

Family Planning Clinic FACT SHEET

About Family Planning

The availability of family planning services allows individuals to achieve desired birth spacing, family size, and contributes to improved health outcomes for infants, children, women, and families. For many women, a family planning clinic is the entry point into the health care system.

MPHD Family Planning Clinic offers many services including preconception care. Preconception care is designed to identify and reduce risk to a woman's health and improve pregnancy outcomes through prevention and management of health conditions. The MPHDC Family Planning Clinic plans to increase awareness of the importance of preconception care through public outreach and improved collaboration between health care providers.

About Services*

- Preconception Counseling and Exams
- Contraceptive and broader reproductive health services, including patient education and counseling
- Provide Birth Control Methods (at low or no cost)
- Breast and pelvic examinations
- Breast and cervical cancer screening
- Sexually transmitted infection (STI) education, counseling, testing, and referral
- Pregnancy diagnosis and counseling

*No one will be refused services because of inability to pay

Family Planning Clinic Locations

Lentz Public Health Center

2500 Charlotte Ave.
615.340.5607

East Nashville Public Health Center

1015 East Trinity Lane
615.862.7916

Woodbine Public Health Center

224 Oriol Ave.
615.862.7940

NEW FEATURES

10 nurse exam rooms

Allows more clients to obtain services in an efficient manner

Nurse work station

Ability to see all exam rooms from a central location

SMART TVs in each exam room

Ability to provide tailored patient education

Procedure boards in each room

Conveniently placed standard medical equipment in each room: blood pressure cuff, otoscope, thermometer, ophthalmoscope

