



These activities are offered by Metro Nashville Parks and Recreation - Outdoor Recreation program. Age and ability level are noted for each event. Some activities may charge a small fee. Unless otherwise noted, advance registration is required. These activities are offered at various park locations across the city. Exact location of the activities will be provided when you register.



Questions?

Phone: 615-642-9745

Email: outdoorrec@nashville.gov or krista.allen@nashville.gov

Outdoor Nashville - Winter 2025/26 Programs

Pre-registration is currently required for most programs, so please email outdoorrec@nashville.gov to make sure there is a spot available to you.

Backpacking at Beaman Park



Fri./Sat. Dec. 5th/6th
Age level: 18+ with previous experience
Skill: Advanced
Beaman Park
Free

Join us for an advanced 1-night backpacking trip in Beaman Park. Expect a cold night and a quick but challenging adventure designed for those with prior backpacking experience. We'll hike in ~7.5 miles, camp, then hike ~7.5 miles back out the next day. Participants must bring and pack their own food and supplies. More details will be provided upon registration. A pre-trip meeting is **REQUIRED** for this program.

Kids Survival Skills



Friday, Dec. 19th
1:00pm-4:00pm
Age level: 8+
Skill: Beginner
Beaman Park
Free

Participants will be introduced to skills necessary for successful, and safe excursions outdoors in this hands-on class at Beaman Park. We will be outside the entire time so dress for the weather! Parents must stay for the duration of the event. Space is limited. Registration is required.

Shortest Day Hike



Saturday, Dec. 20th
10:00am-12:00pm
Age level: All ages
Skill: Beginner
Bells Bend Park
Free

Join us for a peaceful hike on the nearly shortest day of the year as we celebrate the winter solstice at Bells Bend Park. We'll stroll through the open meadows and rolling hills, soaking in the soft golden light of late December and reflecting on the rhythm of the seasons. We'll also offer a short directional orientation class based on the sun!

Petals & Pedals: Peeler Park



Saturday, Dec. 27th
1:00pm-3:00pm
Age level: 13+
Skill: Beginner
Peeler Park
Free

Join us for a relaxed winter bike ride through the quiet beauty of Peeler Park. Along the way, we'll stop to explore and discuss how the park's plant life adapts to the colder season. With flowers long gone, we'll focus on identifying plants by their seeds, bark, shapes, and other distinctive winter features. Bring your own bike if you have one, or reserve one of our limited-availability bikes. Meeting location will be provided upon registration.

Cold Weather Camping Class



Friday, Jan. 9th
5:00pm-7:00pm
Age level: 13+
Skill: Intermediate
Bells Bend Park
Free

Get ready to embrace the chill! In this program at Bells Bend Outdoor Center, we'll cover the essentials of camping in cold weather. We will discuss everything from choosing the right gear and clothing layers to setting up a warm, safe campsite. Learn practical tips for staying comfortable through the night, keeping you and your supplies from freezing, and enjoying the beauty of winter outdoors with confidence.

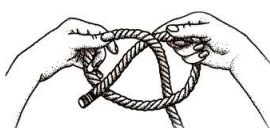
See you at Stones River Greenway



Saturday, Jan 10th
9:00am-3:00pm
Age level: All ages
Skill: n/a
Stones River Greenway
Free

Have you ever wanted to know more about the recreation opportunities surrounding Percy Priest Lake and Stones River? Drop by and see us at the Stones River Greenway – Percy Priest Dam Trailhead to get the latest news and learn more about what we're doing with Outdoor Nashville!

Knot Tying



Saturday, Jan. 17th
9:00am-11:00am
Age level: All ages
Skill: Beginner
Warner Parks
Free

Knot tying is an incredibly useful skill that can be used in many everyday situations! Drop by our table on the back porch of Warner Park Nature Center for a chance to practice knots you may already know and learn a few new ones along the way. Whether you're a beginner or looking to brush up on your skills, this session is a great way to build confidence and have fun while learning the ropes, literally!



