

Healthy Nashville Leadership Council

September 2, 2015
Lentz Public Health Center Board Room
1:00 – 1:45 pm
Minutes

Attendees

Absent

Ted Cornelius	Xyzeidria D. Ensley
Laurel Creech (Mayor's Office)	Elisa Friedman
Carol Etherington	Arthur Lee
John Harkey	Erica Mitchell
Nancy Lim (Chair)	Sandra Moore (Vice Chair)
Freida Outlaw	Brenda Morrow
Janie Parmley	Diane Neighbors
Bill Paul	Sheri Weiner
Marybeth Shinn	
Susanne Tropez-Sims	
Adam Will	
Renee Pratt (EO)	Tommy Lynch (EO)
Laura Hansen (EO)	Keith Stephens – Proxy for Mike Hagar (EO)
Anita McCaig (EO)	

Guests Present

Mayor Karl Dean
Kate Hyde
Elizabeth Zurick

Staff Present

Tracy Buck, MPHD
Paxton Montgomery, MPHD
Carol Cowart, MPHD
Tom Sharp, MPHD

Welcome

Nancy called the meeting to order and welcomed the Council and introduced Mayor Karl Dean. She thanked him for his dedication and leadership toward improving the health of the citizens of Davidson County during his two terms in office. He has been a strong leader and participant in community health improvement efforts throughout Nashville. The list of his accomplishments is extensive. His initiatives include the Mayor's Walks, various 5Ks, Field Day, Complete Streets, and the expansion of greenways to connect our neighbors and the community. In addition, he offered improved opportunities for physical activity and active transportation for residents and visitors by introducing B-Cycle, our community bike-share program, and bringing together the Workplace Challenge which encourages a healthy lifestyle for all of our working neighbors.

Mayor Dean

Mayor Dean greeted the Council and thanked the Healthy Nashville Leadership Council, all appointed volunteers, for its service. He stated that he appreciated their hard work. He admired the Council's commitment to health, which is a vital issue for Nashville. He tried to make the healthy choice the easy choice for all Nashvillians. The new Lentz building is a great example – making the stairs an attractive alternative to the elevators, the outside walking track, the fitness room on the second floor along with the inside walking track, and having the B-Cycles available for those looking for alternative transportation ideas. The Health

Healthy Nashville Leadership Council

Assessment (MAPP) has been very useful, reviewing the information on creating a healthier community. In addition to all this, the Council assisted in creating the Community Health Improvement Plan (CHIP), and conducting assessments for Health in All Policies (HiAP) for all the Metro departments. Mayor Dean said he was glad the Council accomplished all this important work and more. He offered a “thank you” to the entire team.

The Council thanked Mayor Dean for attending the September HNLC and for all his support over the last eight years.

Announcements

- Nancy read our Vision Statement aloud, reminding us of the important work we do.
- She presented Paxton Montgomery as the new CHIP coordinator.
- Anita McCaig from Metro Planning has joined the Healthy Nashville Leadership Council as an Ex Officio member.
- Carol Etherington representing the MPHD Board of Health has also joined the Council.
- Nancy will be moving to Maryland and reluctantly resigns her position as Chair of the HNLC. She has enjoyed her time with us and, when in town, will plan to attend any upcoming meetings.
- Freida Outlaw has agreed to step in as Chair and, during the next meeting, there will be a vote for Vice-Chair. Anyone interested, please contact either Paxton (Paxton.montgomery@nashville.gov) or Tracy (Tracy.buck@nashville.gov).
- Nancy thanked Laurel for all of her assistance over the past years.
- Laurel also thanked the team for all their hard work.
- Letters were sent to both mayoral candidates highlighting the work of the committee, explaining its role and responsibilities, as well as offering a summary of MAPP and CHIP. The letter requested that the new administration renew our Executive Order.
- Saint Thomas will have a medical mission called “Day of Hope, Health, and Healing” on September 26 from 8 am to 4 pm at the Municipal Auditorium. There are flyers available highlighting what will be offered during the event.
- Laurel announced that Mayor Dean’s Green Ribbon Committee, consisting of 18 appointed volunteers, issued their updated report showing that 93% of their ideas have been successfully implemented.
- Metro Public Works and the Bike and Pedestrian Advisory Committee will co-sponsor a webinar on Vision Zero, which supports the idea that we should no longer accept traffic deaths and serious injuries on our city streets. This webinar will be on September 16th.
- The YMCA is one of five cities selected to test pilot a program called Healthy Weight and Your Child, concentrating on children in the 90th percentile of BMI. There is funding and room for 60 families to participate.
- Bill announced that Robert Wood Johnson has shifted their focus and is now about the culture of health. One project will use measures and indicators to monitor progress in counties that will serve as sentinels communities around the country. Nashville has been selected to be one of those cities.
- Bill has been invited to the Healthcare Leadership Retreat sponsored by the National Governors Association and the National Academy of Medicine.
- Nancy reminded the Council that the HNLC is open to the public and asked members to invite others that may be interested in our process.
- Also, the workgroups are open to anyone interested, not limited to those in the Council. That is why we included the Circles of Influence and Key Stakeholders as part of the CHIP work plans.

