



Hartman Park Regional Community Center

2801 Tucker Road, Nashville, TN 37218 - 615-862-8479

Fitness Classes Aquatics Gymnasium (\$) – Paid Class	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-12:00pm
<p>2021 Program Schedule</p> <p><u>Facility Coordinator</u> Adrean Gregory</p> <p><u>Program Coordinator</u> Lamont Henry</p> <p><u>Recreation Leaders & Lifeguards (*)</u> Felissa Reese Bonita Peoples LaShanda Cockrill Charles Moorman William Mumphy Veronica Summers* Ajee' Brown* Michael Black</p> <p><u>Class Instructors</u> \$Felissa Reese \$Alexandria Paterson \$Michael Black</p> <p><u>Swim Lessons</u> \$50.00 for 8 lessons For more information contact: <u>Aquatics Coordinator</u> Contee Harris</p> <p>Schedule is subject to change.</p>	<p><u>Hartman Indoor Track Walkers</u> 6:00am-8:00am</p> <p>Dance Into Shape 10:00am-11:00am Outside Tennis Court</p> <p>Lap Swim Must Call the Day of To Reserve A LANE</p> <p>After School Program 3:00pm-5:00pm Must Register</p> <p>Naza 4:00pm-5:00pm Zoom</p> <p>Zumba W/ Alexandria 6:00pm-7:00pm \$</p> <p>Adult Open Gym Basketball 6:00pm-7:00pm</p> <p>Rule of 8 Must Bring Your own Basketball Mask Required</p>	<p><u>Hartman Indoor Track Walkers</u> 6:00am-8:00am</p> <p>Aerobic Belly Dance W/ Felissa 8:30am-9:30am \$</p> <p>Lap Swim Must Call the Day of To Reserve A Lane</p> <p>After School Program 3:00pm-5:00pm Must Register</p> <p>Naza 4:00pm-5:00pm Zoom</p> <p>Zumba W/ Felissa 6:00pm-7:00pm \$</p> <p>Adult Open Gym Basketball 6:00pm-7:00pm</p> <p>Rule Of 8 Must Bring Your own Basketball Mask Required</p>	<p><u>Hartman Indoor Track Walkers</u> 6:00am-8:00am</p> <p>Dance Into Shape 10:00am-11:00am Outside Tennis Court</p> <p>Lap Swim Must Call the Day of To Reserve A Lane</p> <p>After School Program 3:00pm-5:00pm Must Register</p> <p>Naza 4:00pm-5:00pm Zoom</p> <p>Zumba W/ Alexandria 6:00pm-7:00pm \$</p> <p>Adult Open Gym Basketball 6:00pm-7:00pm</p> <p>Rule Of 8 Must Bring Your own Basketball Mask Required</p>	<p><u>Hartman Indoor Track Walkers</u> 6:00am-8:00am</p> <p>Aerobic Belly Dance w/ Felissa 8:30am-9:30am \$ Lap Swim Must Call the Day of To Reserve A Lane</p> <p>After School Program 3:00pm-5:00pm Muster Register</p> <p>Naza 4:00pm-5:00pm Zoom</p> <p>Adult Open Gym Basketball 6:00pm-7:00pm</p> <p>Rule Of 8 Must Bring Your own Basketball Mask Required</p>	<p><u>Hartman Indoor Track Walkers</u> 6:00am-8:00am</p> <p>Senior Body Pump 9:00a.m.-10:00a.m OUTSIDE TENNIS COURT</p> <p>Dance into Shape 10:00am-11:00am OUTSIDE TENNIS COURT</p> <p>After School Program Ages 6-14 MUST REGISTER</p> <p>6:20pm-7:15pm Family Open Gym BASKETBALL RULE OF 8 MUST BRING YOUR own BASKETBALL</p> <p>Covid-19 Fitness Relief w/Michael 5:15pm-6:15pm \$</p> <p> Find us on Facebook</p> <p>@ Hartman Park Regional Center</p>	<p>Open Gym Basketball 8:45am-11:15am</p> <p>Face Mask Required</p> <p>Membership Fees:</p> <p>Daily Pass (Fitness Center) Adult \$4.00</p> <p>Youth and Senior \$1.50</p> <p>10 Visit Pass (Fitness Center) Adult \$20.00 Youth And Senior \$10.00 Monthly Pass Adult \$30.00 Youth and Seniors \$10.00</p> <p></p> <p>Revised 3/2021</p>