



Classical Ballet Training

STUDENTS EXPERIENCE THE BEAUTY AND DISCIPLINE OF CLASSICAL BALLET IN A COHESIVE PROGRAM OF STUDY THAT GIVES STUDENTS A SOLID TECHNICAL FOUNDATION, DEVELOPS THEIR ARTISTRY, AND PREPARES THEM FOR PERFORMANCE IN A PROFESSIONAL SETTING.

Classes and levels are cumulative and build on skills learned and mastered from year to year. Students are strongly encouraged to study for the full year. Consistent training is a key ingredient for a dancer's success!

Register

Pre-Ballet / 6-7 yrs

Day	Time	Location	Session Dates	Fee	Instructor
Mondays	4:15-5 pm	Sevier	Sep 14-Nov 16	\$80	Michal Harvey
Wednesdays	4:15-5 pm	CPAS	Sep 16-Nov 18	\$72	Kari Gregg

Ballet: Beginning 1 / 7-8 yrs

Day	Time	Location	Session Dates	Fee	Instructor
Mondays	5:15-6:15 pm	Sevier	Sep 14-Nov 16	\$80	Michal Harvey
Tuesdays	4:15-5:15 pm	CPAS	Sep 15-Nov 17	\$80	Daniella Parisot

Ballet: Beginning 2 / 8-9 yrs

Day	Time	Location	Session Dates	Fee	Instructor
Tue/Thu	5:30-6:30 pm	CPAS <i>(Hybrid available)</i>	Sep 15-Nov 19	\$160	Daniella Parisot

Ballet: Beginning 3 / 9-10 yrs

Day	Time	Location	Session Dates	Fee	Instructor
Mon/Wed	5:15-6:15 pm	CPAS <i>(Hybrid available)</i>	Aug 17-Nov 18	\$225	Kari Gregg

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Ballet: Intermediate 1 / 10-11 yrs

Day	Time	Location	Session Dates	Fee	Instructor
Tue/Thu	4:30-6 pm	CPAS <i>(Hybrid available)</i>	Aug 18-Nov 19	\$240	Christen Heilman

Ballet: Intermediate 2 / 11-12 yrs

Day	Time	Location	Session Dates	Fee	Instructor
Tue/Thu	6:15-7:45 pm	CPAS <i>(Hybrid available)</i>	Aug 18-Nov 19	\$240	Christen Heilman (Tue) Carly Hill (Thu)

Ballet: Intermediate 3 / 12-14 yrs

Day	Time	Location	Session Dates	Fee	Instructor
Mon/Wed/Fri	4:30-6 pm	CPAS <i>(Hybrid available)</i>	Aug 17-Nov 20	\$300	Christen Heilman

Ballet: Advanced 1 / 12-15 yrs

Day	Time	Location	Session Dates	Fee	Instructor
<i>Required Schedule:</i>					
Mon/Wed	6:15-8:15 pm	CPAS	Aug 17-Nov 21	\$330	Carly Hill (Mon/Wed)
Fridays	4:15-6:15 pm	<i>(Hybrid available)</i>			Katie Eliason (Fri/Sat)
Saturdays	10-11 am				

Optional Add-ons:

Progressing Ballet Technique

Saturdays	11 am-12 pm	CPAS <i>(Hybrid available)</i>	Aug 22-Nov 21	Add \$70	Kari Gregg
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Ballet: Advanced 2 / 13-18 yrs

Day	Time	Location	Session Dates	Fee	Instructor
<i>Required Schedule:</i>					
Ballet					
Mon/Thu	6:15-8:15 pm	CPAS	Aug 17-Nov 21	\$380	Katie Eliason
Tuesdays	4-6 pm	<i>(Hybrid available)</i>			(Mon/Tue/Thu)
Saturdays	11 am-12:30 pm				Andrea Greene (Sat)

Contemporary

Wednesdays	5:45-7:15 pm				Emma Morrison
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Optional Add-ons:

Ballet

Wednesdays	4-5:30 pm		Aug 19-Nov 18	Add \$70	Andrea Greene
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Progressing Ballet Technique

Saturdays	10-11 am		Aug 22-Nov 21	Add \$70	Kari Gregg
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Ballet: Advanced 3 / 14-18 yrs

Day	Time	Location	Session Dates	Fee	Instructor
<i>Required Schedule:</i>					
Ballet					
Mon/Thu	4-6 pm	CPAS	Aug 17-Nov 21	\$380	Katie Eliason
Tuesdays	6:15-8:15 pm	<i>(Hybrid available)</i>			(Mon/Tue/Thu/Sat)
Saturdays	11 am-12:30 pm				

Contemporary

Wednesdays	5:45-7:15 pm				Emma Morrison
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Optional Add-ons:

Ballet

Wednesdays	4-5:30 pm		Aug 19-Nov 18	Add \$70	Andrea Greene
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Progressing Ballet Technique

Saturdays	10-11 am		Aug 22-Nov 21	Add \$70	Kari Gregg
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CLASS PRE-REQUISITES

No experience necessary for Pre-Ballet / 6-7 yrs or for 8 yr olds signing up for the fall session of Ballet: Beginning I / 7-8 yrs. For higher levels, students must have completed at least one full year of the previous level (or equivalent) before advancing. Placement for current students is determined by instructor recommendation.

NEW / TRANSFER STUDENTS

New students beyond Pre-Ballet, or transfer students hoping to join the Winter/Spring session must email the Dance Division Supervisor at kathryn.wilkening@nashville.gov to schedule a placement class. Returning students should reference their placement evaluation before registering.

AGE REQUIREMENTS

Students must be the minimum age by August 15, 2020 for both Fall 2020 and Winter/Spring 2021 classes.

PERFORMANCE ELIGIBILITY

Students are eligible to perform in the **Mini-Nutcracker** when they are 9 years old and in Ballet: Beginning III or higher and have completed the previous spring semester of training with the Metro Parks Dance Division. Fall transfer students who meet the age and level requirements are invited to understudy. Students in Centennial Youth Ballet (Advanced I, II, + III) are also eligible to perform in the **Annual Spring Dance Concert** after having completed the previous fall semester. Students must attend all required classes in order to perform.

CLASS LOCATIONS*

Centennial Performing Arts Studios (**CPAS**)
211 27th Ave North, Centennial Park

Sevier Park Community Center (**Sevier**)
3021 Lealand Lane

*Classes will meet online via Zoom until Phase 4 at the earliest. When we get the permission to hold classes in the dance studios again, the Dance Supervisor will send out the most current health and safety protocols including wearing a mask, social distancing (at 10 feet), and limited class sizes. For classes marked "Hybrid", we will have an online option available for students who choose to stay home and take class through Zoom.

DRESS CODE

Click "DRESS CODE" for information on dress code requirements for each class.

HAIR REQUIREMENTS

For all ballet classes, hair should be in a bun if length and texture allows. Otherwise, hair should be secured to head and away from the face.

HOLIDAYS

Classes DO NOT meet on Labor Day (Sep 7) or Veterans' Day (Nov 11). Classes DO meet during MNPS Fall Break.

SCHOLARSHIPS

Scholarships are available through Friends of Metro Dance for tuition, dress code requirements, and equipment. [LEARN MORE & DOWNLOAD APPLICATION](#)

Questions? E-mail kathryn.wilkening@nashville.gov or Call 615.862.8439

dance.nashville.gov

  @MetroDanceNashville