

FROM COST TO CARE, YOU'RE COVERED

Quality providers. Personalized support.
Zero surprise surgery costs.¹



Introducing the Bone and Joint Health benefit from Cigna

By selecting the Bone and Joint Health benefit, you can:



Get personalized guidance and support

A Cigna Care Advocate will support you every step of the way. We'll help you find solutions to treat your pain, such as physical therapy. And if the time comes for surgery, we'll help you find the right surgeon and follow up to make sure you have the resources you need.



Avoid surprise costs

If surgery is required, the entire process, from admission through discharge, is covered at 100% under your health plan (after deductible on medical plan with HSA).¹



Connect to high-quality care

Our providers' patients experience 36% fewer complications and 41% fewer readmissions.²

Ascension St. Thomas Hospital, Elite Orthopaedic and Tennessee Orthopaedic Alliance have joined the Condition-Specific Care Bone and Joint Health program in Middle Tennessee.

Our Bone and Joint Health benefit covers*:

Ready to feel better?

You must call Cigna at **855.678.0042** to see if the Bone and Joint Health benefit is right for you.

Together, all the way.®

* Procedures vary by market availability.

1. Surgery is covered at 100% after your deductible is met if you have a high deductible health plan with a health savings account (or HSA) when you participate and use the providers in the benefit. Generally, facility and professional services from admission through discharge are included in the benefit. Charges for covered expenses not included in the benefit are subject to your health plan's applicable copays, coinsurance, and deductible, if any. Procedure availability varies by market.

2. We identify top-performing surgeons and facilities based on industry-recognized quality measures, and select a subset to participate in this benefit. Complication and readmission statistics are based on Cigna internal analysis of hip/knee/lumbar claims for Oct 2018 through Sept 2019 paid claims.

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