm
14 sessions Cohn Main Gym Casson

Fencing: Beginning Foil Instruction

\$75

In this course, students learn basic movements and tactics: footwork, distance, attack, parry-riposte, attacks on blade, and taking the blade. Please wear comfortable clothes and shoes.

Note: Registration fee includes supplies

1403-CF15A Sep 14 – Nov 16 Mon 5:30pm – 6:30pm
8 sessions Cohn Main Gym Casson

Fencing: Skill Building

\$40

This class provides students with techniques sessions to develop higher skills in fencing.

Note: Students are required to provide their own equipment

1404-CF15A Sep 14 – Dec 14 Mon 5:30pm – 7:30pm
12 sessions Cohn Gym Moore

register early!
(Classes can be canceled for low enrollment.)
nashville.gov/ce

fitness



Healing through Movement: Reiki & Qigong \$120

Why wait for science to catch up to the staying power of some ancient healing techniques? Qigong (chee-gung) is an ancient Chinese technique used to cultivate life energy, called, Qi, for health and well-being. The practice of Qigong involves learning a series of gentle, flowing postures, or forms, combined with breathing techniques and mental focus to increase energy, endurance, flexibility, and a peaceful mindset. Reiki (ray key), is a Japanese hands-on natural healing that uses the power of the Universal Energy flow to correct imbalances and energy blockages in the body's energy field that are thought to create disease.

1712-CF15A Sep 14 – Dec 14 Mon 6:00pm – 8:00pm
12 sessions Cohn Alternate Gym Clark

Kung Fu \$75

This Chinese martial arts class contains traditional training methods that benefit mind and body. Conditioning drills develop speed, power, flexibility, and balance. Students learn kung fu forms and techniques that increase overall well-being and self-defense skills. This class has a focus on hard work, health, and humility.

1715-CF15A Sep 10 – Nov 19 Thu 5:00pm – 6:00pm
10 sessions Cohn Alternate Gym Whitsett

Tai Chi for Health \$80

Originally developed for self-defense, tai chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements (Mayo Clinic). With regular practice and in a relatively short period of time, this series will help you acquire better health and wellness, internal energy, and the ability to manage stress. The class will also include gentle, Chinese exercises that benefit health and overall well-being.

1438-CF15A Sep 10 – Nov 19 Thu 6:00pm – 7:00pm
10 sessions Cohn Cohn Alt Gym Whitsett

Volleyball, Senior Women's (Senior 55+) \$40

Volleyball for women interested in an extensive, competitive volleyball experience. Participants work toward Senior Olympic Games qualification. Class is open to anyone who might be interested, however experience is required.

2407-CF15A Sep 10 – Dec 10 Thu 6:30pm – 8:30pm
12 sessions Cohn Main Gym Briers/Neilson



Fencing for Youth \$50

This class will cover the basics of the modern sport of foil fencing. Young beginners will learn the rules of foil, sportsmanship, footwork and blade work. Instruction will be given using a combination of both formal instructor time and practice using skill building games. Please wear comfortable clothes and shoes. All equipment is provided. NOTE: Parents must be present during class time.

Note: Registration fee includes supplies.

3403-CF15A Sep 14 – Nov 16 Mon 6:30pm – 7:30pm
8 sessions Cohn Main Gym Thomas



language

French: Beginning for Fun & Travel I \$50

This class is designed for adults encountering French for the first time or for those reviving basic French language skills. This course focuses on pronunciation, conversation, and culture, with an end goal of being able to successfully communicate with native speakers in travel-themed conversations.

Note: Students are required to purchase the "Living Language" textbook.

1615-CF15A Sep 9 – Oct 21 Wed 6:00pm – 8:00pm
6 sessions Cohn 121 Guesto

French: Beginning for Fun & Travel II \$50

This class is designed for adults encountering French for the first time or for those reviving basic French language skills. This course focuses on pronunciation, conversation, and culture, with an end goal of being able to successfully communicate with native speakers in travel-themed conversations.

Note: Students are required to purchase the "Living Language" textbook.

1616-CF15A Oct 28 – Dec 9 Wed 6:00pm – 8:00pm
6 sessions Cohn 121 Guesto

German for Beginners \$50

In this class students will learn key skills for personal and professional travel in Germany. Learn to ask the most important questions to navigate around a foreign country.

