



# Outdoor Nashville

## Metro Parks Spring 2020 Outdoor Recreation Activities

These activities offered by the Metro Parks Outdoor Recreation Program are ideal for beginners and families. Some activities may charge a small fee, and advance registration is required. Activities are offered throughout the year at various park locations across the city.

### **Metro Parks Outdoor Recreation Program**

Beaman Park 5911 Old Hickory Blvd. Ashland City, TN 37015

phone: 615-642-9745 email: [jonathan.dodson@nashville.gov](mailto:jonathan.dodson@nashville.gov)

website: <https://www.nashville.gov/Parks-and-Recreation/Outdoor-Recreation.aspx>



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## Metro Parks Spring 2020 Outdoor Recreation Activities

### Fly Fishing for Beginners

March 14, 2020  
11:00am-1:00pm  
Stones River  
Dam Trailhead

Age level: 12 & up  
Cost: None  
To register: email  
jon.dodson@nashville.gov

Have you wanted to try fly fishing but don't know where to start? Here's your chance. Beginner instruction on basics of fly fishing.

Instructors: John Michael Cassidy and Staff

### Kayak Clinic

March 27, 2020  
3:00pm-5:00pm  
Smith Springs  
C.C.

Age level: 18 & up  
Cost: \$15.00  
To register: email  
jon.dodson@nashville.gov

If you want to try out Kayaking in a controlled environment then this is the clinic for you. Basic safety and instruction. All equipment will be provided.

Instructor: Jon Dodson

### Outdoor Expo at Bells Bend O.C.

April 4, 2020  
All Day Event  
Bells Bend O.C.

Age level: All  
Cost: Free  
To register: No registration required.

Come join us for our annual Outdoor Expo. Lots of vendors and activities all day long. Fun to be had if you love the outdoors!

### Lytle Farm Hike

April 23,2020  
3:00pm-5:00pm  
Lytle Farm Property

Age level: 13&up  
Cost: none  
To register: email  
jon.dodson@nashville.gov

This is a new property being developed and we will hike about 3 miles and explore some of the interesting features. Email for more details.

Instructor: Jon Dodson

### Full moon Paddle

May 7, 2020  
6:00pm-8:00pm  
Cumberland R.  
or P. Priest Lake.

Age level: 13 & up  
Cost: \$25.00  
To register: email  
jon.dodson@nashville.gov

This is an easy beginner paddle that will begin at Shelby Park and end at the east bank downtown. Or if Water is too high we will move to Hamilton Ck on Percy Priest lake.

Instructors: Jon Dodson and John Michael Cassidy

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### Kayak Stones river

May 9, 2020  
11:00am-1:00pm  
Stones River  
Dam Trailhead

Age level: 13 & up  
Cost: \$25.00  
To register: email  
jon.dodson@nashville.gov

We will meet at the trailhead and run shuttle and do some instruction and the paddle a short section of the Stones River. Details will be given at time of registration. Instructors: John Michael Cassidy and Jon Dodson

### Indoor Climbing Wall at Bells Bend O.C.

May 15, 2020  
6:00pm-8:00pm  
Bells Bend O.C.

Age level: 13 & up  
Cost: None  
To register: email  
jon.dodson@nashville.gov

Want to try rock climbing in a controlled environment? Or just brush up on skills or get a good workout? Come join us. Instructors: Jon Dodson

### Percy Priest Lake Day

May 20, 2020  
11:00am-1:00pm  
Hamilton Ck. at  
Percy Priest Lk.

Age Level: 8 & up  
Cost: \$15.00  
To Register: email  
John.cassidy@nashville.gov

Meet us at Hamilton Creek Park on Percy Priest Lake for an introduction to one of our favorite paddling sites in Nashville! We will have an assortment of various boats that we offer for public/private group programs: Stand Up Paddleboards, Kayaks, and Canoes. No previous paddling experience is required.

### Mill Creek Paddle

May 23, 2020  
10:00am-2:00pm  
Mill Creek

Age level: 18 & up  
Cost: \$25.00  
To register: email  
jon.dodson@nashville.gov

This will be for experienced kayakers only. Will need to be able to control boat and re-enter in case of capsizing. Exact section will depend on water levels. Details will be made the week of.

Instructors: Jon Dodson and John Michael Cassidy

### Sunset Paddle

May 28, 2020  
5:30pm to dusk  
Cumberland River

Age level: 13 & up  
Cost: \$25.00  
To register: email  
jon.dodson@nashville.gov

One of our most popular paddles. We will meet at the East Bank downtown and run paddlers up to Shelby Park So you will return to your car after the paddle. All equipment provided.

Instructors: Jon Dodson and John Michael Cassidy

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Metro Parks Spring 2020 Outdoor Recreation Activities

Metro Parks does not discriminate on the basis of age, race, sex, color, national origin, religion or disability in admission to, or operations of its programs, services or activities. For accessibility concerns, please call 615-862-8400.

**Metropolitan Nashville Board of Parks and Recreation**

P.O. Box 196340 Nashville, TN 37219

Monique Odom, Parks Director

