

## TRAIL USE/RULES AND REGULATIONS

### HELP PROTECT THE WARNER PARKS

While Nashville's Warner Parks are a second home for many cyclists, hikers and runners, this beloved place is a first home for a diversity of native plants and animals. Responsible and ethical behavior protects habitat, reduces trail damage and ensures a safe and enjoyable experience for all who visit.

### VISITOR RESPONSIBILITIES

**PARK HOURS:** Dawn to 11 p.m.

### RULES OF THE TRAIL

- **Trails are for bicycles only**
- Consult the trail conditions sign at the entrance before embarking
- Helmets are required
- Stay on designated trails – shortcuts cause damage
- Follow all directional markers
- Bikes are not permitted on designated hiking and equestrian trails
- Put trash in receptacles
- Do not remove plants or disturb wildlife

### PROHIBITED

- Motorized vehicles and horses
- Hiking and trail running
- Pets
- Firearms and hunting
- Drugs and alcohol

### SAFETY

- **Mountain biking can be dangerous. Use the trails at your own risk**
- Enjoy the park with a friend
- Leave valuables at home
- Take car keys with you



### EMERGENCY

- In case of emergency: 911
- Park Police: (615) 880-3429
- Trailhead Address: 1221 Forrest Park Drive, Nashville, TN 37205

# WELCOME TO THE PERCY WARNER MOUNTAIN BIKE TRAILS



# Percy Warner Park

Metropolitan Board of Parks & Recreation