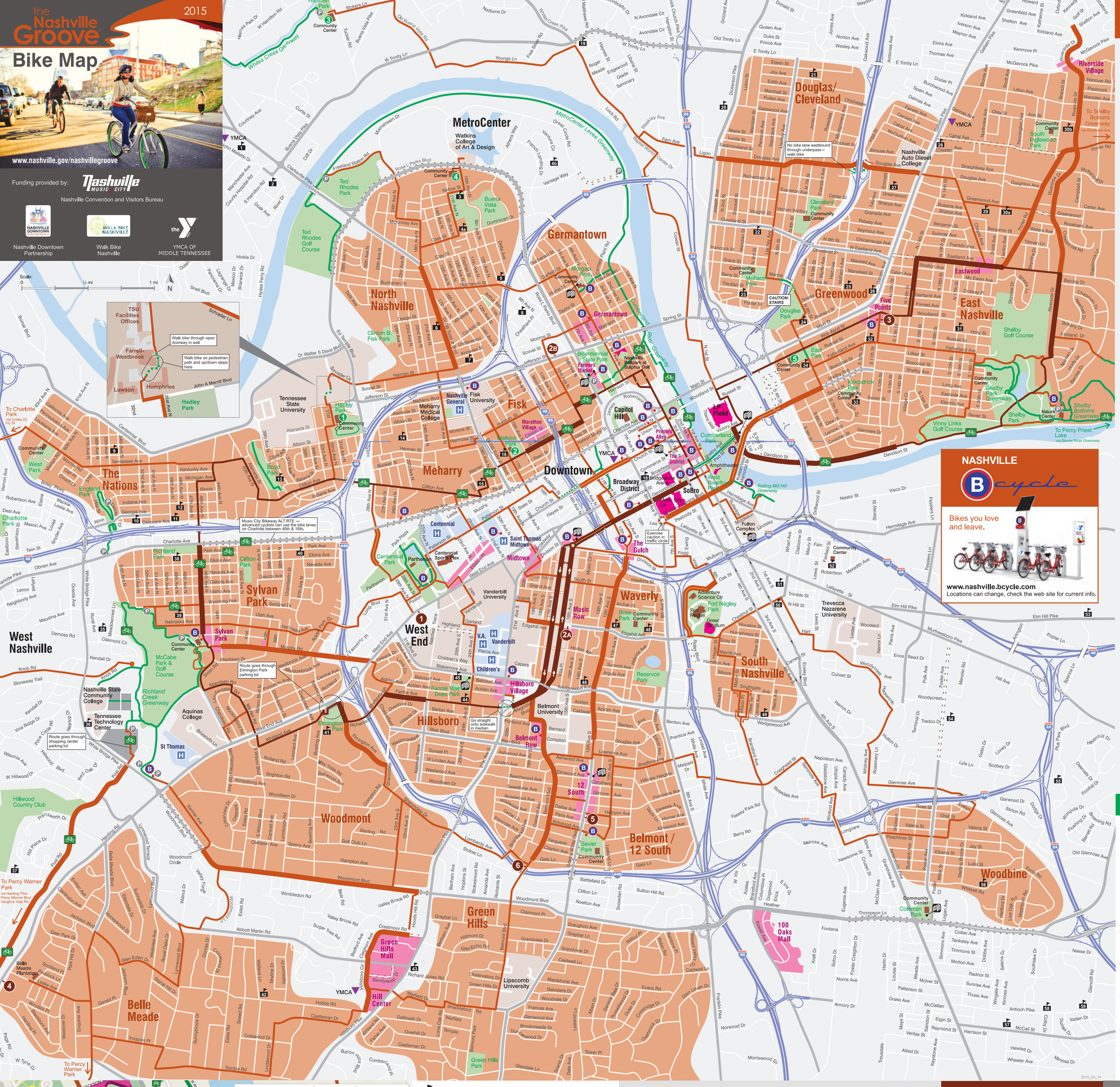
the Nashville Groove 2015

Bike Map

www.nashville.gov/nashvillegroove

Funding provided by: Nashville Convention and Visitors Bureau

Nashville Downtown Partnership · Walk Bike Nashville · YMCA OF MIDDLE TENNESSEE

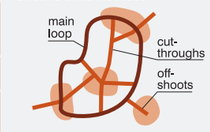


Easy-Riding Bike Routes

Nashville is a bike-able community!

Easy-Riding Neighborhoods – Nashville has many areas full of low-traffic streets that are conducive to easy, comfortable cycling, called "easy-riding neighborhoods" (in light brown). In them, you can cycle around at your leisure on any of the white roads.

Groove Bike Routes:



What is the Groove? Nashville also has many easy-riding routes, called "The Groove," that interconnect all these neighborhoods within five miles of the Downtown district. The Groove routes are organized into two main loops (in brown), with corresponding cut-throughs and off-shoots (in orange). The Groove makes it possible for cyclists of all skill levels to comfortably bike to and from parks, schools, workplaces, attractions and hot spot business districts.

