## McCabe Park Regional Community Center

101 46<sup>th</sup> Avenue North Nashville, Tn 37209 615-862-8457

Gymnasium	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Programming  Dance Studio	Hours:	Hours:	Hours:	Hours:	Hours:	Hours:
Meeting Space	6:00am-8:30pm	6:00am-8:30pm	6:00am-8:30pm	6:00am-8:30pm	6:00am-7:30pm	8:00am-4:00pm
Summer 2024	6:00am-9:00am	6:00am-7:00am	6:00am-9:00am	6:00am-7:00am	6:00am-9:00am	8:00am-11:50am
Program Schedule	Open Gym	Zumba (\$)	Open Gym	Zumba (\$)	Open Gym	Cremona Strings
(Subject To	Open Gym	Janet Duke	Open Gyni	Janet Duke	Open Gyni	Ensemble
Change)	9:30am-10:30am	Janet Duke	9:00am-9:45am	Janet Duke	9:00am-10:30am	1st Saturday of the
	Senior Strength	7:00am-9:00am	"Jam & Play"	7:00am-9:00am	Parent and Tot	month
Facility Coordinator	(\$)	Pickleball	Tots (\$)	Pickleball	r archit and rot	month
Anthony Cooper	Blanca Walker	Tickicball	Risa Binder	i ickicbali	10:00am-11:00am	10:30am-11:30pm
Program Coordinator	Dianoa Walkor	9:00am-4:30pm	10:00am-10:45am	9:00am-4:30pm	Senior Strength (\$)	Dance Fit (\$)
Shatika White	10:30am-11:30am	Summer	"Jam & Play"	Summer	Tristan Trotter	Kat
	Gentle Yoga (\$)	Enrichment	Tots (\$)	Enrichment	motan motto	Nat
Recreation Leaders	Blanca Walker	Program	Risa Binder	Program	9:00am-4:30pm	40 40 00
Arcentae Stone Darnell McClain		<b>9</b>		3 · · · ·	Summer	10am-12:30pm
Shevi Harrell	9:00am-4:30pm	6:00pm-8:00pm	10:00am-11:00am	6:00pm-8:00pm	Enrichment	Pickleball (1st <sup>nd</sup> & 3 <sup>rd</sup>
Jamya Rogers	Summer	Open Gym (Full	Senior Strength (\$)	Craft Basketball	Program	Sat.)
Kris Maclin	Enrichment	Court)	Tristan Trotter			42:20mm 2:20mm
Brandie Monday	Program			Fitness Class	6:00pm-7:15pm	12:30pm-2:30pm Ladies Basketball
Katie Eadler		6:30pm-8:15pm	9:00am-4:30pm	Fee (\$)	Family Open Gym	Open Gym (1 <sup>st</sup> & 3 <sup>rd</sup>
	6:00pm-8:00pm	Nashville Int'l Folk	Summer	\$4 per class		Sat.)
SUMMER	Volleyball	Dance (\$)	Enrichment	\$40 pass for 10	*Discounted	Sat.)
San Carlo			Program	classes	Fitness Center	10am-12:30pm
		Like us on		Fitness Center	Rates (\$)	Basketball Open Gym
111111		facebook.	6:00pm-7:00pm	Fee (\$) \$3 Day pass	\$1.50 Day pass	(2 <sup>nd</sup> & 4 <sup>th</sup> Sat.)
		Тассвоок	Achilles Program	\$20 10 visit-	\$10 10 visit-pass	(2 4 54.)
METRO		@ "Mccabe Park		pass	\$20 monthly pass	1:00pm-3:00pm
PARKS		Community Center"	6:00pm-8:00pm	\$30 monthly	*D:	Family Open Gym
NASHVILLE			Youth Volleyball	pass	*Discounted rates apply to teens	i anniy open cym
ESTABLISHED				Jam & Play Fee	ages 13-17,	
1901				( <u>\$)</u>	Seniors ages 62+,	
				\$5 per class	college students, &	When Metro Nashville
					military	Public Schools are closed,
					personnel.	the Youth Program is from 10AM-4PM; ages 6-14.
					Valid ID required.	10AM-4PM; dges 6-14.
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