Note: Students are required to purchase the textbook "German Made Simple" (Revised Edition) by Jackson and Geiger.

1601-CF15A Sep 8 – Nov 17 Tue 6:00pm – 8:30pm
10 sessions Cohn 205 Knupp

Spanish Beginning Conversation I \$50

This beginning class provides an introduction to the Spanish language, culture, and food. Learn the first steps in speaking Spanish pronunciation, vocabulary, and present tense grammar. Vocabulary will cover greetings, times, numbers, and more.

Note: Students are required to purchase "Living Language" Spanish Complete Set.

1604-WF15A Sep 8 – Oct 20 Tue 6:30pm – 8:30pm
6 sessions Wright Classroom 1 Urbina-King

1604-CF15A Sep 10 – Oct 22 Thu 6:00pm – 8:00pm
6 sessions Cohn 121 Gonzalez

Spanish: Beginning Conversational II \$50

In this second part of the conversational Spanish series, students will continue learning the language and culture of Spanish-speaking countries. Increase vocabulary, understanding of verb forms, grammar and general comprehension.

Note: Students are required to purchase "Living Language" Spanish Complete Set.

1605-WF15A Oct 27 – Dec 1 Tue 6:30pm – 8:30pm
6 sessions Wright Classroom 1 Urbina-King

1605-CF15A Oct 29 – Dec 10 Thu 6:00pm – 8:00pm
6 sessions Cohn 121 Gonzalez

legal



Basic Estate Planning I

Free

How Power of Attorney and Conservatorship work - Want to name someone to make your decisions when you can no longer make them? Do you have a loved one who already cannot make decisions for themselves? Learn how power of attorney works, how to make this legal change, and more.

1351-WF15A Sep 8 Tue 6:00pm – 7:30pm
1 session Wright Computer Lab Johnson

1351-CF15A Oct 1 Thu 6:00pm – 7:30pm
1 session Cohn 110 Johnson

Basic Estate Planning II

Free

A lawyer who practices estate planning will explain the basics about Wills and the Probate process in Tennessee. This class builds upon Basic Estate Planning, Class 1, however it is not required to take this class.

1370-CF15A Oct 15 Thu 6:00pm – 7:30pm
1 session Cohn 110 Johnson

1370-WF15A Oct 20 Tue 6:00pm – 7:30pm
1 session Wright Computer Lab Johnson

Basics of Consumer Bankruptcy

Free

Learn from an experienced bankruptcy lawyer: the kinds of bankruptcy, who qualifies for them, what bankruptcy can and cannot do, bankruptcy steps, and tips on choosing a bankruptcy lawyer.

1319-WF15A Nov 3 Tue 6:00pm – 7:00pm
1 session Wright Computer Lab Chessman

1319-CF15A Nov 19 Thu 6:00pm – 7:00pm
1 session Cohn 110 Chessman

Basics of U.S. Immigration: Understanding How it Works

Free

This course provides an introduction to the terms and concepts of U.S. immigration law. Learn standard ways people immigrate to the U.S., the complexities of immigration laws, recent developments in the area, and how to avoid potential scams.

1315-CF15A Nov 5 Thu 6:00pm – 7:00pm
1 session Cohn 110 Lewis

1315-WF15A Nov 10 Tue 6:00pm – 7:00pm
1 session Wright Computer Lab Lewis

Copyright Law 101

Free

Are you a musician or a writer? This class provides basic information on what copyright means, when you need to protect your work and how long the copyright will last

1393-CF15A Sep 24 Thu 6:30pm – 7:30pm
1 session Cohn 110 Braun

1393-WF15A Oct 27 Tue 6:30pm – 7:30pm
1 session Wright Computer Lab Braun

Your Rights with the Police

Free

This information session by the Office of the Public Defender offers an overview of the constitutional rights people have when dealing with the police.

1357-CF15A Sep 17 Thu 6:00pm – 7:00pm
1 session Cohn 110 Allensworth

1357-WF15A Oct 13 Tue 6:00pm – 7:00pm
1 session Wright Computer Lab Allensworth

register early!

(Classes can be canceled for low enrollment.)

nashville.gov/ce



Cook Once-Eat all Week

\$20

Planning and preparing meals in advance allows you to save money and spend less time in the kitchen. You will be amazed at what you can freeze and serve later. Topics include menu planning, grocery shopping, freezer meal prep, packaging meals and proper storage. Students will receive printouts to take home and recipes to make meal prep a breeze.

