



Madison Regional Community Center Spring 2024 (Starts June 3rd)

550 N.Dupont Ave. Madison, TN 37115

	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-4:00pm
<p>Program Coordinator Felissa Reese</p> <p>Recreation Leader Sr. Aaron Donaldson-Stevens</p> <p>Recreation Leaders Chris Fisher Raynesha Alexander Dominique Hyde Demetria Harris Kameron Donaldson Traneal Bailey</p> <p>The Mission of Metro Board of Parks and Recreation To provide every citizen of Nashville and Davidson County with and equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources. Metro Parks does not discriminate on basis of age, race, color, national origin, religion or disability in admission to, access to or operations of its programs, services or activities.</p> 	<p><u>Indoor Track & Fitness Center</u> 6:00am-8:15pm</p> <p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p> <p>Summer Enrichment Program 9:00am-4:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Craft Basketball Practice 4:00pm-6:00pm</p> <p>Adult Open Gym (Ages 18+) 6:00pm-8:00pm</p> <p>Dance it Out w/Demetria 6:30pm-7:30pm</p>	<p><u>Indoor Track & Fitness Center</u> 6:00am-8:15pm</p> <p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p> <p>Summer Enrichment Program 9:00am-4:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Teen Open Gym 4:00pm-6:00pm</p> <p>Tball Practice 6:00pm-7:00pm</p> <p>Volleyball Teens/Adults Gym 6:00pm-8:00pm</p> <p>Instagram: @madison_community_center www.nashville.gov FB: Madison Regional Center</p> 	<p><u>Indoor Track & Fitness Center</u> 6:00am-8:15pm</p> <p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p> <p>Summer Enrichment Program 9:00am-4:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Craft Basketball Practice 4:00pm-6:00pm</p> <p>Track Practice 4:00pm-5:30pm</p> <p>Tball Practice 6:00pm-7:00pm</p> <p>Gyrokinesis w/Felicia 6:00pm-7:00pm (\$4)</p> <p>Adult Open Gym (Ages 18+) 6:00pm-8:00pm</p>	<p><u>Indoor Track & Fitness Center</u> 6:00am-8:15pm</p> <p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p> <p>Summer Enrichment Program 9:00am-4:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Teen Open Gym 4:00pm-6:00pm</p> <p>Functional Fitness BootCamp w/Demetria 6:00pm-7:00pm</p> <p>Pickleball 6:00pm-8:00pm</p>	<p><u>Indoor Track & Fitness Center</u> 6:00am-7:15pm</p> <p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p> <p>Badminton 6:00am-9:00am</p> <p>Summer Enrichment Program 9:00am-4:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Teen Open Gym 4:00pm-6:00pm</p> <p>Family Open Gym (Families w/Children ages 14 & under) 6:00pm-7:15pm</p>	<p><u>Indoor Track & Fitness Center</u> 8:00am-3:45pm</p> <p>Pickleball 8:00am-12:30pm</p> <p>Zumba w/Janet 8:15am-9:15am (\$4)</p> <p>Family Open Gym (Families w/Children ages 14 & under) 12:30pm-3:30pm</p> <p>Movie Matinee 12:30-3:30pm Every 4th Saturday</p> <p>Membership Fees: Daily Pass Adult \$3.00 Discounted Rate \$1.50 10 Visit Gym Pass Adult \$20.00 Discounted Rate \$10.00 (fitness classes NOT included) Monthly Pass Adult \$30.00 Discounted Rate \$20.00 (fitness classes NOT included) Fitness Class \$4.00 10 Pass Class Card \$40.00</p> <p>Discount Applies to: Teens 13-17, Seniors 62+, Metro Employees, Military Personnel, Disabled, and College Students *Must Present Valid I.D.</p>

Schedule Is Subject To Change

We are available for parties, meetings, dinners, reunions, and more. For information on reserving space, stop by or contact us at (615) 862-8459.