# Smith Springs Regional Community Center

2801 Smith Springs Road, Nashville, TN 37217, 615-862-8420 | Fitness & Aquatics

<table>
<thead>
<tr>
<th>Monday Hours: 6:00am-8:30pm</th>
<th>Tuesday Hours: 6:00am-8:30pm</th>
<th>Wednesday Hours: 6:00am-8:30pm</th>
<th>Thursday Hours: 6:00am-8:30pm</th>
<th>Friday Hours: 6:00am-7:30pm</th>
<th>Saturday Hours: 8:00am-12:00pm</th>
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</thead>
<tbody>
<tr>
<td><strong>Summer 2020 Program Schedule</strong></td>
<td><strong>Amended Phase III Re-Open</strong></td>
<td><strong>Facility Manager</strong> Barbara Manuel</td>
<td><strong>Program Coordinator</strong> Reginald Robinson</td>
<td><strong>Aquatic Coordinator</strong> Sabrina Williams</td>
<td><strong>Recreation Staff</strong> Briana Morrow, Fiorella Palomino, Lakhalon Holland, Darlene Payton, Marquette Knight, Aliya Justice, Tim Lusk, Tamia Boyce</td>
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<td><strong>Instructors</strong> Jeff Cordes, Sandy Cunningham, Miranda Guerra</td>
<td><strong>(*) Lifeguard</strong></td>
<td><strong>Fitness Classes ($)</strong></td>
<td><strong>Aquatics Youth Programs</strong></td>
<td><strong>Virtual Summer Camp Registration:</strong> <a href="https://www.nashville.gov/Parks-and-Recreation/Community-Centers-and-Recreation/Summer-Virtual-Program-Registration.aspx">https://www.nashville.gov/Parks-and-Recreation/Community-Centers-and-Recreation/Summer-Virtual-Program-Registration.aspx</a></td>
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<td><strong>Reservation Times:</strong> 7:30am, 9:00am, 12:00pm, 1:30pm &amp; 5:30pm</td>
<td><strong>Reservation Times:</strong> 6:30am, 8:00am, 12:30pm, 5:00pm &amp; 6:30pm</td>
<td><strong>Virtual Summer Camp (Registration Required)</strong></td>
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<td><strong>6:00am – 8:15pm Fitness Center ($)</strong></td>
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<td><strong>9:00am – 10:00am Zumba ($) w/Sandy</strong></td>
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<td>*<em>6:00am – 8:15pm <em>Indoor Track</em></em></td>
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<td>*<em>9:00am – 10:15am <em>Indoor Track</em></em></td>
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<td><strong>9:00am – 2:00pm Grab &amp; Go Breakfast &amp; Lunch (Youth 18 &amp; Under)</strong></td>
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<td><strong>5:30pm – 6:30pm Zumba ($) w/Jeff</strong></td>
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- Masks must be worn to enter the facility and temperature taken upon entrance. Anyone with a temperature of 100.4 degrees or higher will be asked to leave the building.
- *Adult Lap Swim – Please call a day in advance to reserve a spot. 45-minute swim time and 15 minutes to dry off. Only 2 swimmers per time slot.
- *Fitness Center – 12 people max capacity, 1-hour time limit.
- *Indoor Track – 8 people max capacity.
- *Fitness Classes – 15 people max capacity.
- Open Gym Activities temporarily cancelled.
- Staff preps building for closing at 8:15pm Monday-Thursday, 7:15pm Fridays, and 11:45am Saturdays.
- Virtual Summer Camp Registration: [https://www.nashville.gov/Parks-and-Recreation/Community-Centers-and-Recreation/Summer-Virtual-Program-Registration.aspx](https://www.nashville.gov/Parks-and-Recreation/Community-Centers-and-Recreation/Summer-Virtual-Program-Registration.aspx)

**New Fitness Class Fee**
(Effective July 1, 2020)
$4.00
**10 Pass Fit Card**
$40.00
**Senior 62 and up ($)** – Paid Classes