

## Nashville Health & Wellbeing Leadership Council

Tuesday, February 18, 2025

Virtual Meeting-Webex

1pm - 2pm

Present	Absent
Sanmi Areola	Tené Franklin (with notice)
Al Brady	Kim Molnar
Haley Davidson	Mark Yancy
Elisa Friedman	
Sarah Goodrich	
Vickie Harris	
Khalela Hatchett	
John Keys	
Sandra Moore	
Mary Kate Mouser	
Freida Outlaw	
Charlotte Peacock	
Renee Pratt	
Robert Robinson	
Alicia Bunch Vargas	
Ex Officio Members	
Robbie Luckett for Diana Alarcon	
Catherine Knowles	
Anita McCaig	
Randall Miller, Jr. for Monique Odom	
Sharon Suggs	
Curtis Thomas	

### Backbone/Facilitators Present

Tracy Buck- Metro Public Health

Jeff Wamble-Metro Social Services

### Community Members Present

Tera Ashley

Rami Hussein

Sarah Ray

Wyntress Patterson

Daryl Hill

Candace Jones

Katherine Diaz

Carleigh Frazier

Dr. Alicia Holloway

Claudia Barajas

Kyla Lurry

## **Welcome**

Vice-Chair Sarah Goodrich welcomed the attendees to the February 18 meeting of the Nashville Health & Well-being Leadership Council (NHWLC). Vice Chair Goodrich led the members in introductions and were asked to share their name, where they work, and a favorite thing about Nashville. The following six members shared: Haley Davidson, Vickie Harris, Mary Kate Mouser, Anita McCaig, Freida Outlaw, Sanmi Areola. Not all members were able to share so we will finish this process next month.

## **January meeting minutes approval\***

With a quorum of voting members in attendance, Vice-Chair Sarah Goodrich asked for a motion to approve the January 21, 2025 meeting minutes. The motion was made by John Keys and seconded by Al Brady. Motion was approved.

## **Approval of Stated Agenda\***

Vice-Chair Sarah Goodrich asked for a motion to approve the stated agenda. The motion was made by Charlotte Peacock and seconded by Elisa Friedman. Motion was approved to accept the stated agenda.

## **Old Business**

- **Update on Metro Council engagement**

Chair Robinson opened the conversation with a brief recap of the discussion at the January meeting. He stated that he has reached out to Councilmember Erin Evans, chair of the Metro Council Public Health & Safety Committee to schedule a meeting. He asked Randall Miller, Jr. to share his experience interacting with Metro Council. Randall Miller Jr. shared his recent interactions with Councilmember Ginny Welsh, 16<sup>th</sup> District, which includes Coleman Community Center. He shared the work of the NHWLC and the CHIP. She seems excited about the work that the NHELC is doing. Since that first interaction, she has shared with other council members, and they seem excited too. Many of the council members are interested in how they can improve the health outcomes within their districts. He is willing to invite Councilmember Welsh to the NHWLC meetings. Chair Robinson noted that these are the relationships that the NHWLC needs to be building to advance the work.

- **Update on development of NHWLC communication plan**

Chair Robinson asked for an update from the Ad Hoc committee. Haley Davidson supplied the update from the committee. Committee members include Haley Davidson, Kim Molnar, Sarah Goodrich, Tene Franklin and Carleigh Frazier. The first meeting was a great conversation, and the focus is on the general goal of making sure that the public knows what the NHWLC is doing. Then it is important to provide timely updates and consistent messaging. The group also discussed the 2026-2028 CHIP including what is it, what is trying to accomplish. The Ad Hoc committee will be developing a timeline, engagement plan, stakeholder list, and a communications toolkit, that includes one-pagers and other communication pieces. The final materials will be available on the NHWLC SharePoint site for all members to access. The committee will have drafts to the NHWLC members at the March meeting.

- **2026-2028 Community Health Improvement Plan Development process\***

Chair Robinson began the with a brief recap of the January meeting conversation regarding the need to determine the process to develop the 2026-2028 CHIP. The question before the members is: do you want to use the 2023-2025 process or are there changes you recommend? Tracy Buck and Jeff Wamble will facilitate the CHIP development process as designed by the NHWLC. Tracy Buck reviewed the 2023-2025 CHIP process (attached). She led the discussion on the whether to use the current CHIP template; she mocked up the template for the 2026-2028 CHIP (attached). She shared that the CHIP workgroups have an Evaluation & Monitoring document (attached) that is used to track progress on each strategic issue in the CHIP. Are there elements of the Evaluation & Monitoring document that can or should be included in the CHIP template? Elisa Friedman recommended forming an ad hoc committee to gather and determine the process but more importantly the CHIP template. It was also recommended that the committee consider building in an evaluation of the process. Members volunteered to be part of the ad hoc committee include Elisa Friedman, Renee Pratt, Sarah Goodrich, Al Brady and Robert Robinson.