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Fire Building 101



Saturday, Jan. 24th
9:00am-11:00am
Age level: 8+
Skill: Beginner
Shelby Bottoms Park
Free

Learn the basics of fire building at Shelby Bottoms Nature Center including safety, materials, structure, and strategies. We will attempt multiple methods from traditional to modern techniques in this hand-on class. At the end we will roast smores with the fires you help to create. Space is limited. Registration is required.

Climbing Day



Saturday, Jan. 31st
12:00pm-3:00pm
Age level: All ages
Skill: Beginner/
Intermediate
Bells Bend Park
Free

Whether a beginner or a pro, this is the program for you! Come check out Bells Bend Outdoor Center's indoor climbing wall with our auto belay system and outdoor boulder. We'll have the crash pads set up and ready to go. Shoes, chalk, etc. not provided. We will have harnesses available for use on the indoor wall.

Archery Basics Session #1



Saturday, Feb. 7th
9:00am-11:00am
Age level: All ages
Skill: Beginner
Bells Bend Park
Free

Whether you're taking your first steps into the world of archery or you're a seasoned archer with a quiver full of experience, we invite you to join us at Bells Bend Park for a delightful morning dedicated to practicing this skill. Bows and arrows provided. You may bring your own equipment, but may only use practice tips. Please wear closed toed shoes.

Archery Basics Session #2



Saturday, Feb. 7th
1:00pm-3:00pm
Age level: All ages
Skill: Beginner
Bells Bend Park
Free

Whether you're taking your first steps into the world of archery or you're a seasoned archer with a quiver full of experience, we invite you to join us at Bells Bend Park for a fun afternoon dedicated to practicing this skill. Bows and arrows provided. You may bring your own equipment, but may only use practice tips. Please wear closed toed shoes.

Early Morning Lovebird Hike: Woodcock Watch



Saturday, Feb. 14th
Pre-dawn TBA
Age level: 13+
Skill: Beginner
Bells Bend Park
Free

Looking for a unique Valentine's Day activity with your lovebird, or just a fun solo way to celebrate? Join us before sunrise for a special hike to witness one of nature's most enchanting displays -the courtship flight of the American Woodcock. As dawn breaks over Bells Bend Park, we'll listen for the male's distinctive "peent" call and watch his spectacular sky dance in hopes of impressing a mate. It's a truly wild way to celebrate love in nature!

Little Kids Survival Skills



Saturday, Feb. 21st
10:00am-11:30am
Age level: 3-7 y/o
Skill: Beginner
Fort Negley Park
Free

You asked for it, and we heard you! Our popular kid survival skills class now has a special version just for our youngest explorers. Through storytelling, games, and hands-on fun, kids will learn what to do if they ever get lost outdoors. We'll practice how to stay warm, dry, and safe until help arrives, all while building confidence and curiosity! Parents are required to stay for the duration of the program. Space limited. Registration required.

B.A.R.K. Ranger



Saturday, Feb. 28th
1:00pm-3:00pm
Age level: 13+
Skill: Beginner
Shelby Bottoms Park
Free

As part of our initiative to promote responsible stewardship and healthy outdoor adventures with pets, this program teaches pups and their owners how to enjoy parks safely while minimizing their pet's impact on natural resources. Metro Water Services will join us to share how our pets influence local waterways and park ecosystems. We'll head out on a guided hike, complete fun hands-on activities centered on the B.A.R.K. principles—Bag your pet's waste, Always leash your pet, Respect wildlife, and Know where you can go—and finish by officially swearing in your pups as proud Metro Parks BARK Rangers.



Nashville Outdoor Recreation Festival: Saturday, April 11th, 2025 at Bells Bend Park

Follow us on social media for highlights and more information on [Outdoor Nashville](#) programs!



Outdoor Nashville



@OutdoorNashville



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