



Beaman Park Nature Center

November & December 2018

Program Schedule



Recurring Events

Yoga at Beaman



Saturday, Nov 3 & 17
and Dec 1 & 15
9:30-10:45 A.M.
Age level: Adults
Cost: \$8 per person

Enjoy your downward facing dog outside in the beautiful serenity of Paradise Ridge with yoga instructor Robin Haynes. Rain or shine, you'll enjoy your workout on our lovely covered deck.

November To register for programs, please call 862-8580

Witch-Hazel Walk



Thursday, Nov. 1
9:00-11:00 A.M.
Adult, 13+
Call to register

Let's see if any witches linger in the woods. We will search for Witch-Hazel in flower, Witches-broom, and other unusual plants.
Leader: LinnAnn Welch

Proctor Barn Dedication



Saturday, November 10
12:00-2:00 P.M.
All ages
Call to register

Our beloved barn is restored, retaining its original character and essence of the past. Join us for refreshments, live music, and an up-close look at the Proctor Barn.

Night Hike



Tuesday, November 13
5:00-7:00 P.M.
All ages
Call to register

Let the moon be our guide as we hike the trails of Beaman Park at night.
Leader: Jon Dodson

Guided Nature Hike



Friday, November 16
10:00 – 11:30 A.M.
Age level: All ages
Call to register

Late fall is a great time to experience Beaman Park. Join us for a 2 mile hike down the Sedge Hill Trail and along Henry Hollow Creek as we enjoy the beauty of nature.
Leader: Kevin Sykes

Emerald Ash Borer



Saturday, November 17
10:00-11:00 A.M.
All ages
Call to register

Ash alert! Ash trees are in danger across the country as the Emerald Ash Borer moves throughout the east and now into Davidson County. Learn all you need to know about identification and what to do for your trees. Leader: Kathi Fortenberry

Scavenger Hunt Hike



Friday, November 30
9:30-11:00 A.M.
Age level: All ages
Call to register

Can you spot the leaf that's shaped like a heart? Do you hear the call of the woodpecker? We will hike the trails, and search for all of the nature sights and sounds on our Scavenger Hunt Checklists.
Leader: Kevin Sykes



For assistance or accommodation, please contact the Beaman Park Nature Center: (615) 862-8580

Beaman Park is open 7 days a week from dawn until dusk
Check out programs at the other Metro Parks Nature Centers too.
www.nashville.gov/parks/nature



Beaman Park Nature Center Program Schedule

November and December To register for programs, please call 862-8580

Yoga at Beaman



Saturday, Dec 1 & 15
9:30-10:45 A.M.
Age level: Adults
Cost: \$8 per person
Call to register

Enjoy your downward facing dog outside in the beautiful serenity of Paradise Ridge with yoga instructor Robin Haynes. Rain or shine, you'll enjoy your workout on our lovely covered deck.

Toddler Time



Thursday, December 6
11:00 A.M - noon
Age level: All ages
Call to register

It is important to introduce children to nature. Meet at the nature center. Programs will be educational and fun with a snack afterward. Please dress for weather. Ages 2-5. Leader: Kathi Fortenberry & staff.

Banjo by the Fire



Saturday, December 8
1:00-2:00 P.M.
Age level: All ages
Call to register

Come learn about the banjo and its history! Listen to a variety of old tunes as we warm up with a nice bonfire. The program will be either inside or outside depending on weather.
Leader: Kevin Sykes

Night Hike



Wednesday, Dec. 12
5:00-7:00 P.M.
Age level: all ages
Call to register

The moon is bright and the trails beckon. We'll hike the Henry Hollow Loop trail to enjoy the magic and mystery of the woods at night.
Leader: Jon Dodson

Evergreen Beaman



Thursday, December 13
9:00-10:00 A.M.
Age level: Adult, 13+
Call to register

The trees are bare, but there are still spots of green throughout the park. Take a hike to learn about our evergreen plants. We'll also look at winter trees.
Leader: LinnAnn Welch

Guided Nature Hike



Friday, December 21
10:00 – 11:30 A.M.
Age level: All ages
Call to register

Enjoy winter in Beaman Park. Join us for a 2 mile hike down the Sedge Hill Trail and along Henry Hollow Creek as we enjoy the beauty of nature.
Leader: Kevin Sykes

Holiday Open House



Friday, December 21
5:00-7:30 P.M.
Age level: All ages
Call to register

To celebrate the season, the center will be open, music will be available, and the boardwalk trail will be lit to enjoy winter at Beaman Park.
Leader: Chris Guerin and LinnAnn Welch

Beaman Park Nature Center
5911 Old Hickory Blvd
Ashland City, TN 37015
(615) 862-8580
beamanpark@nashville.gov

Tuesday- Friday: 12–4 P.M.
Saturday: 9A.M–4 P.M.
and by appointment
Please visit us on Facebook

For Safety and Security Needs Contact:

Park Police Office: 615-880-3429

Non life-threatening emergencies: 615-862-8600 Life-threatening emergencies: 911

