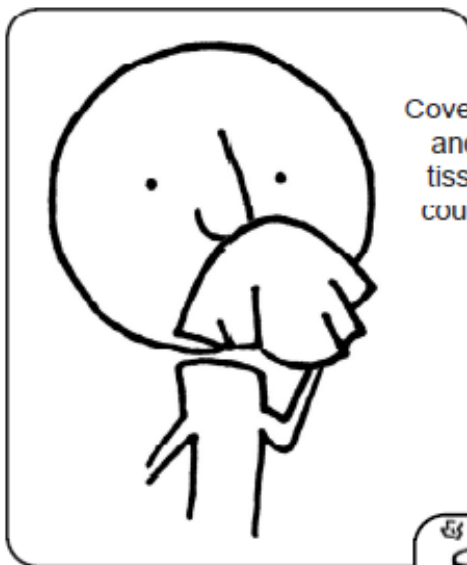


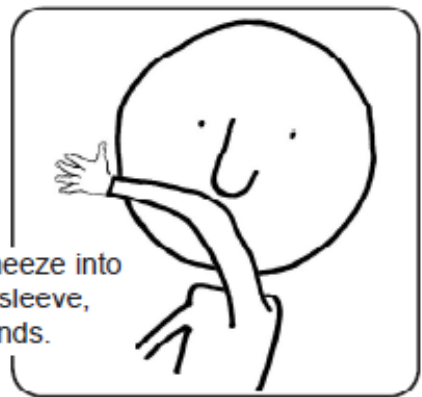
Stop the spread of germs that make you and others sick!

Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze

or cough or sneeze into your upper sleeve, not your hands.



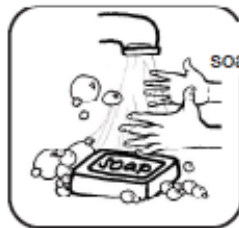
Put your used tissue in the waste basket.



You may be asked to put on a surgical mask to protect others.

Clean your Hands

after coughing or sneezing.



Wash with soap and water or clean with alcohol-based hand cleaner.



For more information about flu shots, please call 340-5616 option 5, or visit the Health Department's website at health.nashville.gov.



Metro Public Health Dept
Nashville/Davidson County
Protecting, Improving, and Sustaining Health