



# Madison Regional Community Center Fall 2025

550 N DuPont Ave Madison, TN, 37115

<b>Adult Programming</b> Cultural arts <b>Family Programming</b> Fitness Classes <b>Fun For All</b> Youth Programming (\$)-Paid Class <b>Metro DisABILITIES</b> Teen Programming <b>Metro Sports League</b>	<b>Monday</b> <b>Hours:</b> 6:00am-8:30pm	<b>Tuesday</b> <b>Hours:</b> 6:00am-8:30pm	<b>Wednesday</b> <b>Hours:</b> 6:00am-8:30pm	<b>Thursday</b> <b>Hours:</b> 6:00am-8:30pm	<b>Friday</b> <b>Hours:</b> 6:00am-7:30pm	<b>Saturday</b> <b>Hours</b> 8:00am-4:00pm
<b>Fall 2025 Program Schedule</b>  <u>Facility Coordinator</u> Anthony Cooper  <u>Program Coordinator</u> Felissa Reese  <u>Senior Rec Leader</u> Christopher Fisher  <u>Recreation Leaders</u> Raynesha Alexander Dominique Hyde Kameron Donaldson Traneal Bailey Antionette Chambers  It is the mission of Metro Parks and Recreation to sustainably and equitably provide everyone in Nashville with an inviting network of parks and greenways that offer health, wellness and quality of life through recreation, conservation and community.  Metro Parks does not discriminate on basis of age, race, color, National origin, religion, or disability in admission to or operation of its programs, services or activities.  	(\$) Fitness Center & Indoor Track 6:00am-8:15pm  <b>Adult Open Gym (18+)</b> 6:00am-11:00am  (\$) Morning Bootcamp W/ Brandon Brannan 8:00am-9:00am  <b>Senior Body Pump</b> W/ Ms. Felissa 10:00am-11:00am  <b>Beginners Line Dance</b> W/ Ms. Felissa 11:00am-12:00pm  <b>Metro DisABILITIES</b> 9:00am-2:00pm  <b>After-School Program</b> 3:00pm-6:00pm <b>GYMNASIUM CLOSED</b> *Registration Required*  <b>Step Team</b> (Ages: 9-14) 5:30pm-7:30pm  <b>Pickleball</b> 6:00pm-8:00pm	(\$) Fitness Center & Indoor Track 6:00am-8:15pm  <b>Open Gym</b> 6:00am-11:00am  <b>Teen Open Gym</b> (Ages: 13-17) 2:00pm-3:30pm  <b>After-School Program</b> 3:00pm-6:00pm <b>GYMNASIUM CLOSED</b> *Registration Required*  <b>Madison Dance Company</b> (Ages 8-12) 5:00pm-6:30pm  <b>Teen Open Gym</b> (Ages: 13-17) 6:00pm-8:00pm   Like us on facebook <b>Instagram:</b> @madison_community_center FB: Madison Regional Center <a href="http://www.Nashville.gov">www.Nashville.gov</a>	(\$) Fitness Center & Indoor Track 6:00am-8:15pm  <b>Adult Open Gym (18+)</b> 6:00am-11:00am  (\$) Morning Bootcamp W/ Brandon Brannan 8:00am-9:00am  <b>Senior Body Pump</b> W/ Ms. Felissa 10:00am-11:00am  <b>Beginners Line Dance</b> W/ Ms. Felissa 11:00am-12:00pm  <b>Metro DisABILITIES</b> 9:00am-2:00pm  <b>Teen Open Gym</b> (Ages: 13-17) 2:00pm-3:30pm  <b>After-School Program</b> 3:00pm-6:00pm <b>GYMNASIUM CLOSED</b> *Registration Required*  <b>Step Team</b> (Ages: 9-14) 5:30pm-7:30pm  (\$) Gyrokinesis 6:00pm-7:00pm  <b>Pickleball</b> 6:00pm-8:00pm	(\$) Fitness Center & Indoor Track 6:00am-8:15pm  <b>Open Gym</b> 6:00am-11:00am  <b>Teen Open Gym</b> (Ages: 13-17) 2:00pm-3:30pm  <b>After-School Program</b> 3:00pm-6:00pm <b>GYMNASIUM CLOSED</b> *Registration Required*  <b>MCC News</b> 5:00pm-6:00pm  <b>Madison Dance Company</b> (Ages 8-12) 5:00pm-6:30pm  <b>Adult Open Gym (18+)</b> 6:00pm-8:00pm	(\$) Fitness Center & Indoor Track 6:00am-7:15pm  <b>Badminton</b> 6:00am-11:00am  <b>Teen Open Gym</b> (Ages: 13-17) 2:00pm-3:30pm  <b>After-School Program</b> 3:00pm-6:00pm <b>GYMNASIUM CLOSED</b> *Registration Required*  <b>Family Open Gym</b> *Families w/ Children Ages 14 & Under* 6:00pm-7:15pm	(\$) Fitness Center & Indoor Track 8:00am-3:45pm  <b>Pickleball</b> 8:00am-12:30pm  (\$) Zumba W/ Janet 8:15am-9:15am  <b>Family Open Gym</b> *Families w/ Children Ages 14 & Under* 12:30pm-3:45pm  <b>Membership Fees:</b> <b>Daily Pass</b> Adult \$3.00 Discounted Rate \$1.50 <b>10 Visit Fitness Pass</b> Adult \$20.00 Discounted Rate \$10.00 (Fitness classes NOT included) <b>Monthly Pass</b> Adult \$30.00 Discounted Rate \$20.00 (Fitness classes NOT included) <b>Fitness Class</b> \$4.00 <b>10 Pass Fitness Class Card</b> \$40.00  Discounts applies to: Teens 13-17, Senior 62+, Metro Employees, Military Personnel, Disabled, and College Students <b>*Must Present Valid I.D.*</b>

Schedule Is Subject To Change Without Notice

We are available for parties, meetings, dinner, reunions, and more. For information on reserving space, stop by or contact us (615)862-8459.