

Hadley Park Regional Community Center

1037 28th Avenue N. Nashville, TN 37208 (615)862-8451

	Monday 6:00am - 8:30pm	Tuesday 6:00am – 8:30pm	Wednesday 6:00am - 8:30pm	Thursday 6:00am - 8:30pm	Friday 6:00am - 7:30pm	Saturday 8:00am – 4:00pm
<p>Spring 2026 Program Schedule (March 16th – May 30th)</p> <p>Facility Coordinator Channoty Robinson</p> <p>Program Coordinator Arcentae Stone</p> <p>Senior Recreation Leader Leslie Patterson</p> <p>Recreation Leaders</p> <p>Tameka Harris Maurice Goodner Jaleana New Ariya Southern On'terreius Smith Malachi Tate Jalen Rouse</p> 	<p>6:00am – 8:15pm Walking Track (\$) Fitness Center</p> <p>6:00am – 8:00am Open Gym</p> <p>8:00am – 4:30pm Senior Program</p> <p>12:30pm – 2:30pm Open Gym</p> <p>3:00pm - 6:00pm Afterschool Program NAZA 5th – 8th (Registration Required)</p> <p>6:00pm – 7:00pm Line Dancing</p> <p>***** When Metro Nashville Public Schools are closed, the Youth Program is from 10AM-4PM; ages 6-14. *****</p>	<p>6:00am – 8:15pm Walking Track (\$) Fitness Center</p> <p>6:00am – 8:00am Open Gym</p> <p>8:00am – 4:30pm Senior Program</p> <p>10:00am - 11:00am Senior Line Dancing</p> <p>12:30pm – 2:00pm Senior Basketball (Ages 62 & older)</p> <p>3:00pm - 6:00pm Afterschool Program NAZA 5th – 8th (Registration Required)</p> <p>4:30pm - 7:15pm Rejoice Ballet</p> <p>6:00pm – 8:00pm Adult Basketball (Ages: 18+)</p>	<p>6:00am – 8:15pm Walking Track (\$) Fitness Center</p> <p>6:00am – 8:00am Open Gym</p> <p>8:00am – 4:30pm Senior Program</p> <p>12:30pm – 2:30pm Open Gym</p> <p>3:00pm - 6:00pm Afterschool Program NAZA 5th – 8th (Registration Required)</p> <p>6:00pm – 7:00pm Line Dancing</p> <p>6:00pm – 7:00pm Ridley's Dance Class</p>	<p>6:00am – 8:15pm Walking Track (\$) Fitness Center</p> <p>6:00am – 8:00am Open Gym</p> <p>8:00am – 4:30pm Senior Program</p> <p>10:00am - 11:00am Senior Line Dancing</p> <p>12:30pm – 2:00pm Senior Basketball (Ages 62 & older)</p> <p>3:00pm - 6:00pm Afterschool Program NAZA 5th – 8th (Registration Required)</p> <p>6:00pm – 7:00pm Ridley's Dance Class</p> <p>6:00pm – 8:00pm Teen Basketball (Ages: 15-17)</p>	<p>6:00am – 7:15pm Walking Track (\$) Fitness Center</p> <p>6:00am – 8:00am Open Gym</p> <p>8:00am – 4:30pm Senior Program</p> <p>3:00pm - 6:00pm Afterschool Program NAZA 5th – 8th (Registration Required)</p> <p>6:00pm – 7:15pm Old School Basketball (Ages: 35 and up)</p>  <p>@Hadley Park Regional Community Center</p>  <p>@HadleyPark_Regional</p>	<p>8:00am – 3:45pm Walking Track (\$) Fitness Center</p> <p>9:00am – 10:00am Tot Time</p> <p>10:30am – 12:30pm Adult Open Gym</p> <p>1:00pm – 3:30pm Family Skate</p> <p>Membership Fees: Adult Daily Pass \$3.00 Teens/Seniors/Military \$1.50</p> <p>10 Visit Pass Adult \$20.00 Teens/Seniors/Military \$10.00</p> <p>Monthly Pass Adult \$30.00 Teens/Seniors/Military \$20.00 Yearly Pass Adult \$250.00 Teens/Senior/Military \$150</p>

Schedule is Subject to Change.

We are available for parties, meetings, dinner, reunions, and more. For information on reserving space, stop by or contact us (615) 862-8451

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:30am - 8:30pm	7:30am - 8:30pm	7:30am - 8:30pm	7:30am - 8:30pm	7:30am - 7:30pm	9:00am - 4:00pm
<p>Facility Coordinator Channoty Robinson</p> <p>Aquatic Coordinator Sabrina Williams</p> <p>Lifeguards Jauan Scruggs</p> 	<p>7:30am - 8:30am Water Walking/ Lap Swim (1 Lane)</p> <p>9:00am - 10:00am Senior Water Aerobics</p> <p>10:30am - 12:00pm Open Swim</p> <p>1:00pm - 3:30pm Open Swim/ Lap Swim (1 Lane)</p> <p>4:00pm - 5:00pm Afterschool Program</p> <p>6:00pm - 7:00pm (\$) Aqua Aerobic w/ Sunny</p>	<p>7:30am - 8:30am Water Walking/ Lap Swim (1 Lane)</p> <p>9:00am - 10:00am Water Walking</p> <p>10:30am - 12:00pm Open Swim</p> <p>1:00pm - 3:30pm Open Swim/ Lap Swim (1 Lane)</p> <p>4:00pm - 5:30pm Family Swim</p>  <p>***** Ask for more information about lifeguard training. *****</p>	<p>7:30am - 8:30am Water Walking/ Lap Swim (1 Lane)</p> <p>9:00am - 10:00am Senior Water Aerobics</p> <p>10:30am - 12:00pm Open Swim</p> <p>1:00pm - 3:30pm Open Swim/ Lap Swim (1 Lane)</p> <p>4:00pm - 5:00pm Afterschool Program</p> <p>6:00pm - 7:00pm (\$) Aqua Bikes</p>	<p>7:30am - 8:30am Water Walking/ Lap Swim (1 Lane)</p> <p>9:00am - 10:00am Water Walking</p> <p>10:30am - 12:00pm Open Swim</p> <p>1:00pm - 3:30pm Open Swim/ Lap Swim (1 Lane)</p>	<p>7:00am - 7:45am (\$) Senior Learn to Swim (Age 62 and Older)</p> <p>8:30am - 10:00am Open Swim/ Lap Swim (1 Lane)</p> <p>10:30am - 12:00pm Open Swim</p> <hr/> <p>Pool Length: 20 yards</p> <p>Depth: Zero Entry - 3ft; 4ft</p> <p>Lanes: 3</p> <p>Pool Temp: 86°</p> <p>(\$) Daily Fitness Class \$4</p> <p>10 Day Pass Fit Card \$40</p>	<p>9:00am - 10:00am (\$) Aqua Bikes w/ Brandon</p> <p>10:30am - 12:00pm Family Swim</p>  <p>Learn to Swim Group Class Fees: Ages 62 & older: \$40 for 8 Lessons</p> <p>Ages 61 and under: \$60 for 8 Lessons</p>

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