

# Antioch Community Center

5023 Blue Hole Road, Antioch, TN 37013 615-862-8417

<p>Teen Program Summer Program Special Activities Gymnasium Fitness Classes</p>	<p>Monday Hours: 9:00pm-5:30pm</p>	<p>Tuesday Hours: 9:00pm-5:30pm</p>	<p>Wednesday Hours: 9:00pm-5:30pm</p>	<p>Thursday Hours: 9:00pm-5:30pm</p>	<p>Friday Hours: 9:00am-5:30pm</p>	<p>Saturday Hours: 10:00am-4:00pm</p>
<p><b>2024 Summer Program Schedule</b> (subject to change)</p> <p><u>Program Coordinator</u> Shaqua Nero</p> <p><u>Recreation Leaders</u> Kenneth Bowers O' Conner Ward Nelly Baker Brandt Waggoner</p> <p><u>Summer Recreation Leaders</u> Kennedy Lee Tylee Mitchell</p> <p>We are closed all major holidays which include Juneteeth( June 19, 2024) and 4<sup>th</sup> of July (July 4, 2024) .</p> 	<p><b>Summer Program Activies (6yrs-14yrs)</b> 9:00pm-4:00pm</p>  <p><b>4:00pm-5:15pm Teen Gym (Basketball)</b></p> 	<p><b>Summer Program Activies (6yrs-14yrs)</b> 9:00pm-4:00pm</p>  <p><b>Family Time Open Gym/ Practices</b> 4:00pm-5:15pm</p>	<p><b>Summer Program Activies (6yrs-14yrs)</b> 9:00pm-4:00pm</p>  <p><b>4:00pm-5:15pm Teen Gym (Basketball)</b></p> 	<p><b>Summer Program Activies (6yrs-14yrs)</b> 9:00pm-4:00pm</p>  <p><b>Dance Fitness (Line Dancing)</b> 6:00pm-7:00pm</p> 	<p><b>Summer Program Activies (6yrs-14yrs)</b> 9:00pm-4:00pm</p>  <p><b>4:00pm-5:15pm Teen Gym (Basketball)</b></p>  <p>@ "Antioch Community Center" <a href="http://www.nashville.gov">www.nashville.gov</a></p>	<p>10:00am-12:00pm Basketball Practice</p> <p>12:00pm-2:00pm Adult Gym Basketball ½ Court</p> <p><b>Family Time Open Gym/ Practices</b> 2:00PM-4:00PM</p>  <p>Teens 13-17 Senior 62 and up</p> <p><b>*At Antioch Community Center we lead to provide a safe place for families and the community to play and recreate.</b></p>

**Adult Open Gym-** welcomes ages 18 and up to participate in a variety of activities that take place in the gym.

**Teen Time-** is gym time designated for youth 13-18 years old to play basketball or recreational sport and play.

**Summer Program-** children who are registered participate in a drop-in program that focuses on active recreation, while supporting healthy social and academic development. Space is limited for this free program, so advance applications were submitted.

**Get Fit Dancing-** is a fun new way to get fit through line dancing and movement.

**Family Time-** Opportunity for families to play gym games or designated games for the community. This is also a way families can practice kids in gym play.

To provide every citizen of Nashville and Davidson County with an equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources.

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