

# Beaman Park Nature Center March and April 2019 Program Schedule



## Recurring Events in March & April

### Yoga at Beaman



Saturday March 9 & 23  
Saturday April 6 & 13  
9:30 – 10:45 A.M.  
Cost: \$10 per person; Adults  
Call to register

Enjoy your downward facing dog outside in the beautiful serenity of Paradise Ridge with yoga instructor Robin Haynes. Rain or shine, you'll enjoy your workout on our lovely covered deck.

### March

To register for programs, please call 862-8580

### Hepatica Hunt & Foliage Hike



Thursday, March 7  
8:30-10:30 A.M.  
Age level: All ages  
Call to register

Our friends are back, but not for long! Let's look for early spring wildflowers and the foliage of others that will bloom in the upcoming months.  
Leader: LinnAnn Welch

### Night Hike



Wednesday, March 13  
6:30-8:30 P.M.  
Age level: All ages  
Call to register.

The moon is bright and the trail beckons. We'll hike the Henry Hollow Loop Trail and enjoy the magic and mystery of Beaman Park in the dark.  
Leader: Jon Dodson

### Guided Nature Hike



Friday, March 15  
9:30-11:00 A.M.  
Age level: All ages  
Call to register.

Join us for a morning hike down the Sedge Hill Trail and along Henry Hollow Creek as we enjoy the beauty of nature. This hike is an easy to moderate difficulty level, about 2 miles, and appropriate for all ages.  
Leader: Kevin Sykes

### Strategy Board Games



Saturday, March 16  
1:00-3:00 P.M.  
Age level: 10+  
Call to register

Board gaming is more than just Monopoly and Scrabble. Come learn and play fun strategy board games like Carcassonne, Dominion, Settlers of Catan, and more. We will make hot cocoa and maybe even have a fire going! Leader: Kevin Sykes

### Meet The Banjo



Friday, March 22  
10:00-11:00A.M.  
Age level: All ages  
Call to register.

Join us at Beaman Park to learn about the banjo. Kevin Sykes will play some tunes and tell us about the contributions of this important instrument. Kids welcome!

### Welcome Back Waterthrush!



Saturday, March 23  
9:00-1100 A.M.  
Age level Adult, 13+  
Call to register

Barbara Harris, member of Nashville Chapter of Tennessee Ornithological Society, will look for the first waterthrushes of the season and other spring migratory birds,

### Proctor Barn Open House



Saturday, March 30  
Noon-2:00 P.M.  
Age level: All ages  
Call to register

The Proctor Barn, an early 1900's Gambrel style barn, was recently restored. The Friends of Beaman Park will have the barn open for tours and discussion with the former owner and those involved. Drop in any time during the open house.

For assistance or accommodation, please contact the Beaman Park Nature Center: (615) 862-8580



Beaman Park is open 7 days a week from dawn until dusk  
Check out programs at the other Metro Parks Nature Centers too.  
[www.nashville.gov/parks/nature](http://www.nashville.gov/parks/nature)



# Beaman Park Nature Center **March and April**

To register for programs, please call (615) 862-8580



## **Wildflower Weekend and the Nature Center's 10th Anniversary!**

Beaman Park Nature Center opened 10 years ago this week. Help us celebrate by joining us for activities celebrating wildflowers. If you have photos from visits of years past, please share with us via email or stop by the center.

**History of Beaman Park and Friends Group** Friday, April 19, 10:00-11:30 A.M. Nancy Dorman and others formed Beaman Park's Friends group over 20 years ago. Join her for a leisurely hike along some of the trails to reminisce about the past & hear about how it all began.

**Wildflower Hike** Friday April 19, 11:30 A.M.-1:00 P.M.. Join park naturalist Kevin Sykes for a nature hike focusing on wildflowers but also touching on local history topics.

**Night Hike** Friday, April 19, 7:30-9:00 PM. Leave your flashlight in your pocket and bring your night vision as we take advantage of the beauty of Beaman in the dark. Beaman Park comes alive at night! Leader: Chris Guerin

**Emerald Ash Borer Management** Saturday, April 20, 9:00-10:00 A.M. Ash alert! This exotic insect threatens our park forest and all of Middle Tennessee as it moves from county to county. Learn identification and management techniques. Leader: Kathi Fortenberry

**Wildflower, Plant, & Ecology Hike** Saturday, April 20, 10:00 A.M. - Noon - The park is a state natural area with rare plants and diverse ecology. Roger McCoy of TDEC's Natural Heritage Program discusses what makes Beaman special on this hike. Meet at Creekside Parking Lot.

**Wild Food Display** Saturday, April 20, 11:00 A.M.-1 P.M. Naturalist and wild edibles specialist Sharen Bracy will display a selection of wild nibbles and talk on how to prepare them.

**Nature and History Hike** Saturday, April 20, 11:30 A.M.-1:00P.M. Sandy Bivens came up with the idea of the Nature Center years before its construction. Come meet her and learn about Beaman Park's natural features as well as the history of Metro Nashville's Nature Centers.

**Wildflower and Plant Use Hike** Saturday, April 20, 1:00-3:00P.M. Wildflower enthusiast and long-time park supporter Tom Salter leads this hike to see uncommon flowers not usually seen along the trails. He will also cover the uses of more common plants.

**Programs above for all ages and most begin at the nature center.**

**Wildflower weekend is sponsored by Friends of Beaman Park.**

**Program space is limited. Please call to register and reserve a spot.**

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### **Nashville City Nature Challenge**

Saturday, April 27  
8:00 A.M.-noon  
Age level: All ages  
Call to register

Biodiversity is everywhere, even in thriving cities. Because a few scientists can't catalog all the plants and animals, we need YOU to be a citizen scientist to document nature in your backyard, schoolyard, or local park. During April 26-29, snap a photo and upload your nature observations to iNaturalist. Visit the park on April 27 to help staff document as many species as possible. Coordinators: Cumberland River Compact & Metro Parks Nature Centers.

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Beaman Park Nature Center  
5911 Old Hickory Blvd  
Ashland City, TN 37015 (615) 862-8580  
beamanpark@nashville.gov

Tuesday-Friday: 12-4 P.M.  
Saturday: 9A.M-4 P.M.  
and by appointment  
Please visit us on Facebook



### **For Safety and Security Needs Contact:**

**Park Police Office: 615-880-3429**

**Non life-threatening emergencies: 615-862-8600 Life-threatening emergencies: 911**