



NO HATE ON MY PLATE

A HUMANS OVER HATE INITIATIVE



NO HATE ON MY PLATE (NHOMP) HAS TWO KEY GOALS:

Bring Us Together – Creating spaces where diverse individuals can share meals, connect, and bond over shared experiences and values.

Drive Change – Gathering insights to understand and address hate, injustice, bias, and discrimination through meaningful interventions.

NHoMP is launching a six-month pilot, hosting events citywide to refine the program and gather data for future growth and funding. Join us in making a difference!

HOW TO PLAY A PART:

- ✓ Provide a space where a meal between 15 and 40 people could be hosted.
- ✓ Provide food for one or more meals
- ✓ Be trained as a facilitator for the meals.
- ✓ Volunteer to help coordinate a meal.

HOW TO BE A PART:

- ✓ To keep up to date on **NHoMP** meals happening throughout the city as well as share information, you can visit: www.HumansOverHate.org/no-hate-on-my-plate/
- ✓ Follow us on Instagram and Facebook - @IAmOverHate.

Contact Us



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www.nashville.gov/departments/human-relations