Color Key

Main Loops — shared road; with bike lane; with buffered bike lane

Off-shoots and Cut-throughs — shared road; with bike lane; with buffered bike lane

Greenways and other off-street paths

Walk bike on sidewalk

The 26-mile Music City Bikeway route

Major Traffic Arteries

Traffic arteries with bike lanes that may be desirable for speedy bicycle commuting, but may be uncomfortable for the casual cyclist.

Non-Groove roads with Bike Lanes

Campuses/ Institutions · Attractions/ Public Facilities · Venues · Parking Lots · YMCA · Schools

"Hot Spot" Business Districts · Art Bike Racks · Free GreenBike Locations · B-cycle Locations · Bicycle Shops

NASHVILLE B-cycle

Bikes you love and leave.

www.nashville.bcycle.com
Locations can change, check the web site for current info.

Free GreenBikes

Nashville GreenBikes is a **free**, easy way to explore Nashville's parks, greenways and city streets during the day. The bikes are available at select Community Centers for both residents and visitors. A completed registration form and proof of address are required.
www.nashvillegreenbikes.org

green bikes — FUN. EASY. FREE.

1. **Hadley Park Community Center** 1037 28th Ave N (615) 862-8451
2. **Watkins Park Community Center** 616 17th Avenue N (615) 862-8468
3. **Hartman Park Community Center** 2801 Tucker Rd (615) 862-8479
4. **Looby Community Center** 2301 Metro Center Blvd. (615) 862-8454
5. **East Park Community Center** 700 Woodland Street (615) 862-8448

Nashville Public Schools

11	The Academy at Old Cockrill
30a	Bailey STEM Magnet Middle
2	Bordeaux Early Learning Center
8	Buena Vista Elementary Enhanced Option
23	Caldwell Elementary Enhanced Option
51	Cameron College Preparatory & Cameron Middle
47	Carter-Lawrence Elementary Magnet
12	Cockrill Elementary
38	The Cohn School
29	Cora Howe School
44	Eakin Elementary
26	East Nashville Magnet
49	Fall-Hamilton Elementary Enhanced Option
59	Glencliff Elementary
58	Glencliff High
22	Glenn Elementary Enhanced Option
37	H. G. Hill Middle Prep
45	Harris-Hillman Exceptional Education
27	Hattie Cotton STEM Magnet Elementary
19	Haynes Middle Health/Medical
15	Head Middle Magnet Prep
43	Hillsboro High
3	Hull-Jackson Elementary Montessori Magnet
18	Hume-Fogg High Academic Magnet
30b	Inglewood Elementary
1	Isiah T. Creswell Middle Arts Magnet
4a	John Early Museum Magnet Middle
50	Johnson Learning Center
5	Jones Elementary Paideia Magnet
42	Julia Green Elementary
33	Kirkpatrick Elementary Enhanced Option
7	LEAD Academy High
28	Liberty Collegiate
31	Lockeland Elementary Design Center
53	Margaret Allen Middle
16	Martin Luther King Jr. Magnet @ Historic Pearl High
24	Meigs Middle Magnet
36	MNPS Middle College High @ Nashville State
13	MNPS Virtual School
46	Moses McKissack Middle Prep
52	Murrell School
35	Napier Elementary Enhanced Option
32	Nashville Big Picture High @ Martha Vaught
9	Nashville Classical College Prep
54	Nashville Prep
55	Nashville School of Arts
40	New Vision Academy
14	Park Avenue Elementary Enhanced Option
4b	Pearl-Cohn Entertainment Industry Magnet High
6	Purpose Preparatory Academy
48	Robert Churchwell Museum Magnet Elementary
25	Rose Park Middle Math/Science Magnet
20	Ross Early Learning Center
39	Shwab Elementary
21	Sylvan Park Elementary Paideia Design Ctr.
10	Tom Joy Elementary
34	W. A. Bass Learning Center
41	Warner Elementary Enhanced Option
56	West End Middle
57	Whitsitt Elementary
	Wright Middle

MOVING IN HARMONY

MUSIC CITY SHARES THE ROAD

Moving in Harmony is an educational campaign to increase pedestrian, bicyclist and motorist safety on Nashville streets.
www.nashville.gov/nashvitality

Bicycling Tips

Be Seen
- Make eye contact with motorists when turning or moving into lanes.
- Wear bright or reflective clothing.
- Use a front light and rear reflector at night.
- Use hand signals when turning.

Be Heard
- Alert pedestrians or other cyclists when passing, i.e."on your left".