Note: Students are required to purchase \$10.00 Cook Once Manual from instructor the day of class. Manual includes cook once helps, printouts to take home and recipes to make meal prep a breeze.

1389-CF15A Sep 14 Mon 1:00pm – 3:00pm
1 session Cohn 119 Bergren

1389-WF15A Sep 29 Tue 6:30pm – 8:30pm
1 session Wright Library Bergren

How to Cook Vegetarian

\$40

Do you want to learn more about the vegetarian diet? The this class is for you! Students will learn how to prepare tasty and healthy plant based meals. You will learn how to prepare entrees, condiments, desserts, and much more!

1437-CF15A Sep 10 – Oct 1 Thu 5:30pm – 7:00pm
4 sessions Cohn 119 Straughn

Personal Style: Defined

\$65

Have you ever looked at a magazine and thought, “I could never wear that!” or stood in your closet too many times and thought, “I have nothing to wear!” If you’ve been struggling with your personal style, personal stylist Melissa Watkins is here to help you define your personal look. Learn styles to flatter all body shapes and sizes, wardrobe staples, shopping with purpose, and more. Students will finish the class with a store visit and purchase one new staple item to begin their new wardrobe.

1358-CF15A Oct 15 – Nov 5 Thu 6:30pm – 8:30pm
4 sessions Cohn 119 Watkins

Raising Backyard Chickens

\$35

Chickens are colorful, easy, and fun to keep. Learn what you need to select, house, and keep them healthy, safe and happy in your yard. At the end of the course you can have your own chicken feeder, drinker, or nest box to use with your micro-flock.

1378-CF15A Sep 10 – Sep 24 Thu 6:00pm – 7:30pm
3 sessions Cohn Woodshop Jacobs

Reading and Writing Poetry

\$40

Did you know that poetry can help you become a clearer and more persuasive writer? Poetry is not as strange and mysterious as it may have seemed in grade school, and it doesn’t have to be hard to understand. This course will include learning the basics of poetry, practice writing poems of your own, and how to use these skills in other writing forms.

1334-CF15A Sep 24 – Oct 22 Thu 6:00pm – 7:30pm
4 sessions Cohn 205 Harris

Slow Cooker Heaven: Tips, Tricks & Tasty Recipes

\$20

Join local slow cooking expert Beth Bergren as she shares unique ways to prepare meats, entrees, sides and desserts using a slow cooker. Make meal preparation easier for each season of the year. “The Slow Cooker Heaven” manual/cookbook which has helpful hints and 150 recipes adapted for slow cooker cooking is part of the class. Save time, money and make mealtimes enjoyable. No actual cooking is done in class.

Note: Students are required to pay \$10 fee for class manual.

1382-CF15A Sep 14 Mon 9:30am – 11:30am
1 session Cohn 119 Bergren

1382-WF15A Nov 3 Tue 6:30pm – 8:30pm
1 session Wright Computer Lab Bergren

Upholstery

\$89

Bring in that chair or ottoman and let Ms. Mamie Hammonds of Hammonds Upholstery and Designs show you how to strip it down, measure and replace fabric and make your item new again.

Note: Students should contact the NCE office for the class supply list.

1507-CF15A Sep 14 – Nov 16 Mon 6:00pm – 8:00pm
8 sessions Cohn Woodshop Hammonds

NEW! Hypnosis: Quit Your Bad Habits

\$40

Want to experience a state of Hypnosis? Want to learn how you can quit bad habits through the use of hypnosis, or achieve goals. Experience hypnosis and learn the basics of quitting bad habits.

1911-CF15A Nov 2 Mon 6:00pm – 7:30pm
1 session Cohn 110 Holmes

technology



Digital Books

Free

Discover how to find and read library books in their various formats along with digital magazines. Gain hands-on experience downloading and reading on the Kindle Paperwhite and on the most popular tablet in the market today, the Apple iPad! Seating is limited, register early!

Note: This class requires a library card and PIN. iPads will be provided.

1376-CF15A Sep 10 Thu 6:00pm – 7:00pm
1 session Cohn 112 Christmon

Digital Entertainment

Free

Free, Free, Free! Explore free downloadable music and movies brought to you by the Nashville Public Library.

Note: This class requires a library card and PIN. iPads will be provided.

