

MINUTES

METROPOLITAN EMPLOYEE BENEFIT BOARD

MEDICAL & LIFE COMMITTEE

February 23, 2026

The Metropolitan Employee Benefit Board's Medical & Life Committee met on Monday, February 23, 2026, in the Metropolitan Nashville Public Schools Board Room, 2601 Bransford Avenue, Nashville, TN at approximately 9:41 a.m.

Committee Members present: Chair Harold W. Finch, II; Vice-Chair: ***Christy Pruitt-Haynes; Members: *G. Thomas Curtis, B.R. Hall, Sr., Bradley Pinson and **Robert Weaver. Alternate(s): Shannon Hall and Jonathan Puckett.

Others present: Christina Hickey, Metro Human Resources and Courtney Mohan, Metro Legal Department.

Christina Hickey opened the floor to nominations for Committee Chair and Vice-Chair.

B.R. Hall nominated Harold Finch for Committee Chair. Jonathan Puckett seconded. A vote was taken on the nomination for Committee Chair and was approved without objection.

Shannon Hall nominated Christy Pruitt-Haynes for Committee Vice-Chair. B.R. Hall seconded. A vote was taken on the nomination for Committee Vice-Chair and was approved without objection.

The Human Resources staff submitted the following for the Committee's consideration and appropriate action:

1. Public Comment Period

A maximum of five (5) persons who write their names on the sign-up sheet provided at the meeting will be allowed to comment on matters that are germane to items on the Agenda. Comments are limited to a maximum of two (2) minutes per person. To provide comment, you must sign up prior to the beginning of the meeting.

There were no public comments.

2. Self-insured Cigna HRA plan appeal - Dependent of employee from MNPS.

*Denotes the arrival of G. Thomas Curtis.

Paul Huffman and Chip Chambers, Cigna, were present.

**Denotes the arrival of Robert Weaver.

***Denotes the arrival of Christy Pruitt-Haynes.

The dependent was present and addressed the Committee regarding her appeal. She stated that her condition falls into a gray area as she has not been diagnosed with a condition that would warrant the procedure as it is a congenital deformity. She discussed her condition, struggles with finding undergarments that fit, her discomfort and pain. She reviewed her treating physician's statements citing plastic surgery being the only effective treatment for the condition, cosmetic versus reconstructive surgery, medical necessity and Cigna's plan language.

Christina Hickey reported to the Committee that a dependent of an employee from MNPS, who is participating in the self-insured Cigna HRA plan, was denied coverage of the surgical correction of tuberous breast deformity. She stated that this appeal was previously heard at the October 23, 2025 Committee meeting and it was deferred pending additional documentation as requested from the dependent.

Paul Huffman reviewed the coverage policy and stated that the procedure codes submitted were deemed as not medically necessary in this case and did not meet the criteria required for coverage.

2. Self-insured Cigna HRA plan appeal - Dependent of employee from MNPS. (continued)

After some discussion of cosmetic versus reconstructive surgery, medically necessary care for a congenital deformity, conflicting plan provisions, and the unique factors of this particular case, Robert Weaver moved to approve coverage of the procedure. B.R. Hall seconded.

After some discussion of the codes and policy review, a vote was taken on the motion to approve coverage of the procedure and the Committee approved without objection.

3. Self-insured Cigna PPO plan appeal from the provider, SPRcare, of an employee from General Services.

Christina Hickey reported to the Committee that an employee from General Services, participating in the self-insured Cigna PPO plan was denied coverage of CPT 64555, 2 units, percutaneous implantation of neurostimulator electrode array; peripheral nerve (excludes sacral nerve). She stated this was denied as the Cigna medical policy states that this procedure is considered experimental, investigational, and not medically necessary. She stated that previously, this request and grievance for this coverage were denied and the provider, SPRcare, is appealing the Cigna PPO plan denial.

The employee was present. He discussed his condition, chronic pain and other treatments he has tried for his condition.

Paul Huffman and Chip Chambers, Cigna, were present.

Paul Huffman stated that the request is not considered medically necessary in this case for the acute chronic pain and is considered experimental and investigational.

After some discussion of this treatment being approved by the Federal Drug Administration, (FDA), and Medicare, B.R. Hall moved for approval of the procedure. Bradley Pinson seconded.

4. Self-insured Cigna HRA plan appeal from the provider, SPRcare, of an employee from Metropolitan Nashville Public Schools.

Christina Hickey reported to the Committee that an employee from Metropolitan Nashville Public Schools (MNPS), participating in the self-insured Cigna HRA plan was denied coverage of CPT 64555, 2 units, percutaneous implantation of neurostimulator electrode array; peripheral nerve (excludes sacral nerve). She stated this was denied as the Cigna Medical Policy states that this procedure is considered experimental, investigational, and not medically necessary. She stated that previously, this request and grievance for this coverage were denied and the provider, SPRcare, is appealing the Cigna HRA plan denial.

The employee was not present.

Paul Huffman and Chip Chambers, Cigna, were present.

Paul Huffman stated that the request is not considered medically necessary in this case and is considered experimental and investigational.

After some discussion of the medical record, other treatment options, pain management and the employee exploring other remedies, B.R. Hall moved to uphold the denial. Bradley Pinson seconded and the Committee approved without objection.

5. Self-insured Cigna HRA plan appeal from the provider, Compass Intervention Center, for a dependent of an employee from the Sheriff's Office.

Christina Hickey reported to the Committee that a dependent of an employee from the Sheriff's Office, who is participating in the self-insured Cigna HRA plan, was denied coverage of the Residential Behavioral Health Level of Care, Child or Adolescent, ORG: B-902-RES services for the date of 10/14/25. She stated that previously, this request and grievance for this coverage was denied and the provider is appealing the Cigna HRA plan denial and has supplied documentation on their appeal.

5. Self-insured Cigna HRA plan appeal from the provider, Compass Intervention Center, for a dependent of an employee from the Sheriff's Office. (continued)

The employee was not present.

Paul Huffman and Chip Chambers, Cigna, were present.

Paul Huffman stated that medical necessity was not met for the continued stay in this case according to the behavioral health guidelines.

Tom Curtis moved to uphold the denial of the request. B.R. Hall seconded and the Committee approved without objection.

6. Self-insured Cigna PPO plan appeal- Dependent of employee from Music City Center.

Christina Hickey reported to the Committee that a dependent of an employee from Music City Center, who is participating in the self-insured Cigna PPO plan, was denied coverage of a GLP-1 medication. She stated that previously, this request and grievance for this coverage was denied and the dependent is appealing the Cigna PPO plan denial and has supplied documentation on their appeal as well as additional documentation.

The dependent was not present.

Paul Huffman and Chip Chambers, Cigna, were present.

Paul Huffman stated that coverage of GLP-1 medications are only for a diagnosis of diabetes. He stated this request was for Zep bound which is a weight loss medication in the GLP-1 category and is not covered under Metro's plan for any condition.

Christy Pruitt-Haynes moved to uphold the denial. Robert Weaver seconded and the Committee approved without objection.

With nothing further presented, the meeting adjourned at 10:47 a.m.

ATTEST:

APPROVED:

Shannon B. Hall, Director
Human Resources

Harold W. Finch, II, Chair
Medical & Life Committee