



These activities are offered by Metro Nashville Parks and Recreation - Outdoor Recreation program. Age and ability level are noted for each event. Some activities may charge a small fee. Unless otherwise noted, advance registration is required. These activities are offered at various park locations across the city. Exact location of the activities will be provided when you register.



Questions?

Phone: 615-642-9745

Email: outdoorrec@nashville.gov or krista.allen@nashville.gov

Outdoor Nashville - Summer 2025 Programs

Pre-registration is currently required for most programs, so please email outdoorrec@nashville.gov to make sure there is a spot available to you.

Climbing Day



Wednesday, June 17th
12:00pm-3:00pm
Age level: All ages
Skill: Beginner/
Intermediate
Bells Bend Park

Whether a beginner or a pro this is the program for you! Come check out Bells Bend Outdoor Center's indoor climbing wall with our auto belay system and outdoor boulder. We'll have the crash pads set up and ready to go. Shoes, chalk, etc. not provided. We will have harnesses available for use on the indoor wall.

Meet the Bikes



Saturday, June 28th
10:00am-1:00pm
Age level: 13+
Skill: Beginner
Cedar Hill Park

Meet us at Cedar Hill Park to try out our adult loaner bikes and helmets on the mountain bike trails! This is a great chance to explore, ride, and learn in a fun, supportive environment. Our staff will be on hand to help fit helmets, adjust bikes, and offer basic riding tips. Just bring your sense of adventure and sturdy shoes - we'll provide the rest!

See You at Stones River



Thursday, July 3rd
10:00am-2:00pm
Age level: All ages
Skill: Beginner
Stones River Greenway

Have you ever wanted to know more about the recreation opportunities surrounding Percy Priest Lake and Stones River? Drop by and see us at the Stones River Greenway Trailhead to get the latest news and learn more about what we're doing with Outdoor Nashville!

Archery Session #1



Saturday, July 5th
9:00am-10:30am
Age level: All ages
Skill: Beginner
Bells Bend Park

Whether you're taking your first steps into the world of archery or you're a seasoned archer with a quiver full of experience, we invite you to join us for a delightful afternoon dedicated to practicing this skill. Bows and arrows provided. Please wear closed toed shoes.

Archery Session #2



Saturday, July 5th
1:00pm-2:30pm
Age level: All ages
Skill: Beginner
Bells Bend Park

Whether you're taking your first steps into the world of archery or you're a seasoned archer with a quiver full of experience, we invite you to join us for a delightful afternoon dedicated to practicing this skill. Bows and arrows provided. Please wear closed toed shoes.

Summer Family Campout



Saturday, July 12th-13th
All night
Age level: All ages
Skill: Beginner
Bells Bend Park

Join us for a free family-friendly campout under the stars. Bring your own food and camping gear, and enjoy optional group activities that will offered throughout the evening. Space is limited, so be sure to reserve your spot early!

Paddle on Percy Priest



Wednesday, July 30th
9:00am-11:00am
Age level: 13+
Skill: Beginner
Hamilton Creek
\$ Fee

Join us for a paddle on the flat waters of Percy Priest Lake! We'll beat the summer heat with a relaxing kayak trip—and cool off with a refreshing swim along the way. All skill levels are welcome; equipment provided with registration.



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Fire Building 101



Thursday, July 31st
9:00am-11:00am
Age level: 8+
Skill: Beginner
Bells Bend Park

Learn the basics of fire building including safety, materials, structure, and strategies. You will attempt multiple methods from traditional to modern techniques in this hand-on class. At the end we will roast smores with the fires you help to create.

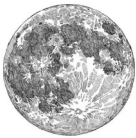
Campfire Cooking



Friday, August 9th
5:00pm-7:00pm
Age level: All ages
Skill: Beginner
Bells Bend Park
\$ Fee

Tired of just eating hot-dogs on camping trips? Campfire cooking doesn't have to be intimidating! Join us to learn a simple, hearty, and fool-proof recipe you can make right over the fire—perfect for beginners and seasoned campers alike. Please let us know about any dietary restrictions when registering.

Full Moon Hike



Saturday, August 9th
8:30pm-11:00pm
Age level: 8+
Skill: Beginner
Bells Bend Park

Join a park naturalist for this night jaunt to view the full moon and bask in the glow of Bells Bend Park. We will hike roughly 3 miles and if it is clear we will try to spot some of the prominent constellations.

Pedals and Petals: Whites Creek Greenway



Saturday, August 16th
10:00am-2:00pm
Age level: 13+
Skill: Intermediate
White's Creek Greenway

Join us for a scenic ride from Hartman to Mullins Park and back along the White's Creek Greenway. We will stop intermittently to learn about the diverse local flora along the way. The pace will be leisurely but in total we will go about 6 miles.

Save the Date:

In August we will be offering multiple opportunities for a past favorite:



Purple Martin Paddle

Keep an eye on our social media for dates and more details!

Please join us for the 14th Annual Nashville Outdoor Recreation Festival

at Bells Bend Park!

Saturday, April 11, 2026



4187 Old Hickory Blvd.
Nashville, TN 37218

Follow us on social media for highlights and more information on Outdoor Nashville programs!



Outdoor Nashville



@OutdoorNashville



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