

Now that summertime is upon us and we are all (myself included) planning our vacations, family visits, or just going downtown to participate in some of the great events going on, I thought it would be a good time to remind everyone to be careful and think before you go and keep these safety tips in mind

In Nashville like in any big city there are some general safety tips I would recommend to anybody traveling to a city they are not familiar with or even in their own city.

Safety Tips

- Get a map of the city/downtown area where you are staying or visiting
- Know where you are going before you go and how to get back
- Don't walk down alleys
- Always use (well lit) sidewalks
- Carry a fully charged cell phone
- Have a self confident demeanor as you walk
- **Never** give money to panhandlers/homeless, instead give to a non-profit organization where you know how your gift will be used.
- Walk with someone or in a group
- If you think you are being followed or feel isolated go back – go back to where it is safe and/or there are other people, guards or a secure facility/location
- Wear supportive footwear (prevent injury or you have to run to safety)
- If you see a potential problem ahead or something that makes you uncomfortable -
AVOID IT
- Look around and be aware of your surroundings
- Don't carry large sums of cash on you (use travelers checks & use the safe in the room or at the front desk)
- Don't carry your social security card with you
- Don't carry all your credit cards with you (leave some in the room (room safe or front desk safe) or at home)
- Don't open your hotel/motel room door before you look to see who it is, if in doubt, **DON'T OPEN IT**
- **Park Smart** - Lock your vehicle, Secure you valuables, Take the keys with you
- **Shop Smart** - Never leave your purse unattended
- For Police Assistance in Nashville - **Non-Emergency 615-862-8600, Emergency 911**

If you need a map of downtown Nashville stop by Central Precinct and we will be glad to give you one. Central Precinct is located inside the Sommet Center at 501 Broadway Suite 300, phone number is 862-7611.

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