1377-CF15A Sep 17 Thu 6:00pm – 7:00pm
1 session Cohn 112 Christmon

NEW! Finding Reliable Information Online

Free

Do you have difficulty searching for things online? Do you wonder if what you have found is reliable? If you are looking for information, the Internet has a lot of it. The problem is, you can't trust every website you find. Anyone can publish anything on the Web, so information can often be inaccurate, biased, or even worse, a hoax. This class will cover skills that will help you to search online and find information you can trust.

1262-CF15A Oct 1 Thu 6:00pm – 7:00pm
1 session Cohn 111 Christmon

1262-CF15B Nov 5 Thu 6:00pm – 7:00pm
1 session Cohn 111 Christmon

NEW! How Facebook, LinkedIn, and Twitter Work Together

\$50

Do you think of these sites as just social media? Are you making the most of your LinkedIn profile? Learn how to drive traffic using Twitter, connect your social circle using Facebook, and understand how to become a LinkedIn contributor and understand the analytics. Understanding these various platforms are becoming a must in today's workplace environment.

1258-CF15A Sep 15 – Sep 29 Tue 6:00pm – 7:30pm
3 sessions Cohn 111 MaGuirk

Internet Genealogy I

\$35

The internet has revolutionized genealogy. People can now trace back generations with a few clicks of the mouse, making searching for your roots more accessible than ever. Learning how to find and navigate through genealogy information can be daunting. This class will teach internet novices how to locate and evaluate the most valuable online information, as well as inspire them to become a part of the constantly growing online genealogy community.

Note: Students are required to bring a flash drive to class.

1214-CF15A Sep 14 – Sep 28 Mon 6:30pm – 8:00pm
3 sessions Cohn 111 Farrow

Internet Genealogy II

\$35

Continue to explore the many layers of online genealogy research. Develop stronger skills with free internet databases. The last half hour of every class will be used to discuss individualized questions from students.

Note: Students are required to bring a flash drive to class.

1226-CF15A Oct 19 – Nov 2 Mon 6:30pm – 8:00pm
3 sessions Cohn 111 Farrow



technology

NEW! **Introduction to Computers and Microsoft Office** \$50

Still haven't figure out these computer things? This six week course is designed to introduce you to the basics of computers and Microsoft's suite of software. We will look at the general operation of computers and then examine, using Microsoft Office, the basics of word processing, spreadsheets, and presentation software. Microsoft Office is still the benchmark to which productivity software is compared, and the ability to use the programs is an important skill to possess.

Note: This class takes place in a computer lab. Students may bring their own computer but it must contain Microsoft Office Suite 10.

1260-CF15A Sep 9 – Oct 21 Wed 6:00pm – 7:00pm
6 sessions Cohn 111 Thomas-Trudo

NEW! **Introduction to the Google Cloud Software** \$25

What is the Cloud? This short offering is designed to introduce you to the Cloud and Google's Cloud-based suite of software. Through the use of a Google login, we will explore some of the basics of the Cloud, which can be accessed whenever you are connected to the internet through a device. This can free your ability to produce, save, and share documents. Due to its accessibility and ease of collaboration, cloud-based software and services are becoming central to modern productivity.

1261-CF15A Oct 28 – Nov 4 Wed 6:00pm – 7:00pm
2 sessions Cohn 111 Thomas-Trudo

Microsoft Excel 2010 Basics I \$105

Are you new to Excel and want to learn more? This class will get students up-to-speed on Excel 2010. Get an overview of the tabs, how to print, formatting, and much more. By the end of the course, users should feel comfortable creating a spreadsheet, work with basic formulas, and saving and printing of a spreadsheet.

1206-CF15A Sep 10 – Sep 24 Thu 6:00pm – 8:00pm
3 sessions Cohn 111 Komar

Microsoft Excel 2010 Basics II \$105

The next class in our Excel series, Basics II, is intended to help everyday users of Excel become more proficient by expanding their knowledge of functions, formulas, and new Excel features. You will go into depth on: advanced file tasks, functions and formulas, managing tables, adding finishing touches, and much more. Students will receive a certificate of completion.

1207-CF15A Oct 15 – Oct 29 Thu 6:00pm – 8:00pm
3 sessions Cohn 111 Komar

NEW! **Your iPhone and You** \$20

Do you have an iPhone that you don't know how to use? Get to know the functions and features of Apple's iPhone, including how to use iTunes, Siri, and the App store. In this class you will review the apps that were included with your iPad/iPhone. We will also explore the most important settings for your device and provide useful tips and shortcuts.

