



Bells Bend Outdoor Center

4187 Old Hickory Blvd.

Nashville, TN 37218

(615) 862-4187

bellsbend@nashville.gov

Tuesday-Friday: 12-4pm

Saturday: 9am-4pm

and by appointment

Please join us on Facebook

Bells Bend Park is open 7 days a week from
dawn until dusk



November & December 2018 Programs

Bringing the Outside In

Saturday, November 3

10:00am-12:00pm

Cost: \$25

Age level: Adults

Register at

wovenwonder.com

An adult workshop on bringing more nature into your classroom or home through loose parts, seasonal movement circles, nature art and the outdoor classroom. We will also create wet felted acorns to add to your nature collection. Perfect for parents, grandparents, and educators.

Leader: Helen Nonn

Family Camp Night



Friday, November 9

Arrive at 4:00pm

Break camp at 11:00am

Saturday, November 10

Age level: All ages

Bring your family and enjoy camping at Bells Bend Park. Spend the night at our campground for the unique experience of Bells Bend after dark. Bring your own equipment.

Leader: Chris Guerin

Bells Bend Night Hike



Friday, November 9

6:30-8:00pm

Age level: All ages

Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.

Leader: Chris Guerin

Night Ride on the Mountain Bike Trails at Bells Bend



Friday, November 16

6:30-8:00pm

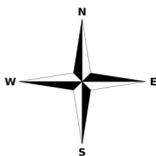
Age level: Adults, 13+

Call to register

Join us for a night ride on the Bells Bend Mountain Bike Trails. Bring your own bike lights. We will leave from the Poplar Creek Trailhead at 6:30pm and ride for ~ 90 minutes. All skill levels are welcome. Ride will be cancelled if the trail is closed due to rain.

Leader: Chris Guerin

Geocaching 101



Saturday, November 17

9:00-10:00am

Age level: All ages

Call to register

Geocaching is a treasure hunting game using GPS coordinates to find hidden caches in the park (and elsewhere). After this class you will be able to program your GPS unit and enjoy the fun game of geocaching.

Leaders: Chris Guerin



For assistance or accommodation, please contact the Bells Bend Outdoor Center, 615-862-4187.

Please call to register, 615-862-4187.

November & December 2018 Programs



Emerald Ash Borer Beaman Park Nature Center

Saturday, November 17
10:00-11:00am

Ash alert! Ash trees are in danger across the country as the Emerald Ash Borer moves throughout the east and now into Davidson County. Learn all you need to know about identification and what to do for your trees.

Leader: Kathi Fortenberry

Animal Tracks



Saturday, December 1
9:00-10:00am
Age level: 6-10 years
Call to register

Learn how to find and follow animal tracks. We will also learn about animal habitats. Put on your hiking boots and we'll hit the trail.
Leader: Chris Guerin

Bells Bend Night Hike



Friday, December 7
6:30-8:00pm
Age level: All ages
Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.
Leader: Chris Guerin

NTOS Christmas Bird Count



Saturday, December 15
8:30am
Age level: Adults, 13+
Call to register

Join the Nashville Chapter of the Tennessee Ornithological Society for the annual counting of winter birds.
Leaders: NTOS

Green Facts

- Google rents goats to do its mowing.**
Rather than use gasoline-guzzling, noisy mowers at its Mountain View, CA headquarters, Google has been known to keep its lawn coiffed with rent-a-goats.
- Brass doorknobs disinfect themselves.**
It's called the oligodynamic effect: The ions in the metal have a toxic effect on spores, fungi, viruses, and other germs, eliminating the nasties within eight hours.
- Swedes and Danes use dead bodies to heat their homes.**
It's an idea that makes a lot of sense when you think it through. Crematoriums heat up to 2,000 degrees, which is a lot of energy that was going to waste until someone got the bright idea to pump that heat into local energy companies, where it's used to warm homes.

Green Facts by: www.houselogic.com

Please call to register: 615-862-4187

Check out programs at other Metro Parks Nature Centers, too.

For Safety and Security Needs Contact:

Park Police Office: 615-880-3429

Non life-threatening emergencies: 615-862-8600 Life-threatening Emergencies: 911

