



## Bells Bend Outdoor Center

4187 Old Hickory Blvd.  
Nashville, TN 37218  
(615) 862-4187

[bellsbend@nashville.gov](mailto:bellsbend@nashville.gov)  
Tuesday-Friday: 12-4pm  
Saturday: 9am-4pm  
and by appointment  
Please join us on Facebook

Bells Bend Park is open 7 days a week from  
dawn until dusk



## July & August 2019 Programs

### Star Party



Friday, July 5  
9:00pm-11:00pm  
Age level: All ages  
Call to register

Free Public Star Party! BSAS Members bring and set up telescopes so everyone can enjoy the view. You do not need to own a telescope or be a member. Join us an enchanted evening under the stars. This is the summer of planets, with Venus early, then Jupiter and Saturn, then rising late, Mars! Hope for good weather, but we are prepared for an indoor presentation, if needed.

### Night Mountain Bike Ride at Bells Bend



Friday, July 12  
8:00pm-9:30pm  
Age level: All ages  
Call to register

Join us for a night ride on the Bells Bend Mountain Bike Trails. Bring your own bike lights. We will leave from the Poplar Creek Trailhead at 8:00pm and ride for ~ 90 minutes. All skill levels are welcome. Ride will be cancelled if the trail is closed due to rain.  
Leader: Chris Guerin

### Geocaching 101



Saturday, July 13  
1:00pm-2:00pm  
Age level: All ages  
Call to register

Geocaching is a treasure hunting game using GPS coordinates to find hidden caches in the park (and elsewhere). After this class you will be able to program your GPS unit and enjoy the fun game of geocaching.  
Leader: Ronnie Douglas

### Archery



Saturday, July 20  
**\*\* (2 sessions) \*\***  
9:30am-11:30am  
12:30pm-2:30pm  
Age level: 6+ years  
Call to register

Learn the basics of archery including: safety, gear, and general principles. Bring your own equipment (up to 30 pounds of pull) or use ours.  
Leaders: Chris Guerin, Krista Allen, Megan Ohler

### Bells Bend Night Hike



Friday, July 26  
8:00pm-9:30pm  
Age level: All ages  
Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.  
Leader: Megan Ohler & Staff

### Emerald Ash Borer Bells Bend Outdoor Center



Saturday, July 27  
10:00am-11:00am  
Age level: All ages  
Call to register

Ash alert! Ash trees are in danger across the country as the Emerald Ash Borer moves throughout the east and now into Davidson County. Learn all you need to know about identification and what to do for your trees.  
Leader: Kathi Fortenberry



For assistance or accommodation, please contact the Bells Bend Outdoor Center, 615-862-4187.

**Please call to register, 615-862-4187.**

# July & August 2019 Programs

## Hummingbirds



Some Wednesdays  
8:30am-10:00am  
Age level: All ages  
Call to register

Stop by any time during our bird banding hours to learn about hummingbirds, how to feed them, and see them up close. Contact the office to confirm the dates.  
Leader: Kathy Shaw

## Bells Bend Night Hike



Friday, August 9  
8:30pm-9:30pm  
Age level: All ages  
Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.  
Leader: Chris Guerin

## Pioneer Games



Saturday, August 10  
10:30-11:30am  
Age level: 6-12 years  
Call to register

Pioneer children had simple toys and games made out of anything available. Join us and learn some of these fascinating traditions.  
Leader: Ronnie Douglas

## Night Mountain Bike Ride at Cedar Hill



Friday, August 16  
7:30pm-9:00pm  
Age level: 10+  
Call to register  
Address:  
860 Old Hickory Blvd.  
Madison, TN

Join us for a night ride at the Cedar Hill Park Mountain Bike Trails. These trails are best suited for riders with intermediate skills. Bring your own bike lights. Ride will be cancelled if the trail is closed due to rain.  
Leader: Chris Guerin

## Tracing Our Pathway



Friday, August 23  
6:00pm-7:30pm  
Age level: All ages  
Call to register

What makes this horseshoe bend in the Cumberland River so unique? Learn about the rich history and Heritage of Bells Bend, including the large Native American presence, European Settlement, Civil War, productive farm economy, Clees' Ferry, and more.  
Leader: Ronnie Douglas

## Emerald Ash Borer Bells Bend Outdoor Center



Saturday, August 24  
10:00am-11:00am  
Age level: All ages  
Call to register

Ash alert! Ash trees are in danger across the country as the Emerald Ash Borer moves throughout the east and now into Davidson County. Learn all you need to know about identification and what to do for your trees.  
Leader: Kathi Fortenberry

## Animal Tracks



Saturday, August 31  
10:00am-11:00am  
Age level: 6-10 years  
Call to register

Learn how to find and follow animal tracks and learn about animal habitats. Put on your hiking boots and we'll hit the trail.  
Leader: Ronnie Douglas

**Please call to register: 615-862-4187**

Check out programs at other Metro Parks Nature Centers, too.

**For Safety and Security Needs Contact:**

**Park Police Office: 615-880-3429**

**Non life-threatening emergencies: 615-862-8600 Life-threatening Emergencies: 911**