1259-CF15A Sep 8 Tue 6:00pm – 7:30pm
1 session Cohn 121 MaGuirk

1259-CF15B Sep 10 Thu 11:30am – 1:00pm
1 session Cohn 110 MaGuirk

register early!

(Classes can be canceled for low enrollment.)

nashville.gov/ce

Sep 8

Creative Writing	6:00pm	\$40	9
Let's Make Earrings	6:00pm	\$34	7
German for Beginners	6:00pm	\$50	13
Basic Estate Planning I	6:00pm	Free	11
Your iPhone and You	6:00pm	\$20	17
Intro to Screenwriting	6:30pm	\$40	4
Spanish Beginning Conversation I	6:30pm	\$50	13

Sep 9

Ceramics	9:00am	\$20	7
Fencing: Advanced	5:30pm	\$40	11
Pottery by Hand and Wheel	5:45pm	\$89	8
Interview Like a BOSS	6:00pm	\$25	5
Successful Employment Seminar	6:00pm	\$99	5
Financial Success	6:00pm	\$15	10
Don't Be a Victim	6:00pm	\$40	11
French: Beginning for Fun & Travel I	6:00pm	\$50	13
Intro to Computers and Microsoft Office	6:00pm	\$50	17
Country Line Dancing for Fitness	6:30pm	\$40	11
Belly Dancing	7:00pm	\$50	11
Building Creativity Into YOUR Life	7:00pm	\$50	8
Exercising Your Brain	7:30pm	\$80	4
Country Partner Dancing	7:30pm	\$40	11

Sep 10

Your iPhone and You	11:30am	\$20	17
Kung Fu	5:00pm	\$75	12
How to Cook Vegetarian	5:30pm	\$40	15
College Essay Preparation	6:00pm	\$20	5
Tai Chi for Health	6:00pm	\$80	12
Spanish Beginning Conversation I	6:00pm	\$50	13
Raising Backyard Chickens	6:00pm	\$35	15
Digital Books	6:00pm	Free	16
Microsoft Excel 2010 Basics I	6:00pm	\$105	17
Volleyball, Senior Women's (Senior 55+)	6:30pm	\$40	12

Sep 11

Quilting: Beginners	10:00am	\$20	8
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Sep 14

Oil Painting	9:00am	\$20	8
Picture Framing	9:00am	\$20	8
Badminton	9:30am	\$40	11
Slow Cooker Heaven: Tips, Tricks & Tasty Recipes	9:30am	\$20	15
Basic Math Review	10:00am	\$30	5
Oil Painting	12:00pm	\$20	8
Picture Framing	12:00pm	\$20	8
Cook Once-Eat all Week	1:00pm	\$20	15
Culture Shock: Cross-cultural Awareness	5:30pm	\$40	4
Fencing: Beginning Foil Instruction	5:30pm	\$75	11
Fencing: Skill Building	5:30pm	\$40	11
Guitar: Beginning	6:00pm	\$89	9
Basketry & Tapestry	6:00pm	\$45	7
Buyer's Path to Purchasing a Home	6:00pm	\$10	10
Healing through Movement: Reiki & Qigong	6:00pm	\$120	12
Upholstery	6:00pm	\$89	15
Handmade Books	6:30pm	\$60	7
Fencing for Youth	6:30pm	\$50	12
Internet Genealogy I	6:30pm	\$35	16
Guitar: Intermediate	7:00pm	\$89	9

Sep 15

Rug Braiding	3:00pm	\$60	9
Perfect Your Story: The Elevator Pitch	6:00pm	\$50	4
Crimp Necklaces and Bracelets	6:00pm	\$39	7
Oil Painting	6:00pm	\$20	8
Picture Framing	6:00pm	\$20	8
Rug Braiding	6:00pm	\$60	9
Badminton	6:00pm	\$40	11
How Facebook, LinkedIn, and Twitter Work Together	6:00pm	\$50	16

Sep 16

Career Branding	6:00pm	\$25	5
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Sep 17

Your Rights with the Police	6:00pm	Free	14
Digital Entertainment	6:00pm	Free	16

Sep 21

Senior Insurance Solutions	10:00am	Free	10
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Sep 22

