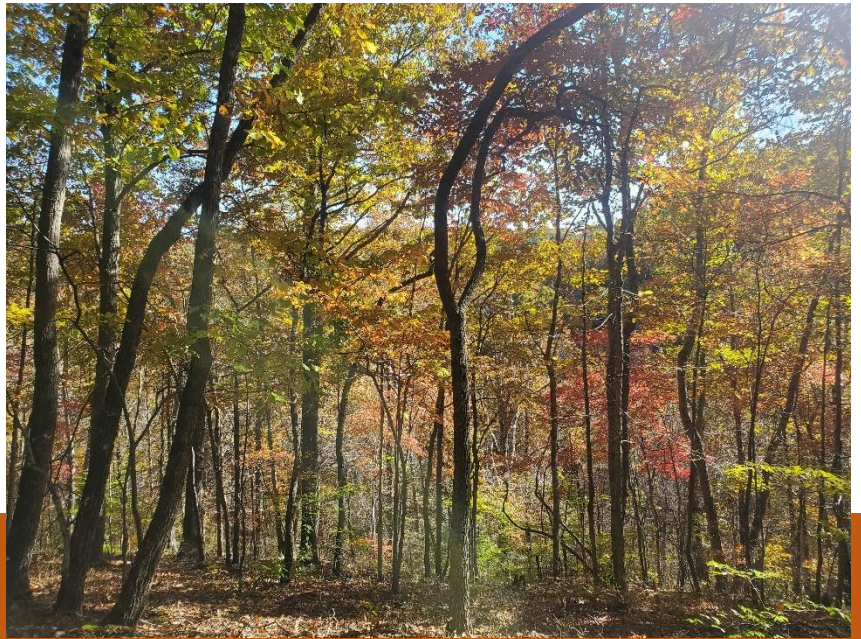


BEAMAN PARK NATURE CENTER



Visit Beaman Park Nature Center at
5911 Old Hickory Boulevard
Ashland City, TN 37015

The Nature Center is open
Tuesday through Friday from 12-4 p.m.
and Saturday from 9 a.m.-4 p.m.

Park trails are open every day
from sunrise until sunset.

Phone: (615) 862-8580

Email: beamanpark@nashville.gov

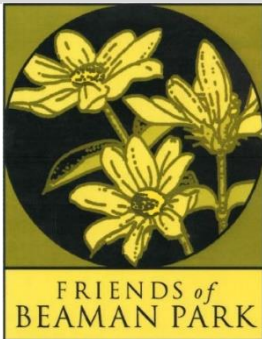
Website: beamanpark.nashville.gov



@beamanpark



@beamanparknashville



Fall 2025: Changing of the Seasons

As the season progresses into fall, fall in touch with your wild side. Beaman Park has several programs for all ages to enjoy the changing weather. From Autumn trees changing colors, to watching the birds migrate for the winter, to even the last few wildflowers of the year—fall is almost here.

Beaman Park will have our fireplace roaring once the cooler weather rolls around. We will continue to have Full Moon hikes, programs for Metro's Fall Break, and many volunteer opportunities. Get away from the city and breathe in some fresh autumn air on one of our trails. If you are not sure where to start, feel free to stop at the Nature Center for advice on which trail to do.

Park and program updates can be found on our Facebook and Instagram pages and our website. If you would like to get involved by volunteering or donating, visit friendsofbeamanpark.org. Park and program updates can be found on our [Facebook page](#) and our [website](#).

Recurring Program

Beaman Park Trailwork Days

Saturdays, 9/6, 10/4, 11/1
9 a.m.-noon
Age level: All ages

You can help Beautify the Park- pick up trash, clean the nature center windows or removing invasive plants. Projects are available throughout the park, and groups are welcome.
Leaders: Nature Center Staff and Volunteers; volunteers are needed! Email friendsofbeamannpark@gmail.com to volunteer.

September

The Nature Center will be closed in observance of Labor Day on Tuesday, September 2.

Enjoy the Hummingbirds!

