



Bells Bend Outdoor Center

Fall 2025

Program Schedule



September

To register for programs, please call (615) 862-4187
or email bellsbend@nashville.gov

September is **Tennessee Archaeology Awareness Month**.
Check out archaeology-focused displays and programs at other Metro Parks
as well.

Middle Tennessee Moth Meetup



Thursday, September 4
6:30-11:00 P.M.+
Age level: 13+
Call to register

Join our group of moth enthusiasts as we see what species we find in different habitats of the park. This program is best for experienced moth-ers, but please contact us if you are inexperienced but interested. Leader: Lise Brown

Archery Basics



Saturday, September 13
9:00-11:00 A.M.
1:00-3:00 P.M.
Age level: All ages
Call to register

Whether you're taking your first steps into the world of archery or you're a seasoned archer with a quiver full of experience, we invite you to join us for a delightful afternoon dedicated to practicing this skill. Bows and arrows provided. Please wear closed-toed shoes.

Leader: Krista Allen, Outdoor Nashville

Farewell Summer Hike



Friday, September 19
6:00-7:00 P.M.
Age level: All Ages
Call to register

So long warmer days, buzzing bees, and fields of wildflowers. Join us as we say goodbye to summer and welcome to autumn with a hike around beautiful Bells Bend Park.
Leader: Christie Wiser

The First Tennesseans



Saturday, September 20
10:00-11:00 A.M.
Age level: All ages
Call to register

This program introduces children to the Paleo through Mississippian cultures that inhabited Tennessee before European contact. Included will be First Peoples technologies such as the atlatl.
Leader: LinnAnn Welch

Nature Hike



Saturday, September 20
1:00-3:00 P.M.
Age level: All ages
Call to register

Join a park naturalist as we hike the trails to enjoy the beauty of nature and look for wildflowers and other fall plants.
Leader: Cheryl Medley

Botany Hike



Thursday, September 25
10:00-11:00 A.M.
Age level: 13+
Call to register

Join a park naturalist to enjoy the late summer woods and learn many flowers, trees, and animals that call the park home. We'll look for sun-loving plants and other farm residents.
Leader: LinnAnn Welch



For assistance or accommodation, please contact the Bells Bend Outdoor Center: (615) 862-4187

Bells Bend Park is open 7 days a week from dawn until dusk
Check out programs at the other Metro Parks Nature Centers too.
www.nashville.gov/parks/nature



Bells Bend Park Program Schedule

September & October

To register for programs, please call (615) 862-4187

Archaeology Day

**Saturday, September 27th
10:00A.M.-3:00P.M.**



Bells Bend Park is thrilled to once again be hosting **TCPA Archaeology Day** as part of Tennessee Archaeology Awareness Month. This event welcomes individuals of all ages and has free admission. The day will feature a diverse range of engaging activities focused on educating participants about archaeology and the rich tapestry of Tennessee history.

NTOS Fall Bird Count

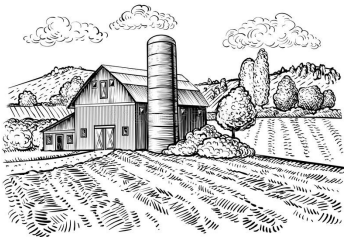


Saturday, October. 4th
7:30-10:00 A.M.
Age level: Adult

Join the Nashville Chapter of the Tennessee Ornithological Society to inventory and count the birds at the park and within the Bend. For those interested, please contact Barbara Harris at: harrbarbara@bellsouth.net

Farm Day

**Saturday, Oct. 11th
9:30A.M.-3:00P.M.**



The Friends of Bells Bend Park is proud to present Farm Day 2025. This year's festivities will include many of our past traditions: farm animals, hayrides, tractors and machinery, demonstrations, workshops, music, and local vendors.

Check out our event on Facebook for more information. We encourage all to join us for this full day of free fall farm festivities!

Bells Bend Park
4187 Old Hickory Blvd
Nashville, TN 37218
(615) 862-4187
bellsbend@nashville.gov

Tuesday-Friday: 12-4 P.M.
Saturday: 9A.M-4 P.M.
and by appointment
Please visit us on Facebook and Instagram

For Safety and Security Needs Contact:

