Hadley Park Regional Community Center

1037 28th Avenue N. Nashville, TN 37208 (615)862-8451

Sunday	Monday 6:00am - 8:30pm	Tuesday 6:00am – 8:30pm	Wednesday 6:00am - 8:30pm	Thursday 6:00am - 8:30pm	Friday 6:00am - 7:30pm	Saturday 8:00am – 4:00pm
Winter 2025 Program Schedule (October 27th – February 27th) **Facility Coordinator** Channoty Robinson **Program Coordinator** Arcentae Stone **Senior Recreation Leader** Leslie Patterson **Recreation Leaders** Jaleana New Tameka Harris Ariya Southern Maurice Goodner Onterreius Smith Wyatt Henry Malachi Tate Jalen Rouse	**6:00am – 8:15pm** Walking Track ($) Fitness Center **8:00am – 4:30pm** Senior Program **12:30pm – 2:30pm** Open Gym **3:00pm - 6:00pm** Afterschool Program NAZA 5th – 8th (Registration Required) **6:00pm – 7:00pm** Line Dancing **7:00pm – 8:00pm** Jr. NBA Practice ************************* When Metro Nashville Public Schools are closed, the Youth Program is from 10AM-4PM; ages 6-14. *************************	**6:00am – 8:15pm** Walking Track ($) Fitness Center **8:00am – 4:30pm** Senior Program **10:00am - 11:00am** Senior Line Dancing **12:30pm – 2:00pm** Senior Basketball (Ages 62 & older) **3:00pm - 6:00pm** Afterschool Program NAZA 5th – 8th (Registration Required) **4:30pm - 7:15pm** Rejoice Ballet **6:00pm – 8:00pm** Jr. NBA Practice	**6:00am – 8:15pm** Walking Track ($) Fitness Center **8:00am – 4:30pm** Senior Program **12:30pm – 2:30pm** Open Gym **3:00pm - 6:00pm** Afterschool Program NAZA 5th – 8th (Registration Required) **6:00pm – 7:00pm** Line Dancing **6:00pm – 7:00pm** Ridley's Dance Class	**6:00am – 8:15pm** Walking Track ($) Fitness Center **8:00am – 4:30pm** Senior Program **10:00am - 11:00am** Senior Line Dancing **12:30pm – 2:00pm** Senior Basketball (Ages 62 & older) **2:30pm – 4:00pm** Teen Open Gym **3:00pm - 6:00pm** Afterschool Program NAZA 5th – 8th (Registration Required) **6:00pm – 7:00pm** Ridley's Dance Class **6:00pm – 8:00pm** Jr. NBA Practice	**6:00am – 7:15pm** Walking Track ($) Fitness Center **8:00am – 4:30pm** Senior Program **3:00pm - 6:00pm** Afterschool Program NAZA 5th – 8th (Registration Required) **6:00pm – 7:15pm** Old School Open Gym Ages 40 & Up **@ Hadley Park Regional Community Center**	**8:00am – 3:45pm** Walking Track ($) Fitness Center **9:00am – 10:00am** Tot Time **10:30am – 12:30pm** Adult Open Gym **1:00pm – 3:00pm** Family Skate **Membership Fees:** **Adult Daily Pass** **$3.00** **Teens/Seniors/Military** **$1.50** **10 Visit Pass** Adult **$20.00** **Teens/Seniors/Military** **$10.00** **Monthly Pass** **Adult $30.00** **Teens/Seniors/Military** **$20.00** **Yearly Pass** **Adult $250.00** **Teens/Senior/Military $150**

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Facility Coordinator Channoty Robinson **Aquatic Coordinator** Sabrina Williams **Lifeguards** Jauan Scruggs Eliza deShon METRO PARKS NASHVILLE Established 1901	**7:30am - 8:30am** Water Walking **9:00am –10:00am** Senior Water Aerobics **10:30am -12:00pm** Open Swim	**7:30am - 8:30am** Lap Swim (3 lap lanes) **9:00am – 10:00am** Water Walking **10:30am -12:00pm** Open Swim	**7:30am - 8:30am** Water Walking **9:00am –10:00am** Senior Water Aerobics **10:30am -12:00pm** Open Swim	**7:30am - 8:30am** Lap Swim (3 lap lanes) **9:00am – 10:00am** Water Walking **10:30am -12:00pm** Open Swim	**7:00am – 7:45am** Senior Learn to Swim (Age 62 and Older) **9:00am – 10:00am** Open Swim/ Lap Swim (1 lap lane) **10:30am – 12:00pm** Open Swim **2:30pm – 3:30pm** After School Program	**9:00am – 10:00am** ($) Aqua Bikes w/Myron **10:30am -12:00pm** Family Swim American Red Cross Learn-to-Swim
	POOL CLOSED FOR LUNCH					
	1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane**)** **4:00pm – 5:00pm** After School Program **5:00pm – 5:45pm** Learn to Swim **6:00pm – 7:00pm** ($) Aqua Aerobic	**1:00pm – 3:30pm** Open Swim/ Lap Swim (1 Lane) **4:00pm – 5:30pm** Lifeguard Training LIFE GUARD ACADAMY	**1:00pm – 3:30pm** Open Swim/ Lap Swim (1 Lane) **4:00pm – 5:00pm** After School Program **5:00pm – 5:45pm** Learn to Swim **6:00pm – 6:45pm** ($) Aqua Bikes w/Myron ($) 7:00pm – 7:45pm (when 6pm class is filled)	**1:00pm – 3:30pm** Open Swim/ Lap Swim (1 Lane)	**Pool Length:** 20 yards **Depth:** Zero Entry – 3ft; 4ft **Lanes:** 3 **Pool Temp:** 86˚ **($) Daily Fitness** Class $4 **10 Day Pass Fit** Card $40	**Learn to Swim Group Class Fees:** Senior 62 & older: $40 for 8 Lessons 61 and Under: $60 for 8 Lessons