Saturday, September 6
Drop by between 9 a.m. and 3 p.m.
Age level: All ages

Drop in to observe our tiniest birds in action not only around feeders, but in the wildflower garden and forest at the Nature Center.
Leader: Heather Gallagher

Full Corn Moon Night Hike

Saturday, September 6
6:30-8:30 p.m.
Age level: 8 and up

Hike the ridges and hollows of Beaman Park under the light of the bright Corn Moon. Meet at the Nature Center.
Leader: Zach Knight

Natural History of Little Marrowbone Road

Friday, September 12
10 a.m.-noon
Age level: Adults, 13 and up

Take a short walk and talk with Luke exploring the surprising ecology, geology and plant life found along the roadside near the scenic creek. Discover how nature thrives in overlooked spaces right at the edge of the pavement. Program will begin at roadside pull-off of LMR.
Leader: Luke Mahrenholz, Western Highland Rim Steward for Tennessee Department of Environment and Conservation

Early Fall Wildflowers

Saturday, September 13
1-2:30 p.m.
Age level: All ages

Turtleheads, orchids and more will guide this Creekside wildflower hike.
Leader: Nature Center Staff

Life in Henry Creek

Friday, September 19
1-2:30 p.m.
Age level: All ages

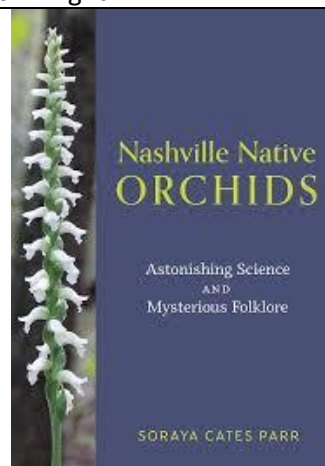
Investigate the life of Henry Hollow Creek. We will be looking for flowers, reptiles, amphibians, and more. Please bring water shoes and meet at the Creekside Trailhead.
Leader: Zach Knight

Nashville Native Orchids

Saturday, September 20
1 p.m.
Age level: 8 and up

Soraya's exciting presentation is sure to please nature loves and native plant devotees alike! Astonishing science and mysterious folklore delves into the six native species of orchids found in Davidson County that are part of the area's cultural heritage. Parr considers the effect of climate change on these vibrant flowers while advocating for a sustainable approach to Nashville development in order to preserve their natural ecosystem.

Presenter: Soraya Cates Parr



Trail Day: Bench Project	Saturday, September 20 9 a.m. Age level: Adults, 13 and up	Friends of Beaman Park is replacing benches in the Park! Email the Nature Center to be a part of this great project. beamanpark@nashville.gov Leader: Friends of Beaman Park
Migrating Birds of Beaman	Saturday, September 27 9 a.m. Age level: Adults, 13 and up	Observe and learn about bird species flying through Tennessee on their way south for winter. Meet at the Creekside trailhead at 9 a.m. This hike will take approximately 2 hours. Leader: Barbara Harris, Tennessee Ornithological Society
Fall Scavenger Hunt	Saturday, September 27 10-11 a.m. Age level: All ages	Celebrate the season by picking up a fall scavenger hunt at the Nature Center; complete it for a fabulous prize! Leader: Heather Gallagher
Learn the Trees of the Boardwalk	Saturday, September 27 1-2 p.m. Age level: All ages	Did you know we have a brochure identifying trees around the Nature Center Boardwalk? Pick one up and take a walk along this accessible trail next to the Nature Center. Leader: Heather Gallagher

October

Full Hunter's Moon Hike	Monday, October 6 6-8 p.m. Age level: 8 and up	Experience our beautiful moonlight forest for the Hunter's Moon on this 3.5-mile hike starting at the nature center. Sturdy hiking shoes are recommended. Leader: Nature Center Staff and Volunteers
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BELLS BEND PARK

FARM DAY

Hay rides through the park!

October 11th 2025

9:00AM to 3:30PM

Free Admission | Hay Rides
Equipment | Farm Animals | Live Music
Food Trucks | Competitions | Local Farms
Kid Activities | Programs | Vendors

Welcome to Fall Break!

Meet us at the Nature Center, in the creek and on the trail for free, fun, educational programs throughout the week!