Non life-threatening emergencies: 615-862-8600 Life-threatening emergencies: 911



Bells Bend Park Program Schedule

October & November

To register for programs, please call (615) 862-4187

Rock Climbing Day 	Wednesday, Oct. 15 1:00-3:00 P.M. Age level: All ages No registration required	Whether a beginner or a pro, this program is for you. Come check out our indoor climbing wall with an autobelay system and our outdoor boulder with crash pads. Crash pads, chalk, etc., not provided. Leader: Krista Allen, Outdoor Nashville
Autumn Creekside Watercolors 	Thursday, October 16 12:00-1:00 P.M. Age level: 12+ Call to register	Allow your creative side to capture the beautiful creeks and fall foliage of Bells Bend by taking this opportunity to do some plein-air watercolor paintings. Leader: Christie Wiser
Fall Family Campout 	Friday, October 17 4:00 P.M. Friday-10:00 A.M. Saturday. Age level: All ages Call to register	Bring your family and enjoy camping at Bells Bend Park. Spend the night at our campground for the unique experience of being in Bells Bend after dark. Bring your own food and equipment. Spots limited. Leader: Krista Allen, Outdoor Nashville
The B Side of Bells Bend 	Thursday, October 23 6:00-7:00 P.M. Age level: 16+ Call to register	Let's put the needle on the record for this non-traditional program with beautiful Bells Bend Park serving as our backdrop. Bring a record that you'd like to share or just come listen while we take in the fall air! Leader: Christie Wiser & Angie Smalling
Nature Hike 	Saturday, October 25 9:30-11:00 A.M. Age level: All ages Call to register	Join a park naturalist as we hike the trails to enjoy the beauty of nature on the trails through this old farm. Leader: Cheryl Medley
Trees of Fall 	Wednesday, Oct. 29 9:30-10:30 A.M. Age level: Adult, 13+ Call to register	The leaves are mostly gone. We'll learn how to identify tree species of late fall as they transition into the bare silhouettes of winter. Leader: LinnAnn Welch
Celebrating Squashes 	Thursday, October 30 10:00-11:30 A.M. Age level: All Ages No registration	Squashes have been an integral part of human society. People have been eating squash in many different and creative ways (from the fruit to the flowers) and have created birdhouses, toys, and many other interesting things with the different parts of the plant. Explore this amazing plant with a naturalist and handle some of these squashes up close! Leader: Jessa Tremblay
Full Moon Hike 	Wednesday, Nov. 5 5:00-7:00 P.M. Age level: 6+ Call to register	Join us for a night jaunt to view the full moon and bask in night views of Bells Bend Park. We will hike ~ 3 miles and if it is clear, we will try to spot some of the prominent constellations. Leader: Krista Allen, Outdoor Nashville

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Bells Bend Park Program Schedule

November To register for programs, please call (615) 862-4187

A Fun Way to Learn About Birds: Wingspan



Saturday, Nov. 8
1:00-3:00 P.M.
Age level: 13+
Call to register

Whether you're a novice or a pro, come join our game! Wingspan is a popular, bird-themed game in which you build your flock in realistic ways, learning about each bird and the overall workings of the ecological system.
Leader: Lise Brown

Sustainable Flower Arranging

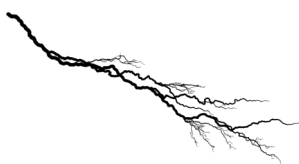


Thursday, Nov. 13
1:00-2:00 P.M.
Age level: 16+
Call to register

As autumn segues into the holiday season, we will explore some creative options to make beautiful one-of-a-kind bouquets made from dried meadow grasses and wildflowers.
Leader: Christie Wiser

Science Saturday: Weather- Whys

Saturday, Nov. 15
Various Times
Age level: 8+
Call to register



Ever wonder what those clouds mean? Why did all the frogs start calling? Learn how to interpret those and more, including how to prepare for emergency weather situations. We'll start with Book Club (see below) and wrap up with a fascinating discussion of the cultural impacts of weather. Watch our social media for program times and the full lineup.
Leader: Lise Brown and Special Guest Speakers

Book Club: Nature's Weather Signs



Saturday Nov. 15
9:30-10:30 A.M.
Age level: All ages
Call to register

Learn how to read signs in every cloud, breeze, hill, street, plant, and dewdrop in *The Secret World of Weather* by Tristen Gooley. This program will kick off our Science Saturday on weather. Your Bonus Read is *The Weather Detective* by Peter Wohlleben. If you haven't read one or the other, you still can participate in this book club. Leader: Lise Brown

Nature Hike



Saturday, Nov. 22
9:30-11:00 A.M.
Age level: All ages
Call to register

Join a park naturalist as we hike the trails to enjoy the beauty of nature on the trails through this old farm.
Leader: Cheryl Medley

You BUTTER Believe It!



Saturday, Nov. 22
1:00-2:00 P.M.
Age level: 10+
Call to register

DIY butter making with simple ingredients! Your holiday guests will be so impressed.
Leader: Christie Wiser

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