



THEATER CLASSES

To Register
Monday-Friday Call:

615-880-2787 ext 0

-or-

visit Centennial Performing Arts
Studios in person: 211 27th Ave North

Nashville.gov/theater



follow qr code to
pre-register online

Metro Parks Theater Academy

Metro Parks Theater Academy is a place for students ages 3-18 to learn all about theater no matter if their interest is acting & directing, singing & dancing, or the technical aspects of putting on a production. Students will spend time discovering and developing their theater talents and will have a chance to showcase what they learn in a low stakes performance setting.

Broadway Babies | 3-4.5 years*

In this class young performers who love to sing & twirl are introduced to foundational principles. Students begin training in expressing themselves through imagination, teamwork, musicality, movement & song in a developmentally appropriate way that helps spark and feed the joy of song & dance!

Wednesdays	2-2:45	Christen Heilman	McCabe	Jan 15-Apr 15 (13 sessions)	\$117
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***taught in partnership with Metro Parks Dance Division!**

Primary Musical Theater | 5-9 years

A playful introduction to singing, dancing, and acting! Kids explore storytelling through song, learn basic stage movement, and build confidence while working together. Games encourage listening, expression, and imagination.

Mondays	4:00-5:00pm	Sarah Manzo	CPAS	Jan 5- April 27 (13 sessions)	\$117
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Secondary Musical Theater | 10–13 years

Students deepen skills in voice, choreography, and character work. They learn stage presence, ensemble harmony, and scene-building, fostering teamwork, discipline, and creative problem-solving.

Mondays	5:00–6:00 pm	Sarah Manzo	CPAS	Jan 5– April 27 (13 Sessions)	\$117
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Upper Level Musical Theater | 14– 18 years

Focused, performance-driven training in acting, advanced vocal technique, and dance styles. Teens refine professionalism, emotional range, and collaboration, preparing for auditions, productions, and leadership roles onstage and beyond.

Mondays	6:00–7:00 pm	Sarah Manzo	Sarah Manzo	CPAS	Jan 5–April 27 (13 sessions)	\$117
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Children’s Improvisation | 7–10 years

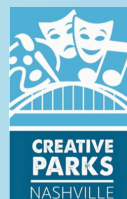
An improv class for ages 7–10 is a joyful, high-energy playground for the imagination! Through fun games, storytelling, and quick-thinking exercises, kids learn acting techniques like character creation, voice, and movement. They practice teamwork, active listening, and thinking on their feet—skills that boost confidence and adaptability. Mistakes become opportunities, helping children embrace creativity without fear. Friendships grow and students discover how to collaborate, share ideas, and shine both onstage and in everyday life. It’s not just acting—it’s building life skills wrapped in play, where every “Yes, and…” opens the door to new adventures.

Tuesdays	4:15–5:15 pm	Sarah Manzo	CPAS	Jan 6– April 28 (15 sessions)	\$135
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Scenes and Monologues | 11–13 years

In a supportive, creative environment, students explore character development, voice, and movement through engaging scenes and monologues. They learn to analyze scripts, make strong acting choices, and connect emotionally with material. Emphasis is placed on listening, reacting truthfully, and building confidence speaking alone and with partners. Collaboration, constructive feedback, and stage presence skills help them grow as performers while strengthening focus, empathy, and communication—both onstage and in everyday life.

Tuesdays	5:15–6:15 pm	Sarah Manzo	CPAS	Jan 6– April 28 (15 Sessions)	\$135
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Acting for Screen | 10-13 years

Budding screen stars ages 10-13 learn the essentials of acting for film and television – from mastering on-camera presence to hitting their marks and delivering authentic performances. Students explore script work, scene study, and improvisation, all while building confidence and teamwork in a fun, supportive environment.

Wednesdays	5:00-6:00 pm	Chantea Kirkwood	CPAS	Jan 14- April 29 (14 Sessions)	\$126
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Acting for Screen | 14-18 years

Teens ages 14-18 take their skills to the next level with advanced on-camera techniques, in-depth character study, and industry-style rehearsals. They gain experience in everything from audition prep to working with scene directors, leaving them ready to shine both on set and in front of the camera.

Wednesdays	4:00-5:00 pm	Chantea Kirkwood	CPAS	Jan 14- April 29 (14 Sessions)	\$126
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CLASS PRE-REQUISITES

No experience necessary for theater classes. Students new and experienced alike will benefit from a shared environment with their peers. Theater classes help build confidence and leadership skills in addition to growing skills for the stage.

AGE REQUIREMENTS

Students must be the minimum age by September 2nd, 2025 for both the Fall 2025 and Winter/Spring 2026 Sessions. This age requirement aligns with the MNPS age requirement for the school year.

CLASS LOCATION

Centennial Performing Arts Studios (**CPAS**)
211 27th Ave North, Centennial Park

McCabe Park Community Center (**McCabe**)
101 46th Ave North, McCabe Park

QUESTIONS?

E-mail christen.heilman@nashville.gov or Call 615.880.2787 ext 72721

nashville.gov/theater  [@metroparkstheater](https://www.facebook.com/metroparkstheater)



800-514-0301 (voice)
1-833-610-1264 (TTY)