Curvy Right Angle Weave Bracelet	6:00pm	\$44	7
Sewing: Beginning	6:00pm	\$40	8

Sep 23

Resume Writing 101	6:00pm	\$25	5
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Sep 24

Reading and Writing Poetry	6:00pm	\$40	15
Copyright Law 101	6:30pm	Free	14

Sep 28

SmartU-The Educated Insured	6:00pm	Free	10
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Sep 29

SmartU-The Educated Insured	6:00pm	Free	10
Cook Once-Eat all Week	6:30pm	\$20	15

Sep 30

Career Evaluation	6:00pm	\$25	5
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Oct 1

Empowerment Seminar	6:00pm	\$35	4
Basic Estate Planning I	6:00pm	Free	10
Finding Reliable Information Online	6:00pm	Free	16

Oct 13

Your Rights with the Police	6:00pm	Free	14
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Oct 14

Digital Entrepreneur: Get Untethered & Paid	6:00pm	\$45	4
Salary Negotiations	6:00pm	\$25	6

Oct 15

Basic Estate Planning II	6:00pm	Free	14
Microsoft Excel 2010 Basics II	6:00pm	\$105	17
Personal Style: Defined	6:30pm	\$65	15

Oct 19

Vocal Coaching for the Beginning Singer	6:00pm	\$30	9
Coaching for Coaches	6:00pm	\$70	4
Basketry for the Birds	6:00pm	\$79	7
Internet Genealogy II	6:30pm	\$35	16

Oct 20

Social Media as a Business Tool	6:00pm	\$25	6
Buyer's Path to Purchasing a Home	6:00pm	\$10	10
Basic Estate Planning II	6:00pm	Free	14

Oct 21

Career Vision Workshop	6:00pm	\$25	5
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Oct 27

Christmas Tree and Angel Earrings	6:00pm	\$49	7
Sewing: Beginning	6:00pm	\$40	8
Spanish: Beginning Conversational II	6:30pm	\$50	13
Copyright Law 101	6:30pm	Free	14

Oct 28

French: Beginning for Fun & Travel II	6:00pm	\$50	13
Introduction to the Google Cloud Software	6:00pm	\$25	17

Oct 29

Spanish: Beginning Conversational II	6:00pm	\$50	13
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Nov 2

Hypnosis: Quit Your Bad Habits	6:00pm	\$40	15
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Nov 3

Basics of Consumer Bankruptcy	6:00pm	Free	14
Slow Cooker Heaven: Tips, Tricks & Tasty Recipes	6:30pm	\$20	15

Nov 5

Network Your Nashville	6:00pm	\$25	6
Basics of U.S. Immigration	6:00pm	Free	14
Finding Reliable Information Online	6:00pm	Free	16

Nov 9

Buyer's Path to Purchasing a Home	10:00am	\$10	10
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Nov 10

Basics of U.S. Immigration	6:00pm	Free	14
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Nov 14

Writing Conference	9:00am	\$40	6
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Nov 16

Handmade Paper	6:00pm	\$45	8
Recycled Book Art	6:00pm	\$50	9

Nov 19

Basics of Consumer Bankruptcy	6:00pm	Free	14
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Dec 1

Rug Braiding for the Holidays	3:00pm	\$30	9
Rug Braiding for the Holidays	6:00pm	\$30	9

information

All classes require a registration — regardless of fee.

Register early! Classes that do not meet the minimum enrollment 48 hours prior to the start of class will be canceled.

It is important that NCE has the correct contact information for all students. Our primary mode of communication is email. Please check your email for class confirmation, cancellations, schedule changes, and other important information.

how to register:

online at www.nashville.gov/ce

NEW STUDENTS: To register online, new students must create a secure personal account by following the directions. Don't forget your login and password! After that, login whenever you wish to register for a class online.

RETURNING STUDENTS: If you registered online last semester, login to your account. If you have taken a class before, but are not registered online, an online login has been created for you. Click "forgot password" on the login page to get started.

- You may browse without creating an account.
- Only payment by credit card is accepted online. All credit card transactions include an additional 2.3% processing fee.
- If you have trouble registering online, call (615) 298-8050.

in person

You may register only at the NCE Main Office, located at The Cohn School, 4805 Park Ave, Suite 123, Nashville. The office is open Monday–Thursday, 10am–6pm.

