

The bone and joint health benefit from Cigna Healthcare.

Quality providers. Personalized support.
Zero surprise surgery costs.¹



From cost to care, you're covered.

If you are suffering from back, knee, hip or shoulder pain, our Bone and Joint Health benefit – part of Cigna Healthcare's condition-specific care solutions – provides personalized assistance to help you find the right care and live pain-free again.

By selecting the Bone and Joint Health benefit, you can:



Get personalized guidance and support

A Cigna Healthcare® Care Advocate will support you every step of the way. We'll help you find solutions to treat your pain, such as physical therapy. If the time comes for surgery, we'll help you find the right surgeon and follow up to make sure you have the resources you need.



Avoid surprise costs

If surgery is required, member cost-share is covered at 100%, from admission through discharge after deductible.¹



Connect to quality care

You'll get access to quality, affordable surgeons who are part of the benefit, along with pre- and post-surgery support and connection with other helpful resources.

Our Bone and Joint Health benefit covers*:

- Low back disk surgery
- Hip replacement
- Knee replacement
- Laminectomy
- Spinal fusion
- Shoulder replacement



Ready to take the next step

See the FAQ flyer for answers to common questions, call **855.678.0042** between the hours of 8:00 am–5:00 pm ET, M–F.



1. Surgery is covered at 100% after your deductible is met if you have a high deductible health plan with a health savings account (or HSA) when you participate and use the providers in the benefit. Generally, facility and professional services from admission through discharge are included in the benefit. Charges for covered expenses not included in the benefit are subject to your health plan's applicable copays, coinsurance, and deductible, if any. Procedure availability varies by market.

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