



A weekly selection of issues and activities relevant to local planning in Nashville and Davidson County

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How walkable is your neighborhood?

Walkscore.com will tell you, based on how badly you need a car to live there. The site ranks Nashville as the 39th most walkable city, and the East End as our [most walkable neighborhood](#).

Locally-grown food, wherever you are

Transporting fresh food across the country - or the world - is not necessarily a sustainable approach; LocalHarvest.org provides information on local growers.

Getting rid of your old TV

You don't have to buy a new TV just because the stations are going digital, but a lot of people are - and [you shouldn't just throw the old one in the trash](#).

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The Metropolitan Planning Department publishes this weekly digest to inform members of the Planning Commission, Metropolitan Council, Board of Zoning Appeals, and other interested parties about planning and growth issues in other communities which could apply to the Nashville region. Particular attention is given to sustainable development, smart growth, multi-modal transportation, and other information which will help us build a sustainable future and a more livable city.