

Sevier Park Regional Community Center

(\$) – Paid Class

Adult Programming

Cultural Arts

Family Programming

Fitness Classes

Special Features

**Summer 2024
Activity Schedule**

Effective 5/28/24

Facility Coordinator
Randy Crawley, Jr.

Program Coordinator
Tia Mason

Recreation Leaders

Arkee Perkins

Christian Green

Myk Marfin

Tony McCrady

Tracye Davis

Koi Lacy

Fenise Miles

Office Support Rep.



3021 Lealand Lane,
Nashville, TN 37204 –
615-862-8466

Monday

6:00am-8:00pm
(\$) Fitness Center &
Indoor Walking Track

7:00am-9:00am
Adult Badminton

8:00am-9:00am
(\$4) Strength, Tone & Stretch
w/ Demetria
(Begins 6.3.24)

9:00am-4:00pm
Youth Summer Enrichment
Program
(Registration Required)

6:00pm-7:30pm
English Country Dancing

5:30pm-8:00pm
Open Gym Basketball
3 vs. 3
(Ages 18+)
**Teams & free ages
welcome**

Memberships & Fees:

Daily Pass
(Fitness Center)
Adult \$3.00
Teens/Senior/Military
\$1.50

10 Visit Pass
(Fitness Center)
Adult \$20.00
Teens/Senior/Military
\$10.00

Monthly Pass
(Fitness Center)
Adult \$30.00
Teens/Senior/Military
\$20.00

"Senior" = 62yrs and up
"Teens" = 13yrs-17yrs

Tuesday

6:00am-8:00pm
(\$) Fitness Center &
Indoor Walking Track

6:00am-8:30am
Adult Basketball

9:00am-4:00pm
Youth Summer Enrichment
Program
(Registration Required)

9:30am-10:30am
(\$4) Lo-Impact Strength
w/ Tristan

4:30pm-7:30pm
Game Room
***Ages 14 & under MUST be
accompanied by adult***

5:30pm-8:00pm
Open Gym Pickleball



@ Sevier Park Community
Center!

Wednesday

6:00am-8:00pm
(\$) Fitness Center &
Indoor Walking Track

7:00am-9:00am
Adult Badminton

9:00am-4:00pm
Youth Summer Enrichment
Program
(Registration Required)

10:00am-11:30am
Knitty Witty Knitters
(Knitting & Crochet Club)

1:30pm-2:30pm
(\$4) Gentle Pilates
w/ Kari

5:30pm-6:30pm
Youth Tee Ball Practice
(Closed Practice)

6:30pm-8:00pm
Open Gym Volleyball

Fitness Center
&
Indoor Track Hours

Monday- Thursday
6:00am-8:00pm

Friday
6:00am-7:00pm

Saturday
8:00am-4:00pm

Thursday

6:00am-8:00pm
(\$) Fitness Center &
Indoor Walking Track

6:00am-8:30am
Adult Basketball

9:00am-4:00pm
Youth Summer Enrichment
Program
(Registration Required)

9:30am-10:30am
(\$4) Lo-Impact Strength
w/Tristan

4:30pm-7:30pm
Game Room
***Ages 14 & under MUST be
accompanied by adult***

5:30pm-8:00pm
Open Gym Badminton

6:15pm-7:15pm
(\$4) B. Fab Fitness
Dance Cardio

Friday

6:00am-7:00pm
(\$) Fitness Center &
Indoor Walking Track

6:30am-9:00am
Adult Pickleball

9:00am-4:00pm
Youth Summer Enrichment
Program
(Registration Required)

10:00am-11:30am
Knitty Witty Knitters
(Knitting & Crochet Club)

4:30pm-7:00pm
Teen & Family Event Night
(Ages 17 & under)
***Ages 14 & under MUST be
accompanied by adult***

5:00pm-6:30pm
Cards and Board Games
w/ Fenise
(Begins 6.7.24)

Teen & Family Event Schedule:

June
6/7/23: Pickleball
6/14/23: Basketball
6/21/23: Indoor Soccer
6/28/23: Basketball

July
7/5/23: Co-ed Volleyball
7/12/23: Basketball
7/19/23: Pickleball
7/26/23: Basketball



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Center!

Saturday

8:00am-4:00pm
(\$) Fitness Center &
Indoor Walking Track

8:00am-9:30am
Adult Open Gym

8:00am-11:30am
Game Room
***Ages 14 & under MUST be
accompanied by adult***

9:30am-11:00am
(\$60) Shodo Club w/Kumi
Beginner Session
(Japanese Calligraphy Class)
(Offered Bi-weekly)
April 6th – June 15th
(Registration required)

9:45am-10:45am
(\$4) Lo-Impact Strength
w/ Charturah

11:00am-1:00pm
Youth Athletic Programming

10:00am-11:30am
(\$60) Shodo Club w/Kumi
Intermediate Session
(Japanese Calligraphy Class)
(Offered Bi-weekly)
April 6th - June 15th
(Registration required)

1:15pm-3:00pm
Open Gym Pickleball
***Ages 14 and under
MUST be accompanied by
adult***

3:00pm-4:00pm
Family Fun Zone
***Ages 14 & Under MUST be
accompanied by adult***

Sevier Park Regional Community Center

Strength, Tone, and Stretch is a fusion class that incorporates cardio, body weight training, and stretching. This class will also help support R.O.M (range of motion), Cardiovascular endurance, and flexibility.

The Mission of the Metropolitan Board of Parks and Recreation - To provide every citizen of Nashville and Davison County with an equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources.

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This schedule is subject to change.

**For more information, contact Program Coordinator: Tia Mason.
Tia.Mason@Nashville.gov or 615-862-8466.**