

Madison Regional Community Center Spring 2026

<p>Adult Programming</p> <p>Family Programming</p> <p>Fitness Classes</p> <p>Fun For All</p> <p>Youth Programming</p> <p>(\$)-Paid Class</p> <p>Metro DisABILITIES</p> <p>Teen Programming</p> <p>Metro Sports League</p> <p>Community Outreach</p> <p>Senior Programs</p>	<p>Monday Hours: 6:00am-8:30pm</p>	<p>Tuesday Hours: 6:00am-8:30pm</p>	<p>Wednesday Hours: 6:00am-8:30pm</p>	<p>Thursday Hours: 6:00am-8:30pm</p>	<p>Friday Hours: 6:00am-7:30pm</p>	<p>Saturday Hours 8:00am-4:00pm</p>
<p>Spring 2026 Activity Schedule</p> <p><u>Facility Coordinator</u> Anthony Cooper</p> <p><u>Senior Rec Leader</u> Christopher Fisher</p> <p><u>Recreation Leaders</u> Raynesha Alexander Dominique Hyde Traneal Bailey Kameron Donaldson Darnell McClain</p> <p>It is the mission of Metro Parks and Recreation to sustainably and equitably provide everyone in Nashville with an inviting network of parks and greenways that offer health, wellness and quality of life through recreation, conservation and community.</p> <p>Metro Parks does not discriminate on basis of age, race, color, National origin, religion, or disability in admission to or operation of its programs, services or activities.</p> 	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Adult Open Gym (18+) 6:00am-2:00pm</p> <p>(\$) Morning Bootcamp W/ Brandon Brannan 8:00am-9:00am</p> <p>Metro DisABILITIES 9:00am-2:00pm</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Step Team (Ages: 9-14) 5:00pm-7:00pm</p> <p>(\$) Evening Boxing W/ Brandon Brannan 6:30pm-7:30pm</p> <p>Pickleball 6:00pm-8:15pm</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Open Gym 6:00am-2:00pm</p> <p>Senior Stretch 10:00am-11:30am</p> <p>Teen Open Gym (Ages: 13-17) 2:00pm-3:30pm</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Madison Dance Company (Ages 8-12) 5:00pm-6:30pm</p> <p>Teen Open Gym (Ages: 13-17) 6:00pm-8:15pm</p> <p><u>Instagram</u> Madison_Community_Center</p> <p><u>Facebook:</u> Madison Regional Center</p> <p><u>Metro Nashville Website</u> www.Nashville.gov</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Adult Open Gym (18+) 6:00am-2:00pm</p> <p>(\$) Morning Bootcamp W/ Brandon Brannan 8:00am-9:00am</p> <p>Metro DisABILITIES 9:00am-2:00pm</p> <p>Teen Open Gym (Ages: 13-17) 2:00pm-3:30pm</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Step Team (Ages: 9-14) 5:30pm-7:30pm</p> <p>(\$) Gyrokinesis 6:00pm-7:00pm</p> <p>Pickleball 6:00pm-8:15pm</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Open Gym 6:00am-2:00pm</p> <p>Card Games 10:00am-11:30am</p> <p>Teen Open Gym (Ages: 13-17) 2:00pm-3:30pm</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Madison Dance Company (Ages 8-12 W/ registration) 5:00pm-6:30pm</p> <p>615 Soul Line Dance 6:30pm-8:00pm</p> <p>Adult Open Gym (18+) 6:00pm-8:15pm</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-7:15pm</p> <p>Adult Open Gym (18+) 6:00am-2:00pm</p> <p>Bingo 10:00am-11:30am</p> <p>Teen Open Gym (Ages: 13-17) 2:00pm-3:30pm</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Family Open Gym *Families w/ Children Ages 14 & Under* 6:00pm-7:15pm</p> <p>Madison Community Closet (Covered by Faith) *Every 1st and 3rd Friday* 12:00pm-6:30pm</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 8:00am-3:45pm</p> <p>Pickleball 8:00am-12:00pm</p> <p>(\$) Zumba W/ Janet 8:15am-9:15am</p> <p>Family Open Gym *Families w/ Children Ages 14 & Under* 12:30pm-3:45pm</p> <p>Membership Fees: Daily Pass Adult \$3.00 Discounted Rate \$1.50 10 Visit Fitness Pass Adult \$20.00 Discounted Rate \$10.00 (Fitness classes NOT included) Monthly Pass Adult \$30.00 Discounted Rate \$20.00 (Fitness classes NOT included) Fitness Class \$4.00 10 Pass Fitness Class Card \$40.00 Discounts apply to: Teens 13-17, Senior 62+, Metro Employees, Military Personnel, Disabled, and College Students *Must Present Valid I.D.*</p>

Schedule is Subject to Change Without Notice

We are available for parties, meetings, dinner, reunions, and more. For information on reserving space, stop by or contact us (615)862-8459.