After achieving a quorum, the Council voted to approve July’s minutes.

Healthy Nashville Leadership Council

NashVitality News

The Health Department is working on streamlining its communication. The MPHD wants to see if it can reach out to stakeholders just once to distribute relevant information. Tracy asked the Council how many receive the NashVitality News, how many open it, read it, and share it? Is it coming too frequently? Is the information contained applicable to the work the HNLC is doing? If not, what needs to be included? The question was asked who else receives the NashVitality News with the idea that information regarding the Council could be included to expand its recognition within the community. Send Tracy any suggestions as to content.

CHIP

An update on the CHIP Workgroups was provided.

The workgroup chairs reported:

- Advance Health Equity-Ted Cornelius
 - Met on August 18th
 - They discussed the inclusionary zoning ordinance that centers on mixed use housing
 - They have invited someone from Planning to help them understand the ordinance in regards to mixed use housing
 - They agreed to bring in additional groups to discuss what is happening in Nashville
 - They will also invite someone from MDHA and NOAH
 - Ted also invited anyone else from the HNLC to join their group if they are interested – all are welcome
 - Will meet again on September 24th – 1:00 – 2:30pm at Lentz
 - October's meeting will be on the 22nd from 1:00 to 2:30pm.
- Support Mental & Emotional Health-Freida Outlaw
 - Met August 25th
 - Chose to focus on the objective of Domestic Violence
 - The 2016 Summit will focus on Adverse Childhood experiences
 - They discovered that several current reports from other organizations are available and have forwarded those to the team members
 - They are going to invite Diane Lance to attend; she works for the Mayor's office in relation to domestic violence in Nashville
 - Will meet twice a month until they are up and functioning
- Maximize Built & Natural Environments- John Harkey
 - Changed name to Active Transportation Working Group
 - Met on August 28th
 - Someone from Planning has joined the group
 - Some community activists will attend, as well as those from Walk Bike Nashville and Parks
 - Will recruit from Public Works and MTA
 - Will be meeting at the Parks headquarters
 - There are between 15-20 bike friendly businesses in Nashville and will invite one to come and explain what they do
 - Their big task is to get large employers to utilize more active transportation – what they are doing now and what are they willing to do?
 - They will meet the last Monday of each month

Paxton and Tracy will meet with department leads. By November, those leads will be able to report to the Council.

Healthy Nashville Leadership Council

Members were encouraged to sign up for a workgroup if they have not already. Workgroups will continue to meet at least monthly; the exact schedule will be determined by the workgroup members.

Notes

Nancy thanked the team for all their support and wished them continued success. She will be in Nashville until the end of December and attend additional meetings.

Laurel explained the steps involved when a new administration is elected.

- The new mayor will sign an Executive Order (EO) stating that all existing EOs will be extended for 90 days.
- During that period, the Mayor will investigate and determine which EOs will be continued and, if agreeable, can issue a new EO.
- The HNLC's Metro Council Representative will be appointed by the Vice-Mayor.
- All of the current members will remain, based on their terms until the new EO goes into effect.
- Laurel will complete a transition memo explaining everyone's membership terms for the new administration and Tracy will have a copy as well.
- Laurel will summarize all the work the Council has accomplished, showing how important this body is to the city.

Our next meeting will be November 4, 2015.

As all HNLC business had been completed, the meeting ended early. It was dismissed at 1:45pm.