Beaman's Long Hollow Trees	Friday, October 10 8:30 a.m. Age level: Adults, 13 and up	Take in the splendor of autumn while hiking the ridges of Beaman Park down into Long Hollow. Leader: Heather Gallagher and Zach Knight
Sun Printing on a Fall Day	Saturday, October 11 11 a.m.-1 p.m. Age level: All ages	Cast fall shadows on cyanotype paper using the power of the Sun and natural materials. Leaders: Nature Center Staff
Kids' Survival Skills	Tuesday, October 14 9 a.m.-noon Age level: Ages 8 and up	Participants will be introduced to skills necessary for successful, and safe excursions outdoors in this hands-on class. We will be outside the entire time so dress for the weather! Parents are required to stay for the duration of the event. Leader: Krista Allen, Outdoor Nashville
Homeschoolers Welcome: Skulls	Wednesday, October 15 10 a.m.-2 p.m. Age level: 8 and up	Learn about skulls and other bones from different types of animals. We'll display and identify skulls from woodchucks to deer and everything in between! Come listen, touch, and talk about the ins and outs of osteological adaptations and skeletal structure of the animals around us. Leader: Isaiah Francescon
Henry Hollow ROCKS!	Thursday, October 16 10 a.m.-noon Age level: 8 and up	Meet at the Nature Center to hike down to the creek in Henry Hollow. We'll observe sedimentary rock, weathering, erosion, escarpment and more. Leader: Heather Gallagher
Family Movie Night: Tim Burton's Corpse Bride	Friday, October 17 6:30-8:30 p.m. Age level: 8 and up	When a shy groom practices his wedding vows in the inadvertent presence of a deceased young woman, she rises from the grave assuming he has married her. Sponsored by: Friends of Beaman Park and hosted by Zach Knight
Fall Colors of Sedge Hill	Saturday, October 18 9 a.m.-3 p.m. Age level: All ages	Witness the transitioning colors of Beaman Park's Sedge Hill Trail. Leaders: Nature Center Staff and Volunteers
Photography Walk	Saturday, October 18 3-4 p.m. Age level: 16 and up	Walk with me through the woods stopping to take photos of nature landscape and animals at some of our most scenic spots in the Park. We will go over the basics of nature photography. You MUST bring your own camera. Leader: Isaiah Francescon
Fall Mandalas	Friday, October 31 1-2 p.m. Age level: All ages	Gather leaves from the forest to create art pieces celebrating the colors of fall. Leader: Heather Gallagher
"Go With The Flow" with Harpeth Conservancy	Saturday, October 25, 2025 10 a.m.-noon Age level: All ages	Experience the underwater ecosystem of Henry Creek with guidance from a Nature Center Naturalist AND the Harpeth River Conservancy. Leading into the Halloween Holiday, we will discover what critters and creepy-crawly's we can find in the creek, along with different facts about the water itself. Meet at Creekside Trailhead. Leaders: Zach Knight and Harpeth Conservancy

November

Nuts to You	Saturday, November 1 1-2 p.m. Age level: All ages	The fruits of the forest abound! Let's search for hickory nuts, acorns, berries and more! Leader: Heather Gallagher
Full Beaver Moon Hike	Wednesday, November 5 5:30-7:30 p.m. Ages 8 and up	Hike the original Ridgetop Trail out and back under the Beaver Moon. Dress warm and meet at Highland Trailhead. Leader: Zach Knight
Proctor Barn Cleanup	Saturday, November 8 9 a.m.-1 p.m. Age level: Adults, 13 and up	Join Friends of Beaman Park to clean up old dump sites at Beaman's Proctor Farm property. Let's restore our environment and promote responsible land management together. Make a difference for a cleaner, greener future! Leaders: Isaiah Francescon, Zach Knight and Friends of Beaman Park

Beaman Park Nature Center will be closed in observance of Veteran's Day on Tuesday, November 11.

FeederWatch with Us	Saturday, November 15 Noon-1 p.m. Age level: Adults, 13 and up; families welcome!	Beaman Park has observed over 25 species of feeder birds over the 5 years that we have conducted Cornell's Project FeederWatch. Learn more about this international project as well as how you can participate in our research! Leader: Nature Center Staff
Sapling Exchange	Saturday, November 15 2-4 p.m. Age Level: All ages	Exchange your house plants or propagations that are taking over your plant room. We will have tables set up on at the nature center for people to bring a few of their house plants to exchange with other plant enthusiasts. Please feel free to bring any plants that you would like to trade with other plant lovers; no more than 5 plants per person. Leader: Isaiah Francescon
The WHOLE Laurel Woods Trail	Saturday, November 22 8 a.m. Age level: Adults, 16 and up	Hike the 12.5-mile loop with nature center staff. Please bring appropriate hiking shoes, water packs/and or water bottles. Don't forget weather appropriate clothes and shoes as we will be crossing creeks! *Participants will be vetted before the hike.* Leaders: Zach Knight and Isaiah Francescon
Early Winter Bird Hike	Saturday, November 22 9 a.m. (app 2 hours) Age level: All ages	Observe and learn about the species which come from the north to make Tennessee their winter home. Meet at the Creekside trailhead at 9 a.m. Leader: Barbara Harris, Tennessee Ornithological Society

Beaman Park Nature Center will be closed in observance of the Thanksgiving holiday November 27 through November 29.

Unless otherwise listed, programs meet at Beaman Park Nature Center, located at 5911 OHB. Some programs may meet at the Highland or Creekside Trailheads at 4111 Little Marrowbone Road. Call the Nature Center for more details.