Ride Steady
- Be predictable when riding. Use bike lanes when available.
- When riding in a vehicle lane, stay as far to the right as is reasonable and safe, although:
  Keep an arm's length distance from the side of the road to avoid debris;
  Ride far enough to the left (either in a bike lane, or on the road) that you won't run into a car door that's opened unexpectedly.
- If it is too scary to make a left turn on a busy road, pull over to the side, dismount and cross as a pedestrian.
- Avoid riding between or along the right side of cars waiting in traffic – simply wait your turn in line.
- Watch for turning cars. Be especially cautious at intersections, where most crashes occur.

Bicycling Law

Bicyclists count as traffic, so traffic laws apply to you, too. Here are some highlights:
- Helmets – required for those 16 and younger (but strongly recommended for everyone, all of the time).
- Lights – starting at dusk, a front white light and rear red reflectors are required, but lights in back are also highly recommended.
- Ride in the same direction as motor vehicle traffic.
- Obey stop signs and traffic signals.
- Have functioning brakes.
- It is not recommended for adults to ride bikes on the sidewalk, and it is illegal downtown. If riding on the sidewalk, always yield to pedestrians.
- Riding side by side is permitted, but no more than two cyclists abreast.
- Speed Limits apply to bicyclists. The Greenways' speed limit is 15 mph.

For Motorists:
It is required by law to keep at least **a three foot clearance** when passing a cyclist. Motorists cannot use bike lanes at any time, and may not use the bike lane to pass a left turning vehicle.

Bike Lanes

Bike lanes (marked with the bike symbol) are for cyclists only. Watch out for motor vehicles parking or turning into these lanes.

Sharrows

Shared Roadway Bicycle Markings, or Sharrows, are intended to to alert other road users to expect bicyclists to occupy travel lanes, and to help bicyclists position themselves away from parked cars to avoid being struck by suddenly opened car doors.

"Shared Road" Roadways
The "Shared Road" bike routes indicated on this map are roadways without marked bike lanes but are typically in low-traffic areas that are conducive to less congested, more comfortable cycling.

Bicycle Shops

Front side:

1. **Cumberland Transit** *West End* 2807 West End Ave (615) 321-4069
2A. **Green Fleet Bicycle Shop & Tours** *West End - Music Row* 1579 Edgehill Ave (til 7/2015) (615) 379-8687
2B. **Green Fleet Bicycle Shop & Tours** *Germantown* 934 Jefferson St (open 7/2015)
3. **Eastside Cycles** *East Nashville - Five Points* 103 S 11th St (615) 469-1079

Back side:

4. **Gran Fondo** *Belle Meade* 5133 Harding Rd, A-6 (615) 354-1090
5. **Halcyon Bike Shop** *12 South* 1119 Halcyon Ave (615) 730-9344
6. **Redkite Bicycle Studio** *12 South* 3201 Belmont Blvd (615) 942-6218

All of the above are Nashville B-Cycle Safety Partner bike shops: Nashville B-Cycle members receive **15% discount** on purchase of helmets at these participating shops

The Metro Government of Nashville and Davidson County and its representatives do not assume liability for bicyclists traveling upon routes shown in this map. Cyclists should use caution and obey the rules of the road when riding on public roads. Many of these rides occur on narrow roads without shoulders. Safe route selection includes consideration of motor vehicle, bicycle, and pedestrian traffic and roadway or route conditions, their level of experience, comfort level riding in traffic, weather, time of day, and any potential hazards. Potential hazards include, but are not limited to, pavement patches, railroad tracks, utility covers, survey monuments, potholes, and reckless or intoxicated motorists, which are commonly found on public streets. Accordingly, route users should maintain a vigilant lookout for these and other conditions and irregularities. Users of this cycling map are responsible for their own safety and use these routes at their own risk.

Bicycling Resources

BPAC is an advisory committee to Metro Nashville established by Mayor Karl Dean to further Nashville's goal of becoming a bicycle- and pedestrian-friendly city.
www.Nashville.gov/mayor

Walk/Bike Nashville is a 17-year-old organization dedicated to making "active transportation" an option for Nashvillians.
www.walkbikenashville.org

The Music City Bikeway is a continuous 26-mile bicycle route stretching from Percy Warner Park in southwestern Davidson County to Percy Priest Dam in far eastern Davidson County.

Nashville's Greenways include over 50 miles of linear parks across Nashville.
www.greenwaysfornashville.org

Download the free **NashVitality** mobile app on either iTunes or Google Play. The app includes an interactive Groove map as well as maps for walking, hiking, water access and much more.
www.nashville.gov/nashvitality

MTA is Nashville's public transit system with bike racks on all its buses. **www.nashvillemta.org**

The **Tennessee Department of Transportation** Bicycle Routes can be found at:
www.tdot.state.tn.us/bikeped/routes.htm

NASHVILLE BPAC BICYCLE & PEDESTRIAN ADVISORY COMMITTEE

Mayor's Bicycle & Pedestrian Advisory Committee
The Metropolitan Government of Nashville and Davidson County
Karl Dean, Mayor
Map conceived and designed by Informing Design, Inc.