

# Healthier Workplace Pledge

As an employer, we are committed to helping our employees by making the healthy choice the easy choice. We believe we can make a difference and improve the health of our employees.

## We pledge to:

Work towards implementing the ***Prescription for a Healthier Workplace*** that includes creating a workplace that:

- Supports physical activity
- Provides access to healthy foods
- Supports breastfeeding mothers
- Incentivizes active transportation
- Provides a tobacco-free environment

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Department Name

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Signed

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Date



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