You may pay with cash, check, money order, or credit card. All credit card transactions include a 2.3% processing fee.

by mail

Mail registration form with check or credit card information to:

Nashville Community Education
4805 Park Ave, Suite 123
Nashville, TN 37209

Mail forms **ONLY**
to 4805 Park Ave.
Do **NOT** send cash.

Please provide an email address on the registration form. After your payment is processed, we will email your confirmation.

Registration opens on Monday, August 17 and remains open all term!

student withdrawal: Students must withdraw from a class no less than 3 days before the first class meeting.

refund policy: A refund is issued if a class is canceled by Nashville Community Education, or if a student withdraws from class a minimum of 3 days prior to the first class.

If you paid by cash, check, or money order: Our refund process requires that students who paid by cash, check, or money order complete a refund form. After this refund form has been returned to staff, students should expect a check in the mail from Metro Government of Nashville and Davidson County within three to four weeks.

If you paid by credit card: Our refund process requires that students who pay by credit card complete a refund form. After this form has been returned to staff, credit card refunds can be processed immediately, and should be reflected in the student's credit card balance within 2-3 days after staff process the refund. Students receive the 2.3% convenience fee in their refund.

Class credit option: Students can elect to receive a class credit instead of a refund for a class cancellation or student withdrawal. Credits must be used within the same fiscal year (July 1 - June 30). Credits not used by June 30 will be forfeited.

class cancellations / inclement weather

NCE will cancel all classes that do not meet the minimum enrollment 48 hours prior to the start of class.

Please check your email for notification of any class cancellation or for scheduling information.

Nashville Community Education does not hold classes when Metro Nashville Public Schools (MNPS) are closed for school breaks or due to inclement weather. We attempt to reschedule classes, but cannot guarantee that classes will be made up.

- **Nashville Community Education is an adult program.**
- **Children cannot accompany students to classes.**
- **NCE does not provide childcare during class time.**

nashville
community
education

main office:
The Cohn School
4805 Park Ave, Suite 123
Nashville, TN 37209

satellite location:
Wright Middle School
180 McCall St
Nashville, TN 37211

office hours: Monday–Thursday 10am–6pm
cecinfo@nashville.gov
(615) 298-8050 | nashville.gov/ce

registration

Nashville Community Education
phone: 615-298-8050 | fax: 615-298-8455
email: cecinfo@nashville.gov

See opposite page for registration and location information.

student information

Full Name _____ Email _____
Address _____ Phone _____
City _____ Zip _____

class information

Course Name _____ Class ID _____ Fee _____
Date/Time _____ Location: Cohn Wright Antioch

Course Name _____ Day & Time _____
Class ID _____ Fee _____ Location: Cohn Wright Antioch

Course Name _____ Day & Time _____
Class ID _____ Fee _____ Location: Cohn Wright Antioch

payment information

I am including check(s) payable to Nashville Community Education.
 Charge to my credit card*: VISA Mastercard DISCOVER American Express

Card No. _____ - _____ - _____ - _____

CVV Code _____ Exp Date ____ | ____

***NOTE:** All credit card transactions will include an additional 2.3% processing fee charge.

Signature _____

DISCLAIMER / RELEASE FROM LIABILITY: • I understand that refunds of course fees are not granted to any student who withdraws after the start of the course. • I understand and grant permission for my image to be used in photographs, videos, websites, and/or publications authorized by the Metropolitan Government of Nashville and Nashville Community Education. • I recognize that this activity of NCE is at my own risk. If injuries or accidents occur as a result of my or my child's participation in this activity, I will not hold the Metropolitan Government of Nashville and Davidson County, Nashville Community Education, or Metropolitan Nashville Public Schools responsible for any injury that may occur.

Signature _____ Date _____

FOR OFFICE USE ONLY

Check No. _____ Receipt No. _____ Semester _____ Mail Fax In-Person

Fall Open House



Our Annual Fall Open House is a great chance for students to meet instructors, ask questions, see the facilities, and register for classes. We will have free food, music and fun for all ages with face painting by Liz!



Join us!

9am to 12 noon on Saturday, August 15

The Cohn School — 4805 Park Ave, Nashville

Nashville Community Education
4805 Park Ave, Suite 123
Nashville, TN 37209

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Classes are scheduled throughout Fall!

Registration is ongoing during the term.



615.298.8050 | nashville.gov/ce

PROVIDING PERSONAL AND PROFESSIONAL ENRICHMENT TO THE NASHVILLE COMMUNITY