

Children and Youth Programs

FACT SHEET

About TennCare Kids Community Outreach

TennCare Kids Community Outreach is a full program of checkup and health care services for children birth to 21 who are TennCare eligible. The services provided allow babies, children, teens and young adults to receive the health care they need.

TennCare Kids Community Outreach provides free check-ups, dental services, medical treatment and behavioral health services. The Metro Public Health Department TennCare Kids Community Outreach program provides service information with over 91,000 Davidson County children and young adults.

About the Youth Advisory Board

The Youth Advisory Board (YAB) was established 1998. Since its establishment nearly 250 students from over 15 public and private schools have been a part of the MPHD YAB. The YAB is a collection of public health youth engagement programs that provides pipeline education, community-based service-learning, and grassroots advocacy through the utilization of high school youth leaders to affect policies concerning adolescent health in Nashville.

About Healthy Beginnings

The Healthy Beginnings program is designed to strengthen new, first time families by providing education, support, parenting skills, and resource assistance in order to prevent child abuse and neglect.

Visits by nurses and outreach workers from MPHD begin during pregnancy or after delivery of a first baby up to 4 months old. Nurses and outreach workers provide health safety, child health, disease prevention, child development, and parenting skills information. Referrals are received from the Tennessee Department of Health Central Referral System and community agencies.

About HUGS

The HUGS program is a home visiting case management program for any pregnant women, or infants and children through the age of five years living in Davidson County. Services are also provided to the families of participants. Women and/or children are usually at risk medically or socially. The program provides education, support, referral, and follow-up services.

About Welcome Baby

The Welcome Baby initiative is the next step in our efforts to reduce infant mortality rates and improve early childhood success in Tennessee by helping equip families with the knowledge and skills needed to raise happy and healthy children.

Welcome Baby is designed to screen families and children for risks at the time of a child's birth; provide timely referrals to address family needs; connect children and families with appropriate services and improve utilization of community resources. Topics covered during outreach contact will include medical care, parent support, nutrition, safety, child development and smoking.

