

What is PrEP?



Pre-exposure Prophylaxis

MPHD now offers pre-exposure prophylaxis (PrEP) in our Sexual Health Center. PrEP is used when people at risk for HIV take HIV medications daily to lower their chances of getting infected. A combination of two HIV medicines (tenofovir and emtricitabine), sold under the name Truvada (pronounced Tru-va-duh), is approved for daily use as PrEP to help prevent an HIV-negative person from getting HIV from a sexual or injection-drug-using partner who is HIV positive. MPHD's Sexual Health Center offers PrEP for those who are at risk of HIV.

ARE WALK-INS ACCEPTED?

To respect your time and the time of our staff, our preference is that you schedule an appointment. We may be able to accommodate you if you do not have an appointment but you will likely have to wait longer to be seen.

HOW TO MAKE AN APPOINTMENT:

Call the Sexual Health Center at 615-340-5647 and ask for an appointment in the PrEP Clinic.

WHAT TO BRING TO EVERY APPOINTMENT:

- Photo ID
- Most recent insurance card (if you have one)
- Any important medical records that you have

WHO CAN BENEFIT FROM PrEP?

- Individuals with HIV+ partner
- Individuals who have a history of inconsistent or no condom use during sex
- Individuals who have a large number of sexual partners
- Individuals who have been diagnosed with a sexually transmitted infection (STI) in the past 6 months
- Individuals who engage in commercial sex work
- Individuals who engage in IV drug use
- Individuals who engage in transactional sex
- Individuals who have been prescribed post-exposure prophylaxis (PEP)

WHY IS PrEP HELPFUL?

PrEP, taken every day, can help an individual that is at high risk for HIV NOT get HIV. PrEP can stop HIV from taking hold and spreading throughout your body. Daily PrEP use can reduce the risk of getting HIV from sex more than 99%. Among people who inject drugs, PrEP reduces the risk of getting HIV by more than 74%.

WHAT WILL HAPPEN AT THE FIRST APPOINTMENT?

At your first appointment, you will meet with the PrEP nurse practitioner and PrEP Program Specialist to discuss PrEP use, clarify misconceptions and answer any questions. During your first visit, you will have blood and urine collected to screen for STIs, HIV status, hepatitis B and C and kidney function. After your first appointment and confirmation of a negative HIV test, you will be prescribed your first 30 days of PrEP. In order for PrEP to be effective, it must be taken every day. Your HIV Program Specialist will call you at 30 days to check-in with you. Follow up appointments at 3 and 6 months will also be scheduled and are required to continue on the medication.

WHAT DO APPOINTMENTS COST?

It is \$10 for each appointment to the clinic. This covers your lab tests and STI screening.

DO WE ACCEPT HEALTH INSURANCE?

Currently, MPHD accepts TennCare, BlueCare, Amerigroup and Medicare. Any other insurance information can be filed, but this will not affect your \$10 co-payment per office visit.

HOW OFTEN ARE APPOINTMENTS SCHEDULED?

Appointments are necessary at 3 and 6 months after starting the medication. Our staff will also check-in with you by phone/email to make sure everything is going well. If you have any concerns in-between your scheduled appointments, you can call our clinic to speak with our staff.



Metro Public Health Dept
Nashville/Davidson County
Protecting, Improving, and Sustaining Health

WHERE TO GO:

Lentz Public Health Center
2500 Charlotte Avenue, Suite 110
Nashville, TN 37209

MAP:



FOR MORE INFORMATION:

For more information visit us online at
health.nashville.gov



HOW TO ACCESS MEDICATION?

Our PrEP clinic works closely with a specialty pharmacy. You will be asked to complete a Gilead patient assistance form to help offset some or all of the cost of the medication.

HOW MUCH DOES THE MEDICATION COST?

Traditionally, PrEP medications can cost anywhere from \$3,000-\$4,000 per month out of pocket. However, when working with a specialty pharmacy and applying for additional patient assistance, our PrEP Program Specialist will work to have as much of the medication covered as possible, based on patient qualifications.

WHAT OPTIONS ARE THERE TO GET MEDICATION FOR THE UNINSURED?

We work with a specific specialty pharmacy and Gilead's patient assistance program to offset some or all of the cost of the medication.

HOURS OF OPERATION:

Monday, Tuesday, Thursday and Friday 8AM - 4:30PM

Wednesday from 9AM-4:30PM

*No appointments from 12-1PM

CONTACT US:

If you have additional questions, you can call us at 615-340-5670 or email us at MPHPrEPclinic@nashville.gov

WHAT OTHER PROVIDERS OFFER PrEP?



Scan the QR code to access the PrEP locator tool or visit www.preplocator.org