



Welcome to NashVitality News! Every month we bring you healthy, active and green events and resources making Nashville a great place to live, learn, work, play & worship.

2015 Healthy Nashville Summit: Health Equity

The 6th Annual Healthy Nashville Summit was held on Friday, June 6th, 2015, at the Downtown Public Library and featured the issue of health equity. Health is profoundly shaped by social factors, including a person's address, education, income, and the effects of historical discrimination. Health equity is one of three key priority issues discussed in the Community Health Improvement Plan released by the Healthy Nashville Leadership Council in December 2014.

The morning session of the summit showcased a panel with extensive work in health equity: Rev. Edwin Sanders, II of the Metropolitan Interdenominational Church, Brenda Perez from Workers' Dignity, and Dr. Joseph Webb, CEO of Nashville General Hospital. In the afternoon, attendees were led through a directive dialogue facilitation regarding the findings in the 'Health Equity Report for Nashville.'

The 2015 Nashvitality Awards were recognized at the summit as well. Congratulations to the following organizations/individuals:

Innovator Award | Meharry 12 South Community Clinic
Leadership Award | Tennessee Health Care Campaign
Pioneer Award | Rev. Edwin Sanders, II,
Metro Interdenominational Church

Thank you to everyone who attended and contributed to the sessions.

For more information about the Community Health Improvement

News & Events

The Nashville Big Latch On will be held on **Saturday, August 1** at Opry Mills Mall beginning at 9:30 am. The Nashville Breastfeeding Coalition (NBC) will lead a celebration of all breastfeeding families, and offers courage and community so families feel comfortable and normal nursing in public. For more information, see the NBC Facebook page [here](#)

There are several "Back to School" events scheduled in Nashville the week of **August 3**. For a more complete listing and to find an event in your community, visit the Nashville.gov [calendar](#)

The first day of school in Metro Nashville is **Wednesday, August 5**. For more information see the Metro Nashville Public Schools visit the [website](#)

Family Options: Which Housing Interventions Work Best?

Aug. 21, 2015
Nashville Public Library, main branch
9-11 a.m.

Plan click [here](#).

For more information about the Health Equity Report for Nashville click [here](#).

Nashville to celebrate Night Out Against Crime



On Tuesday, August 4, Nashville community members will join a national effort by hosting "Night Out Against Crime" events. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, better places to live.

National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community and provides a great opportunity to bring police and neighbors together under positive circumstances.

If your neighborhood is interested in hosting a local event, please register on nashville.gov [here](#) and learn more using the National Night Out toolkit found on the national [website](#)

Please join Dr. Beth Shinn, Vanderbilt University, for a presentation of the study findings. The event is free but you are asked to register at Event Brite using this link:

<https://www.eventbrite.com/e/family-options-which-housing-interventions-work-best-tickets-17887291370>