2023-2025 CHIP  
Development proces



2026-2028 CHIP  
template .docx



2023-2025 CHIP Eval  
FINAL.docx

## **New Business**

- **TDH Project Diabetes Request for Application\***

The Tennessee Department of Health (TDH) has released a request for application for funding under the Project Diabetes strategy. This strategy is one of several whose purpose is to fund primary prevention projects that aim to prevent chronic disease. This RFA is an invitation to apply based on the submitted letter of intent. A volunteer group met to discuss possible project ideas. The broad outline is to start with pediatric patients screened and identified in a hospital setting as being food insecure and discharged with a food box then connected with community food resources, such as local markets, community gardens and food pantries, in their neighborhood. The work would focus on neighborhoods where the council has done previous work such as the North Nashville community (zip codes 37207, 37208, 37218) and leveraging community health workers for those connections as well as technology to track those connections and the impact of those connections. We would also like to include vouchers that are extra dollars to support the families in being able to purchase fresh fruits and vegetables as well as, supporting systems that build connections between local markets, and growers such as community gardens and other local farmers and food pantries to support local food infrastructure at a systems level. Tennessee Public Health Association (TPHA) has agreed to serve as the fiscal agent for this proposal. The funding amount would be for \$150,000 per year for three (3) years, max of \$450,000 to address the grant goal: Increase access to healthy food and beverage by establishing convenient outlets for distribution and purchase. The strategies to be addressed include

- 1.6 Food hubs-Support businesses or organizations that aggregate, distribute, and market local and regional food products.
- 1.8 Fruit and vegetable incentive programs-offer participants with low incomes matching funds to purchase healthy foods, especially fresh fruits and vegetables; often called bonus dollars, market bucks, Double Up Food Bucks, or nutrition incentives.

- 1.9 Food literacy skill development-School vegetable gardens and cooking classes in designated areas where students can garden with guidance, along with nutrition and food preparation lessons and opportunities for taste testing and hands-on learning.

The attached PowerPoint provides the details on the submission timeline including the LOI on Friday, March 7 at 2pm. Invitations to apply will be issued on March 21 with applications due on April 25 at 2pm. Grants awarded will have a contract start date of July 1.

The motion was made by Elisa Friedman and seconded by Vickie Harris for the NHWLC to proceed with the LOI submission with TPHA as the fiscal agent using the presented proposal. Motion was approved.



Project Diabetes  
RFA 2025.pptx

- **CHA Report Writing Team\***

Chair Robert Robinson began the conversation with a statement that there needs to be a report to the community on the 2025 community health assessment process. We are looking for members of the NHWLC to participate in the writing process. Tracy Buck noted that VUMC and Ascension Saint Thomas have already begun work writing the process from the hospital perspective. In previous cycles, they have generously shared that report that is then used to create the report from the community perspective. The proposed timeline is to have the draft to the NHWLC for review and approval by this summer. Elisa Friedman and Mary Kate Mouser offered to provide draft copies of the Vanderbilt and Ascension reports so that members could see what is available and how it needs to be adapted. The members agreed to having a presentation at the March 18 meeting from Vanderbilt and Ascension to share the existing bookends, the methods, the background, and then even to get input from the council on changes. They will present and host a facilitated conversation to obtain the information for the community overlay and community voice. Then that information will be shared with an ad hoc writing committee.

### **Announcements and Adjourn**

- ❖ Chair Robert Robinson reminded the NHWLC of the CHIP Workgroup updates at the March 18 meeting. Workgroups to present are:
  - Food Access/Food Insecurity
  - Awareness & Navigation of Community Resources
  - Economic Opportunity & Job Skill Development
  - Health Equity Coalition

The next meeting of the Nashville Health & Well-being Leadership Council will be held on **Tuesday, March 18, 2025, in person at the Lentz Public Health Center**. With nothing further, the meeting was adjourned.