**DELIVERY SERVICES**

Coronavirus Disease 2019 (COVID-19)

**WHAT IS COVID-19?**

COVID-19 is a respiratory disease caused by a new coronavirus that started spreading in the Hubei Province of China in late 2019. The Metro Public Health Department is working closely with the Centers for Disease Control and Prevention and Tennessee Department of Health to inform the public of the best ways to fight and prevent the illness.

**WHAT ARE THESE GUIDELINES FOR?**

These guidelines are designed to help reduce the risk of exposure to the virus that causes COVID-19 among those offering delivery services. The guidelines provide strategies to limit the spread of respiratory infections.

**ADDITIONAL INFORMATION**

Additional information on COVID-19 can be found at Coronavirus.Nashville.gov.

**PRACTICE EVERYDAY PREVENTIVE ACTIONS**

**If you feel sick, stay at home**
- If you have a mild illness, respiratory symptoms, or have a fever, stay at home. If your symptoms get worse, call your doctor.

**Wash your hands frequently**
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, interacting with food orders, and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with 60%-95% alcohol.

**Cover your coughs and sneezes**
- Cover your coughs and sneezes with a tissue and then throw the tissue in the trash. If you don’t have access to a tissue, cough or sneeze into your upper sleeve.

**Do not wear a mask**
- At this time, CDC does not recommend the use of facemasks to prevent infection for individuals that are not sick.

**PROTECT YOURSELF AND OTHERS FROM THE SPREAD OF GERMS**

**Clean and disinfect your vehicle**
- Routinely clean and disinfect frequently touched surfaces within your car.

**Clean and disinfect your delivery bag**
- Clean your delivery bag with soap and water and/or a household disinfectant after you are done delivering for the day.

**Take precautions when interacting with customers**
- Communicate with customers to plan for contact-less deliveries when possible.
- Wash your hands with soap and water or an alcohol-based hand sanitizer with at least 60% alcohol after each customer interaction.

**Take precaution when interacting with restaurants and stores**
- Ask restaurants to tie and seal bags containing food.
- Wash your hands with soap and water or an alcohol-based hand sanitizer with at least 60% alcohol after each interaction with stores and restaurants.